

# McDonald's New Zealand Beverages Menu Allergen - Ingredients - Nutrition Information

#### Information is correct as at February 2024.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in our restaurants or contact our Customer Service Department either via our website http://mcdonalds.co.nz/contactus or on 0800 539 4303.

The nutrition information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically. We recommend you check this information on our website to ensure it is the most current.

#### **Food Sensitivities and Preferences**

Please refer to our Allergen Information for specific allergen details. This information is available on our website www.mcdonalds.co.nz

Select items sold in McCafe are sold as gluten free. They are produced under allergen control conditions and are specifically handled to prevent cross contamination. No other food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of items in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens. We have no Halal certified restaurants and no ingredients or menu items are certified Halal.

# Ingredient Information

Please refer to our Ingredient Information for our standard or core menu items. This information is available on our website www.mcdonalds.co.nz

If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at http://mcdonalds.co.nz/contactus or on 0800 539 4303.

Our allergen labelling complies with Australia New Zealand Food Standards Code - Standard 1.2.3 (Registered 09 March 2021)

**Allergen Summary:** As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

											Tree nut	it											
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Almond	Brazil Nut	Cashew	Macadamia	Pecan	Pine Nut	Pistachio	Walnut	Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
COLD BEVERAGES																							
Keri® Apple & Blackcurrant Fruit Drink																							
Keri® Orange Juice																					P		P
Coke®																						P	P
Coke® Zero Sugar																					P	P	P
Sprite® Zero Sugar																					P		P
Fanta® Orange																					P	P	P
Fanta® Raspberry																					P	P	P
L&P®																					P	P	P
Frozen Coke®																						P	P
Frozen Coke® Zero Sugar																					P	P	P
Frozen Coke® McFloat®				P																		P	P
Frozen Coke® Zero Sugar McFloat®				P																	P	P	P
Frozen Flavours																					P	P	P
Frozen Flavours McFloat®				P																	P	P	P
SHAKES																							
Banana Shake				P																	P		P
Chocolate Shake				P																	P		P
Strawberry Shake				P																	P		P
ICED TEA																							
Fuze Tea® Peach Black Iced Tea																					P		P
WATER								, , ,															
Pump® Mini Water																							
Kiwi Blue 600mL Water																							
FILTER COFFEE																							
Black Filter Coffee																				1			
TEA																							
Black Tea		·																					

Chart key

P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.

M: Ingredient may be present

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COLD BEVERAGES							
Keri® Apple & Blackcurrant Fruit Drink						Keri® Apple & Blac	kcurrant Fruit Drink
Juices from Concentrate (Apple, Blackcurrant), Water, Flavour, Colour (Vegetable & Fruit Juice).						Avg Qty / Serve	
Survey Control					Energy (kJ)	260	104
					Energy (Cal)	62	25
					Protein (g)	<1.0 <1.0	<1.0 <1.0
					Fat, total (g) Saturated Fat (g)	0.0	<1.0 0.0
					Carbohydrate (g)	14.5	5.8
					Sugars (g)	13.8	5.5
				Į	Sodium (mg)	3	1
Keri® Orange Juice			nall	Med			rge
Orange Juice from Concentrate, Preservatives (211, 202), Flavour.		Avg Qty / Serve		Avg Qty / Serve	Avg Qty / 100mL		
	Energy (kJ) Energy (Cal)	580 139	191 46	759 181	177 42	1020 245	177 42
	Protein (g)	2.6	0.9	3.4	0.8	4.6	0.8
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	32.9	10.8	43.0	10.0	58.0	10.0
	Sugars (g) Sodium (mg)	26.3 16	8.6 5	34.4 21	8.0 5	46.4 28	8.0 5
	Sodium (mg)	10	5	21	5	28	5
Coke®			nall	Med			rge
Carbonated Water, Sugar, Colour (150a), Food Acid (338), Flavour, Caffeine.	Energy (kJ)	Avg Qty / Serve 428	Avg Qty / 100mL	Avg Qty / Serve 614	Avg Qty / 100mL 180	Avg Qty / Serve 902	Avg Qty / 100mL 180
Contains: Caffeine.	Energy (Cal)	102	180 43	147	43	215	43
Contains: Carreine.	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	26.2 26.2	11.0 11.0	37.5 37.5	11.0 11.0	53.1 53.1	11.0
	Sugars (g) Sodium (mg)	25.2	10	37.5	10	53.1	10
	Souldin (riig)	25	10	35	10	30	10
Coke® Zero Sugar			Avg Qty / 100mL	Med	Avg Qty / 100mL		rge
Carbonated Water, Colour (150d), Food Acids (338, 331), Sweeteners (951, 950), Preservative (211), Flavour, Caffeine.	Energy (kJ)	avg Qty / Serve	AVg Qty / 100mL	Avg Qty / Serve 5	Avg Qty / 100mL	Avg Qty / Serve 8	Avg Qty / 100mL
Contains: Caffeine, Phenylalanine.	Energy (Cal)	0.9	0.3	1	0.3	2	0.3
	Protein (g)	0.1	<0.1	0.2	<0.1	0.3	<0.1
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
							0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	
	Carbohydrate (g)	0.2	0.1	0.3	0.1	0.5	0.1
Sprite® Zero Sugar	Carbohydrate (g) Sugars (g)	0.2 0.0 25	0.1 0.0 8	0.3 0.0 36	0.1 0.0 8	0.5 0.0 55	0.1 0.0 8
Sprite® Zero Sugar Carbonated Water Acidity Regulators (330-331) Flavour Artificial Sweeteners (950-951) Preservative (211)	Carbohydrate (g) Sugars (g)	0.2 0.0 25	0.1 0.0 8	0.3 0.0 36 <b>Med</b>	0.1 0.0 8	0.5 0.0 55	0.1 0.0 8
Sprite® Zero Sugar Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).	Carbohydrate (g) Sugars (g) Sodium (mg)	0.2 0.0 25	0.1 0.0 8	0.3 0.0 36	0.1 0.0 8	0.5 0.0 55	0.1 0.0 8
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ)	0.2 0.0 25 <b>Sn</b> Avg Qty / Serve	0.1 0.0 8 <b>1all</b> Avg Qty / 100mL	0.3 0.0 36 <b>Med</b> Avg Qty / Serve	0.1 0.0 8 <b>lium</b> Avg Qty / 100mL	0.5 0.0 55 La	0.1 0.0 8 <b>rge</b> Avg Qty/100mL
	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g)	0.2 0.0 25 Sn Avg Qty / Serve 10 2 0.1	0.1 0.0 8 Tall  Avg Qty / 100mL  4 1 <0.1	0.3 0.0 36 <b>Med</b> Avg Qty / Serve 14 3 0.2	0.1 0.0 8 <b>lium</b> Avg Qty/100mL 4 1 -<0.1	0.5 0.0 55 La Avg Qty/Serve 21 5 0.3	0.1 0.0 8 <b>rge</b> Avg Qty/100mL 4 1 <0.1
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Ca) Protein (g) Fat, total (g)	0.2 0.0 25 Sn Avg Qty/Serve 10 2 0.1 0.0	0.1 0.0 8 Tall  Avg Qty/100mL  4 1 <0.1 0.0	0.3 0.0 36 <b>Med</b> Avg Qty/Serve 14 3 0.2 0.0	0.1 0.0 8 <b>lium</b> Avg Qty/100mL 4 1 <0.1 0.0	0.5 0.0 55 La Avg Qty/Serve 21 5 0.3 0.0	0.1 0.0 8 <b>rge</b> Avg Qty/100mL 4 1 <0.1 0.0
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	0.2 0.0 25 Sn Avg Qty/Serve 10 2 0.1 0.0	0.1 0.0 8 Tall Avg Qty/100mL 4 1 0.0 0.0	0.3 0.0 36 <b>Med</b> Avg Qty / Serve 14 3 0.2 0.0	0.1 0.0 8 lium Avg Qty/100mL 4 1 <0.1 0.0	0.5 0.0 55 La Avg Qty/Serve 21 5 0.3 0.0	0.1 0.0 8 <b>rge</b> Avg Qty/100mL  4 1 <0.1 0.0 0.0
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	0.2 0.0 25 Sn Avg Qty/Serve 10 2 0.1 0.0 0.0	0.1 0.0 8 Pall Avg Qty/100mL 4 1 <0.1 0.0 0.0 <0.1	0.3 0.0 36 Med Avg Qty/Serve 14 3 0.2 0.0 0.0	0.1 0.0 8 <b>lium</b> Avg Qty/100mL 4 1 <0.1 0.0 0.0 <0.1	0.5 0.0 55 La Avg Qty/Serve 21 5 0.3 0.0 0.0	0.1 0.0 8 <b>FGE</b> Avg Qty/100mL 4 1 <0.1 0.0 0.0 <0.1
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	0.2 0.0 25 Sn Avg Qty/Serve 10 2 0.1 0.0	0.1 0.0 8 Tall Avg Qty/100mL 4 1 0.0 0.0	0.3 0.0 36 <b>Med</b> Avg Qty / Serve 14 3 0.2 0.0	0.1 0.0 8 lium Avg Qty/100mL 4 1 <0.1 0.0	0.5 0.0 55 La Avg Qty/Serve 21 5 0.3 0.0	0.1 0.0 8 <b>rge</b> Avg Qty/100mL  4 1 <0.1 0.0 0.0
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).  Contains: Phenylalanine.	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.2 0.0 25 Sn Avg Qty/Serve 10 2 0.1 0.0 0.0 0.0 0.2	0.1 0.0 8 10 10 10 10 10 10 10 10 10 10 10 10 10	0.3 0.0 36 Med Avg Qty / Serve 14 3 0.2 0.0 0.0 0.0 0.0 44	0.1 0.0 8 8 Iium Avg Qty/100mL 4 1 <0.1 0.0 0.0 0.0 0.0	0.5 0.0 55 La Avg Qty / Serve 21 5 0.3 0.0 0.0 0.5 0.0	0.1 0.0 8 FGE Avg Qty/100mL 4 1 <0.1 0.0 0.0 0.0 13
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).  Contains: Phenylalanine.  Fanta® Orange	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	0.2 0.0 25 Sn Avg Qty/Serve 10 2 0.1 0.0 0.0 0.0 0.0 31	0.1 0.0 8  nall  Avg Qty/100mL 4 1 <0.0 0.0 0.0 0.0 13	0.3 0.0 36 Med Avg Qty/Serve 14 3 0.2 0.0 0.0 0.0 0.0 44	0.1 0.0 8 Bium Avg Qty/100mL 4 1 <0.1 0.0 0.0 0.0 13	0.5 0.0 0.5 55  La Avg Qty/Serve 21 5 0.3 0.0 0.0 0.5 0.5 La	0.1 0.0 8  rge AvgQty/100mL 4 1 <0.0 0.0 0.0 13
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).  Contains: Phenylalanine.  Fanta® Orange	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	0.2 0.0 25 Sn Avg Qty/Serve 10 2 0.1 0.0 0.0 0.0 0.2	0.1 0.0 8 nall Avg Qty/100mL 4 1 0.0 0.0 0.0 13 all Avg Qty/100mL	0.3 0.0 36  Med  Avg Qty / Serve 14 3 0.2 0.0 0.0 0.3 0.0 44  Avg Qty / Serve 421	0.1 0.0 8 8 lium  Avg Qty/100mL 4 1 <0.1 0.0 0.0 13 lium  Avg Qty/100mL 129	0.5 0.0 0.0 55  La Avg Qty/Serve 21 5 0.3 0.0 0.0 0.5 0.0 67  La Avg Qty/Serve 644	0.1 0.0 8  Fge  Avg Qty/100mL 4 1 0.0 0.0 0.0 13  Fge  Avg Qty/100mL
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).  Contains: Phenylalanine.	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (kJ) Energy (Cal)	0.2 0.0 25 Sn Avg Qty/Serve 10 2 0.1 0.0 0.0 0.2 0.0 31  Sn Avg Qty/Serve 295 70	0.1 0.0 8  Tall  Avg Qty/100mL 4 1 <0.1 0.0 0.0 13  Avg Qty/100mL 129 31	0.3 0.0 36  Med  Avg Qty / Serve 14 3 0.2 0.0 0.0 0.3 0.0 44  Med  Avg Qty / Serve 421 101	0.1 0.0 8 8  Iium Avg Qty/100mL 4 1 <0.1 0.0 0.0 13  Iium Avg Qty/100mL 129 31	0.5 0.0 0.5 55  La Avg Qty / Serve 21 5 0.3 0.0 0.0 67  La Avg Qty / Serve 644 154	0.1 0.0 8  rge  Avg Qty/100mL 4 1 <0.1 0.0 0.0 13  rge  Avg Qty/100mL 129 31
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).  Contains: Phenylalanine.  Fanta® Orange	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (kJ) Energy (Cal) Protein (g)	0.2 0.0 25 Sn Avg Qty / Serve 10 0 0 0 0.0 0.0 0.0 0.2 0.0 31 Sn Avg Qty / Serve 295 70 0.0	0.1 0.0 8  Itali  Avg Qty/100mL 4 1 <0.1 0.0 0.0 13  Avg Qty/100mL 13  Avg Qty/100mL 13  Avg Qty/100mL 13  0.0	0.3 0.0 36  Med  Avg Oty/Serve 14 3 0.2 0.0 0.0 0.0 44  Med  Avg Oty/Serve 421 101 0.0	0.1 0.0 8  Avg Oty/100mL 4 1 <0.1 0.0 0.0 13  ium  Avg Qty/100mL 20.1 3  31 0.0	0.5 0.0 0.5 56  La Avg Qty / Serve 21 21 5 0.3 0.0 0.0 0.5 0.0 67  La Avg Qty / Serve 644 154 0.0	0.1 0.0 8  rge  Avg Qty / 100mL 4 1 <0.0 0.0 0.0 13  rge  Avg Qty / 100mL 20 31 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).  Contains: Phenylalanine.  Fanta® Orange	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g)	0.2 0.0 0.5 25 Sn Avg Qty/Serve 10 2 0.1 0.0 0.0 0.0 31 Sn Avg Qty/Serve 295 70 0.0 0.0	0.1 0.0 8 nall Avg Qty/100mL 4 1 0.0 0.0 0.0 13 aug	0.3 0.0 36  Med  Avg Qty / Serve 14 3 0.2 0.0 0.0 0.0 44  Avg Qty / Serve 421 101 0.0 0.0	0.1 0.0 8 8 lium  Avg Qty/100mL 4 1 <0.1 0.0 0.0 13 lium  Avg Qty/100mL 201 0.0 13 0.0 0.0 13	0.5 0.0 0.0 55  La Avg Qty/Serve 21 5 0.3 0.0 0.0 0.5 0.0 67  La Avg Qty/Serve 644 154 0.0 0.0	0.1 0.0 8  FGE  Avg Qty/100mL 4 1 <0.1 0.0 0.0 0.0 13  FGE  Avg Qty/100mL 201 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).  Contains: Phenylalanine.  Fanta® Orange	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Saturated Fat (g)	0.2 0.0 25 Sn Avg Qty/Serve 10 2 0.1 0.0 0.0 0.0 31 Sn Avg Qty/Serve 295 70 0.0 0.0 0.0	0.1 0.0 8  Tall  Avg Qty/100mL 4 1 <0.1 0.0 0.0 13  Avg Qty/100mL 129 31 0.0 0.0 0.0 0.0 0.0	0.3 0.0 36  Med  Avg Qty /Serve 14 3 0.2 0.0 0.0 0.3 0.0 44  Med  Avg Qty /Serve 421 101 0.0 0.0 0.0	0.1 0.0 8 8	0.5 0.0 0.5 55  La Avg Qty / Serve 21 5 0.3 0.0 0.0 0.5 0.0 67  La Avg Qty / Serve 644 154 0.0 0.0	0.1 0.0 8  rge  Avg Qty / 100mL 4 1 <0.1 0.0 0.0 13  rge  Avg Qty / 100mL 129 31 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).  Contains: Phenylalanine.  Fanta® Orange	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Sugars (g) Sodium (mg)	0.2 0.0 25 Sn Avg Qty/Serve 10 2 0.1 0.0 0.0 0.2 0.0 31 Sn Avg Qty/Serve 295 70 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0	0.1 0.0 8 nall Avg Qty/100mL 4 1 1 <0.1 0.0 0.0 40.1 0.0 13  1all Avg Qty/100mL 129 31 0.0 0.0 0.0 0.0 0.0 0.0 0.0 7.6	0.3 0.0 36  Med  Avg Qty / Serve 14 3 0.2 0.0 0.0 0.3 0.0 44  Avg Qty / Serve 42! 101 0.0 0.0 0.0 0.0 0.0	0.1 0.0 8 8 Iium Avg Qty/100mL 4 1 0.0 0.0 <-0.1 0.0 4 13 Iium Avg Qty/100mL 129 31 0.0 0.0 0.0 0.0 0.0 0.0 7.6	0.5 0.0 0.0 0.0 55  La Avg Qty / Serve 21 5 0.3 0.0 0.0 0.5 0.0 67  La Avg Qty / Serve 644 154 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.	0.1 0.0 8  FGE  Avg Qty/100mL 4 1 0.0 0.0 0.0 13  FGE  Avg Qty/100mL 129 31 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.
Carbonated Water, Acidity Regulators (330, 331), Flavour, Artificial Sweeteners (950, 951), Preservative (211).  Contains: Phenylalanine.  Fanta® Orange	Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Saturated Fat (g)	0.2 0.0 25 Sn Avg Qty/Serve 10 2 0.1 0.0 0.0 0.0 31 Sn Avg Qty/Serve 295 70 0.0 0.0 0.0	0.1 0.0 8  Tall  Avg Qty/100mL 4 1 <0.1 0.0 0.0 13  Avg Qty/100mL 129 31 0.0 0.0 0.0 0.0 0.0	0.3 0.0 36  Med  Avg Qty /Serve 14 3 0.2 0.0 0.0 0.3 0.0 44  Med  Avg Qty /Serve 421 101 0.0 0.0 0.0	0.1 0.0 8 8	0.5 0.0 0.5 55  La Avg Qty / Serve 21 5 0.3 0.0 0.0 0.5 0.0 67  La Avg Qty / Serve 644 154 0.0 0.0	0.1 0.0 8  rge  Avg Qty / 100mL 4 1 <0.1 0.0 0.0 13  rge  Avg Qty / 100mL 129 31 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.0 0.

COLD BEVERAGES							
Fanta® Raspberry		Sm	nall	Med	lium	La	rge
Carbonated Water, Sugar, Flavour, Food Acid (330), Preservative (211), Sweetener (960), Colour (122).		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	
	Energy (kJ)	308	131	440	131	673	131
	Energy (Cal)	74	31	105	31	161	31
	Protein (g) Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	18.1	7.7	25.9	7.7	39.6	7.7
	Sugars (g)	18.1	7.7	25.9	7.7	39.6	7.7
	Sodium (mg)	9	4	13	4	20	4
L&P®		Sm	nall	Mer	lium	la	rge
Carbonated Water, Sugar, Food Acid (330), Flavour, Mineral Salts (504, 500), Colour (150d), Preservative (211),			Avg Qty / 100mL			Avg Qty / Serve	•
Carbonated Water, Sugar, Food Acid (Soo), Flavour, Milleral Saits (Soo), Colour (1900), Flaser Vative (21)).	Energy (kJ)	420	177	601	177	920	177
	Energy (Cal)	100	42	144	42	220	42
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	24.7	10.4	35.4	10.4	54.1	10.4
	Sugars (g) Sodium (mg)	24.7 53	10.4	35.4 75	10.4 22	54.1 115	10.4 22
	Social (ing)	55	22	1		115	22
Frozen Coke®			nall		lium		rge
FROZEN COKE®: Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.	Energy (I: 1)	Avg Qty / Serve 391	Avg Qty / 100mL 112	Avg Qty / Serve 548	Avg Qty / 100mL 112	Avg Qty / Serve 738	Avg Qty / 100m 112
Contains: Caffeine	Energy (kJ) Energy (Cal)	93	27	131	27	176	27
Contains: Carreine	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	24.1	6.9	33.8	6.9	45.5	6.9
	Sugars (g)	24.1	6.9	33.8	6.9	45.5	6.9
	Sodium (mg)	19	5	26	5	36	5
Frozen Coke® Zero Sugar		Sm	nall	Med	lium	La	rge
FROZEN COKE* ZERO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine.		Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	
	Energy (kJ)	35	10	49	10	66	10
Contains: Caffeine	Energy (Cal)	8	2	12	2	16	2
	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Fat, total (g) Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	2.1	0.0	2.9	0.0	4.0	0.0
	Sugars (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Sodium (mg)	7	2	10	2	14	2
Frozen Coke® McFloat®		Sm	nall	Mor	lium	la	rge
FROZEN COKE®: Carbonated Water, Sugar, Colour (150d), Food Acid (338), Flavour, Caffeine.		Avg Qty / Serve		Avg Qty / Serve		Avg Qty / Serve	
SUNDAE MIX: Skim Milk, Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.	Energy (kJ)	952	284	1120	383	1200	349
	Energy (Cal)	227	68	267	92	287	84
OR:			1.3	6.1	2.1	6.3	1.8
OR: Reconstituted Skim <b>Milk</b> , Sugar, Cream ( <b>Milk</b> ), Maltodextrin, Glucose, Natural Flavours ( <b>Milk</b> ), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.	Protein (g)	4.4		6.5	2.2	6.7	2.0
OR: Reconstituted Skim <b>Milk</b> , Sugar, Cream ( <b>Milk</b> ), Maltodextrin, Glucose, Natural Flavours ( <b>Milk</b> ), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.	Protein (g) Fat, total (g)	4.7	1.4			4.6	1.4
OR:  Reconstituted Skim Milk, Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.  Contains: Milk, Caffeine.	Protein (g) Fat, total (g) Saturated Fat (g)	4.7 3.3	1.0	4.5	1.5		14.4
	Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g)	4.7 3.3 40.9	1.0 12.2	4.5 45.1	15.5	49.4	10.0
	Protein (g) Fat, total (g) Saturated Fat (g)	4.7 3.3	1.0	4.5		49.4 44.1 346	12.8 101
Contains: Milk, Caffeine.	Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	4.7 3.3 40.9 37.2 249	1.0 12.2 11.1 74	4.5 45.1 40.0 333	15.5 13.7 114	44.1 346	101
Contains: Milk, Caffeine.  Frozen Coke® Zero Sugar McFloat®	Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g)	4.7 3.3 40.9 37.2 249	1.0 12.2 11.1 74	4.5 45.1 40.0 333	15.5 13.7 114	44.1 346	rge
Contains: Milk, Caffeine.  Frozen Coke® Zero Sugar McFloat® FROZEN COKE® ZERO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine.	Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)	4.7 3.3 40.9 37.2 249 Sn Avg Qty / Serve	1.0 12.2 11.1 74	4.5 45.1 40.0 333 <b>Mec</b> Avg Qty / Serve	15.5 13.7 114 <b>lium</b> Avg Qty / 100mL	44.1 346 <b>La</b> Avg Qty / Serve	101 rge Avg Qty / 100m
Contains: Milk, Caffeine.  Frozen Coke® Zero Sugar McFloat® FROZEN COKE® ZERO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine.	Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ)	4.7 3.3 40.9 37.2 249 Sn Avg Qty / Serve	1.0 12.2 11.1 74 1all Avg Qty / 100mL 221	4.5 45.1 40.0 333 <b>Mec</b> Avg Qty / Serve 982	15.5 13.7 114 <b>lium</b> Avg Qty / 100mL  336	44.1 346 La Avg Qty / Serve 1020	101  rge  Avg Qty / 100m 296
Contains: Milk, Caffeine.  Frozen Coke® Zero Sugar McFloat® FROZEN COKE® ZERO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine. SUNDAE MIX: Skim Milk, Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour. OR:	Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal)	4.7 3.3 40.9 37.2 249 Sm Avg Qty/Serve 727 174	1.0 12.2 11.1 74 111 Avg Qty/100mL 221 53	4.5 45.1 40.0 333 Mec Avg Qty / Serve 982 235	15.5 13.7 114 <b>lium</b> Avg Qty / 100mL  336  80	44.1 346 La Avg Qty / Serve 1020 243	101  rge  Avg Qty / 100m 296 71
Contains: Milk, Caffeine.  Frozen Coke® Zero Sugar McFloat® FROZEN COKE® ZERO SUGAR: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine. SUNDAE MIX: Skim Milk, Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour. OR:	Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ)	4.7 3.3 40.9 37.2 249 Sn Avg Qty / Serve	1.0 12.2 11.1 74 1all Avg Qty / 100mL 221	4.5 45.1 40.0 333 <b>Mec</b> Avg Qty / Serve 982	15.5 13.7 114 <b>lium</b> Avg Qty / 100mL  336	44.1 346 La Avg Qty / Serve 1020	101  rge  Avg Qty / 100m 296
Frozen Coke® Zero Sugar McFloat®  Frozen Coke® Zero Sugar: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine.  SUNDAE MIX: Skim Milk, Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.  OR:  Reconstituted Skim Milk, Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.	Protein (g) Fat, total (g) Saturated Fat (g) Carbonydrate (g) Sugars (g) Sodium (mg)  Energy (k,l) Energy (Cal) Protein (g)	4.7 3.3 40.9 37.2 249 Sm Avg Qty / Serve 727 174 4.3	1.0 12.2 11.1 74 11.1 Avg Qty / 100mL 221 53 1.4	4.5 45.1 40.0 333 <b>Mec</b> Avg Qty / Serve 982 235 6.1	15.5 13.7 114 <b>lium</b> Avg Qty/100mL  336  80  2.1	44.1 346 La Avg Qty/Serve 1020 243 6.3	101  rge  Avg Qty / 100m 296 71 1.8
Frozen Coke® Zero Sugar McFloat® Frozen Coke® Zero Sugar: Carbonated Water, Sweeteners (968, 955, 950), Bulking Agent (422), Colour (150d), Food Acid (338), Preservative (211), Flavour, Caffeine. SUNDAE MIX: Skim Milk, Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.  OR: Reconstituted Skim Milk, Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.	Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g)	4.7 3.3 40.9 37.2 249 Sn Avg Qty / Serve 727 174 4.3 4.7 3.3 27.7	1.0 12.2 11.1 74 Avg Qty/100mL 221 53 1.4	4.5 45.1 40.0 333 Mec Avg Qty / Serve 982 235 6.1 6.5	15.5 13.7 114 <b>lium</b> Avg Qty/100mL 336 80 2.1 2.2	44.1 346 La Avg Qty / Serve 1020 243 6.3 6.7	101  rge  Avg Qty / 100m 296 71 1.8 2.0
Contains: Milk, Caffeine.  Frozen Coke® Zero Sugar McFloat®	Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg)  Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g)	4.7 3.3 40.9 37.2 249 Sm Avg Qty / Serve 727 174 4.3 4.7 3.3	1.0 12.2 11.1 74 Tall  Avg Qty/100mL  221  53  1.4  1.0	4.5 45.1 40.0 333 Mec Avg Qty / Serve 982 235 6.1 6.5 4.5	15.5 13.7 114 <b>lium</b> Avg Qty / 100mL  336  80  2.1  2.2  1.5	44.1 346 La Avg Qty / Serve 1020 243 6.3 6.7 4.6	101  rge  Avg Qty/100m 296 71 1.8 2.0 1.4

# **COLD BEVERAGES**

### Frozen Flavours

FANTA® RASPBERRY: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (122).

FANTA® BLUEBERRY: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (133).

FANTA® ORANGE: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (110), Antioxidant 300.

SPRITE®: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Flavour, Food Acid (331).

Fanta Neutral White Base used in combination with multi-flavour valve flavour shots.

All FROZEN FANTA® flavours have the same nutritional content.

	Sm	nall	Med	lium	Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Energy (kJ)	391	112	548	112	738	112	
Energy (Cal)	93	27	131	27	176	27	
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0	
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0	
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0	
Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9	
Sugars (g)	24.2	6.9	33.8	6.9	45.5	6.9	
Sodium (mg)	6	2	9	2	12	2	

### Frozen Flavours - McFloat®

SUNDAE MIX: SUNDAE MIX: Skim Milk, Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour

Reconstituted Skim Milk, Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.

FANTA® RASPBERRY: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (122). FANTA® BLUEBERRY: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (133).

FANTA® ORANGE: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (110), Antioxidant 300.

SPRITE®: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Flavour, Food Acid (331).

#### Contains: Milk.

Fanta Neutral White Base used in combination with multi-flavour valve flavour shots.

All FROZEN FANTA® flavours have the same nutritional content.

	Sn	nall	Med	lium	Lai	rge
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	908	271	1080	248	1260	228
Energy (Cal)	217	65	259	59	302	55
Protein (g)	4.8	1.4	5.4	1.2	5.8	1.0
Fat, total (g)	4.7	1.4	5.2	1.2	5.6	1.0
Saturated Fat (g)	3.2	1.0	3.6	0.8	3.9	0.7
Carbohydrate (g)	38.4	11.5	47.0	10.8	56.3	10.2
Sugars (g)	36.5	10.9	44.7	10.2	53.7	9.7
Sodium (mg)	53	16	60	14	66	12

# **SHAKES**

## **Banana Shake**

SHAKE MIX: Skim Milk, Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Stabilisers (412, 452, 407, 407a, 466), Flavour.

OR:

Reconstituted Skim Milk, Cream (Milk), Sugar, Maltodextrin, Glucose, Emulsifier (471), Natural Flavours (Milk), Vegetable Gums (412, 407, 466).

BANANA FLAVOURED SHAKE SYRUP: Water, Sugar, Glucose Syrup, Invert Sugar Syrup, Natural Colour (160a), Acidity Regulator (330), Flavour, Preservative (202).

#### Contains: Milk.

C	h	0	C	O	a	te	S	na	кe

SHAKE MIX: Skim Milk, Sugar, Cream (Milk), Milk Solids, Glucose Syrup (Derived From Maize), Stabilisers (412, 452, 407, 407a, 466), Flavour.

OR: Reconstituted Skim Milk, Cream (Milk), Sugar, Maltodextrin, Glucose, Emulsifier (471), Natural Flavours (Milk), Vegetable Gums (412, 407, 466).

CHOCOLATE FLAVOURED SHAKE SYRUP: Invert Sugar Syrup, Glucose Syrup [Glucose, Preservative (223)], Water, Cocoa Powder, Salt, Preservative (202), Acidity Regulator (330), Flavours.

Contains: Milk

	1					
	Sn	nall	Med	lium	La	rge
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1240	564	1680	564	2040	564
Energy (Cal)	295	135	402	135	488	135
Protein (g)	7.7	3.5	10.3	3.5	12.6	3.5
Fat, total (g)	7.7	3.5	10.4	3.5	12.7	3.5
Saturated Fat (g)	5.3	2.4	7.2	2.4	8.7	2.4
Carbohydrate (g)	48.2	22.1	65.1	22.1	79.1	22.1
Sugars (g)	43.4	19.9	58.7	19.9	71.3	19.9
Sodium (mg)	456	209	617	209	749	209

	Sm	nall	Med	lium	Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Energy (kJ)	1800	544	2430	544	2950	544	
Energy (Cal)	429	130	580	130	704	130	
Protein (g)	8.0	2.4	10.9	2.4	13.2	2.4	
Fat, total (g)	7.9	2.4	10.6	2.4	12.9	2.4	
Saturated Fat (g)	5.4	1.6	7.3	1.6	8.9	1.6	
Carbohydrate (g)	49.5	15.0	66.8	15.0	81.2	15.0	
Sugars (g)	42.9	13.0	59.5	13.0	72.2	13.0	
Sodium (mg)	511	155	690	155	837	155	

# **Strawberry Shake**

SHAKE MIX: Skim Milk, Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Stabilisers (412, 452, 407, 407a, 466), Flavour.

OR:

Reconstituted Skim Milk, Cream (Milk), Sugar, Maltodextrin, Glucose, Emulsifier (471), Natural Flavours (Milk), Vegetable Gums (412, 407, 466).

STRAWBERRY FLAVOURED SHAKE SYRUP: Invert Sugar Syrup, Water, Glucose Syrup (Contains Sulphur Dioxide (220)), Sugar, Strawberry Juice Concentrate, Acidity Regulator (330), Preservative (211), Humectant (1520), Colours (129, 110, 133), Flavour.

Contains: Milk

	Sm	nall	Med	lium	Large		
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	
Energy (kJ)	1860	540	2610	540	2970	540	
Energy (Cal)	444	129	623	129	711	129	
Protein (g)	7.4	2.1	10.3	2.1	11.8	2.1	
Fat, total (g)	7.4	2.2	10.4	2.2	11.8	2.2	
Saturated Fat (g)	5.1	1.5	7.2	1.5	8.2	1.5	
Carbohydrate (g)	48.9	14.2	68.6	14.2	78.4	14.2	
Sugars (g)	43.6	12.7	61.2	12.7	69.9	12.7	
Sodium (mg)	443	129	623	129	710	129	

Programme   Company   Co	ICED TEA						
							-
	Water, Sucrose, Food Acids (330, 331), Flavour, Black Tea Extract Powder, Preservative (202, 211), Antioxidant (301), Sweetener (960).						
Part   10   10   10   10   10   10   10   1		Energy (kJ)					
Part   Color   Color	Contains: Caffeine	Protein (a)					
Marie   Mari							
MATER   Material   M							
MATER   Pump* Mini Water   Pum							
Pump* Mini Water   Pump* Mini							
Pump* Mini Water   Pump* Mini	WΔTFR		<u> </u>				·
Page						Pump® M	Aini Water
	Spring Water					Avg Qty / Serve	Avg Qty / 100m
					Energy (kJ)	0	0
File   Form							
Cambridge   Camb							
Scient Print   Scie					Sugars (g)	0.0	0.0
					Sodium (mg)	3	1
	Spring Water						
Production   Description   D					Energy (kJ)		
Filt							
Sabarate Fee (g)   0.0							
Signate (g)   0.0   0.					Saturated Fat (g)		0.0
Solution from   Solition fro							
Small   Smal					Sugars (g)		
Small   Smal					Sodium (mg)	5	1
Avg Qty   Serve   Avg Qty   100   Conster and Ground Coffee.   Avg Qty   100   Conster and Ground Coffee.   Energy (b.d)   2   1   1   1   1   1   1   1   1   1	FILTER COFFEE						
Energy (k.)   2   1	Black Filter Coffee						
Energy (Call	Water.						
Protein (g)   0.1   0.0   0.	Roaster and Ground Coffee.				Energy (kJ)		
Fat, total (g)   0.0							
Saturated Fat (g)   0.0   0.0   Carbity/fate (g)   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1   <0.1							
Sugars (g)   <0.1   <0.1   <0.1						0.0	0.0
Sodium (mg)   <1   <1							
Small							
Small					Sodium (mg)	<1	<1
Vater.         Avg Qty/Serve         Avg Qty/Serve </td <td>TEA</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td>	TEA						
Vater.         Avg Qty/Serve         Avg Qty/Serve </td <td>Black Tea</td> <td></td> <td></td> <td></td> <td></td> <td>Sn</td> <td>nall</td>	Black Tea					Sn	nall
Fenergy (k-J)     16     6       Energy (Cal)     4     1       Protein (g)     0.3     0.1       Fat, total (g)     0.3     0.1       Saturated Fat (g)     0.0     0.0       Carbohydrate (g)     0.0     0.0	Water.					Avg Qty / Serve	Avg Qty / 100m
Energy(lCal)     4     0.3     0.1       Fet, total (g)     0.3     0.1       Saturated Fat (g)     0.0     0.0       Saturated Fat (g)     0.0     0.0	Tea.				Energy (kJ)	16	6
Fat, total (g)     0.3     0.1       Saturated Fat (g)     0.0     0.0       Carborlydrate (g)     0.0     0.0					Energy (Cal)		
Saturated Fat (g)         0.0         0.0           Carbohydrate (g)         0.0         0.0							
Carbohydrate (g) 0.0 0.0							

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