



McDonald's New Zealand Limited Time Offer Menu Allergen - Ingredients - Nutrition Information

Information correct as at February 2024

Limited Time Offer Menu

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

The nutrition information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically. We recommend you check this information on our website to ensure it is the most current.

Food Sensitivities and Preferences

Please refer to our Allergen Information for specific allergen details. This information is available on our website www.mcdonalds.co.nz

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of items in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have no Halal certified restaurants and no ingredients or menu items are certified Halal.

Ingredient Information

Please refer to our Ingredient Information for our standard or core menu items. This information is available on our website www.mcdonalds.co.nz

If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

If this document has been printed, please visit <https://mcdonalds.com.au/our-impact/food-quality-sourcing/nutrition> for most current information.

Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.																							
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
Limited Time Offers																							
Custard Pie	P	P	M	P	P														P				
Kiwi Burger	P	P	P	P	P	P													P				
Kiwi Angus	P	P	P	P	P	P													P				
Kit Kat McFlurry®	P	P		P	P			M	M	M	M	M	M	M	M		M		P				
Frozen Lift® MFV																			P		P		
Frozen Flavours																			P	P	P		
Frozen Flavours - MFV McFloat®				P															P		P		
Chilli Cheese Bites	P	P	M	P																P			

Chart key:
P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.
M: Ingredient may be present

Limited Time Offers						
Vanilla Flavoured Custard Pie						
VANILLA FLAVOURED CUSTARD PIE: Water, Wheat Flour, Sugar, Modified Starch (1442, 1412), Margarine (Vegetable Oils & Fats (Palm Oil, Soy Oil), Emulsifiers (471, 322 From Soy), Salt, Natural Butter Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Milk Powder, Whey Powder (From Milk), Iodised Salt, Natural Flavours (Contains Milk), Dextrose, Vegetable Gum (466), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Yellow Gardenia Extract.					Avg Qty / Serve	Avg Qty / 100g
				Energy (kJ)	1140	1340
				Energy (Cal)	273	321
				Protein (g)	2.6	3.1
				Fat, total (g)	13.8	16.2
				Saturated Fat (g)	3.6	4.2
				Carbohydrate (g)	33.6	39.6
				Sugars (g)	10.7	12.6
				Sodium (mg)	116	136
Kiwi Burger						
BEEF: Beef.					Avg Qty / Serve	Avg Qty / 100g
QUARTER BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Sesame Seeds, Yeast (Yeast, Water, Thickener (415)), Iodised Salt, Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Natural Flavour, Thickener (412), Wheat Gluten, Emulsifier (472e, 471), Inactive Dry Yeast.				Energy (kJ)	2640	882
EGG: Fresh Shell Egg .				Energy (Cal)	631	211
LETTUCE: Iceberg Lettuce.				Protein (g)	38.3	12.8
TOMATO: Tomato.				Fat, total (g)	33.6	11.2
BEETROOT: Beetroot, Water, Sugar, Salt, Food Acid (Acetic Acid).				Saturated Fat (g)	14.0	4.7
KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Corn Syrup, Distilled Vinegar, Salt, Natural Flavor (Soybean Oil).				Carbohydrate (g)	41.8	14.0
CHEESE: Milk , Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian)), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour (Milk), Salt, Acidity Regulators (260, 330), Emulsifier (322 contains Soy Lecithin), Colours (160a).				Sugars (g)	10.4	3.5
ONION: Onions.				Sodium (mg)	1340	448
MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring.						
BEEF PATTY SEASONING: Salt, Pepper and Sunflower Oil.						
SPRAY COOKING OIL: Canola Oil, Emulsifier (322- Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330).						
Contains Gluten, Wheat, Egg, Milk, Soy, Sesame.						
BEEF PATTY may be cooked in the same equipment as Egg or products containing Gluten, Wheat.						
Kiwi Angus						
GOURMET BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Wheat Gluten, Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (Emulsifier (472e), Mineral Salt (170)), Inactive Dry Yeast, Sesame .					Avg Qty / Serve	Avg Qty / 100g
BEEF: Angus Beef				Energy (kJ)	3140	956
EGG: Fresh Shell Egg .				Energy (Cal)	751	228
TOMATO: Tomato				Protein (g)	38.9	11.8
MCCHICKEN SAUCE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Food Acid (270), Preservative (202).				Fat, total (g)	42.1	12.8
BEETROOT: Beetroot, Water, Sugar, Salt, Food Acid (Acetic Acid).				Saturated Fat (g)	16.3	5.0
KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Corn Syrup, Distilled Vinegar, Salt, Natural Flavor (Soybean Oil).				Carbohydrate (g)	51.8	15.8
CHEESE: Milk , Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour (Milk), Salt, Acidity Regulators (260, 330), Emulsifier (322 contains Soy Lecithin), Colours (160a).				Sugars (g)	14.4	4.4
ONION: Red Onion.				Sodium (mg)	1170	357
WHOLE LEAF LETTUCE: Lettuce.						
MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring.						
SPRAY COOKING OIL: Canola Oil, Emulsifier (322 - derived from Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330).						
ANGUS SEASONING: Salt, Maltodextrin, Spices, Dextrose, Vegetable Powders, Yeast Extract, Sugar, Worcestershire Sauce Powder [Colour (150a)], Anti-caking Agent (551), Flavourings (Milk), Spice Extract (100).						
Contains Gluten, Wheat, Egg, Milk, Soy, Sesame.						
BEEF PATTY may be cooked in the same equipment as eggs or products containing gluten, wheat.						
ANGUS SEASONING is made on the same equipment that also produces products contains sulphites.						
Kit Kat McFlurry®						
SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.					Avg Qty / Serve	Avg Qty / 100g
OR Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Emulsifiers (471,433), Natural Flavours (Milk), Stabilisers (412, 407, 466, 407a), Sucrose.				Energy (kJ)	1870	934
HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322- Soy)), Whole Sweetened Condensed Milk (Milk , Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).				Energy (Cal)	448	223
KIT KAT TOPPING: Wafer Pieces (Wheat Flour, Sugar, Palmfat, Wheat Starch, Emulsifier (Soy Lecithin), Salt), Sugar, Cocoa Butter, Cocoa Mass, Skimmed Milk Powder, Whey Powder Product (Milk), Vegetable Fats (Palm, Shea), Butter Oil (Milk), Emulsifier (Lecithin), Natural Vanilla Flavour.				Protein (g)	7.4	3.7
				Fat, total (g)	13.3	6.6
				Saturated Fat (g)	9.2	4.6
				Carbohydrate (g)	73.3	36.5
				Sugars (g)	57.2	28.5
				Sodium (mg)	368	183
Frozen Lift® MFV						
Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Food Acid (331), Colour (102).						
	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Fanta Neutral White Base used in combination with multi-flavour valve flavour shots.	Energy (kJ)	431	117	6	117	813
	Energy (Cal)	103	28	144	28	194
	Protein (g)	0.0	0.0	0.0	0	0.0
	Fat, total (g)	0.0	0.0	0.0	0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0	0.0
	Carbohydrate (g)	25.3	7.2	35.5	7	47.8
	Sugars (g)	25.3	7.2	35.5	7	47.8
	Sodium (mg)	7	2	9	2	12

Frozen Flavours		Small		Medium		Large	
		Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
FANTA® ORANGE: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (110), Antioxidant 300.		391	112	548	112	738	112
SPRITE®: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Flavour, Food Acid (331).		93	27	131	27	176	27
Contains sulphites.		0.0	0.0	0.0	0.0	0.0	0.0
Fanta Neutral White Base used in combination with multi-flavour valve flavour shots.		0.0	0.0	0.0	0.0	0.0	0.0
		0.0	0.0	0.0	0.0	0.0	0.0
		24.2	6.9	33.8	6.9	45.5	6.9
		24.2	6.9	33.8	6.9	45.5	6.9
		6	2	9	2	12	2
Frozen Flavours - MFV McFloat®		Small		Medium		Large	
		Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
FANTA® ORANGE: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (110), Antioxidant 300.		908	271	1080	248	1260	228
SPRITE®: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Flavour, Food Acid (331).		217	65	259	59	302	55
SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.		4.8	1.4	5.4	1.2	5.8	1.0
OR:		4.7	1.4	5.2	1.2	5.6	1.0
Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.		3.2	1.0	3.6	0.8	3.9	0.7
Contains: Milk, Sulphites.		38.4	11.5	47.0	10.8	56.3	10.2
Fanta Neutral White Base used in combination with multi-flavour valve flavour shots.		36.5	10.9	44.7	10.2	53.7	9.7
		53	16	60	14	66	12
Chilli Cheese Bites							
						Avg Qty / Serve	Avg Qty / 100g
Processed Cheese (Cheese (Milk), Water, Butter, Milk Protein, Emulsifying Salt: E331, Whey Powder (Milk), Salt, Colours: E160a and E160c, Starch), Batter (Wheat Flour, Wheat Starch, Salt, Raising Agents (E450, E500, E503), Whey Powder (Milk), Stabiliser: E464, Colour: E160c, Yeast, Sunflower Oil), Water, Sunflower Oil, Green Bell Peppers, Jalapeno Peppers.						900	1071
						215	256
Contains: Gluten, Wheat, Milk.						8.8	10.5
JALAPENO CHEESE BITES are cooked in a McDonald's Vegetable Oil Blend and may be cooked in the same equipment as products containing egg.						13.5	13.5
						3.9	4.5
						18.9	22.5
						3.8	4.5
						544	647

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Change Tracker:					
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