



McDonald's New Zealand Limited Time Offer Menu Allergen - Ingredients - Nutrition Information

Information correct as at April 2024

Limited Time Offer Menu

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

The nutrition information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically. We recommend you check this information on our website to ensure it is the most current.

Food Sensitivities and Preferences

Please refer to our Allergen Information for specific allergen details. This information is available on our website www.mcdonalds.co.nz

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of items in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have no Halal certified restaurants and no ingredients or menu items are certified Halal.

Ingredient Information

Please refer to our Ingredient Information for our standard or core menu items. This information is available on our website www.mcdonalds.co.nz

If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

If this document has been printed, please visit <https://mcdonalds.com.au/our-impact/food-quality-sourcing/nutrition> for most current information.

Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.																							
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
Limited Time Offers																							
Spiciest McSpicy Burger	P	P	P	P	P	P														P			
Spiciest McSpicy Bacon Deluxe Burger	P	P	P	P	P	P														P			
Spicy McNuggets with Mighty Dipping	P	P	M	P	M															P			
Mighty Hot Dipping Sauce				P																P			
Spicy Shaker Seasoning	P	P																		P			
Custard Pie	P	P	M	P	P															P			
Frozen Lift® MFV																				P	P	P	
Frozen Flavours																				P	P	P	
Frozen Flavours - MFV McFloat®				P																P	P	P	

Chart key:

P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.

M: Ingredient may be present

Limited Time Offers

Spiciest McSpicy Burger

SPICY CHICKEN PATTY: Chicken, Flour (**Wheat**), Water, Vegetable Oil, Thickeners (1420, 1422), Salt, **Gluten (Wheat)**, Yeast and Yeast Extracts, Spice and Spice Extracts (Inc. Pepper), Rice Starch, Natural Flavours, Raising Agents (450, 500), Vegetable Powders (Garlic, Onion), Emulsifier (322 - **Soy**), Natural Colour (160C), Herb Extract, Citrus Extract, Hydrolysed Vegetable Protein.

QUARTER BUN: **Wheat** Flour, Water, Sugar, Canola Oil, **Sesame** Seeds, Glaze, Iodised Salt, Yeast, Improver (**Wheat** Flour, Malted **Wheat** Flour, Antioxidant (300), Enzymes (Contain **Wheat**), Preservative (262), Emulsifiers (472e, 471), Natural Flavour, Thickener (412), **Wheat** Gluten.

MCCHICKEN SAUCE: Water, Soybean Oil [Anti-Oxidant (330)], **Egg** Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Food Acid (270), Preservative (202).

MIGHTY HOT SAUCE: Water, Vinegar, Invert Sugar Syrup, Capsicum Puree [Capsicum, Acidity Regulator (260)], Sugar, Tomato Paste, Thickeners (1422, 415), Salt, **Milk** Solids, Vegetable Powder, Natural Colour (160c), Yeast Extract, Preservative (202), Spice Extract, Lemon Juice Concentrate.

WHOLE LEAF LETTUCE: Lettuce.

Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame.

SPICY CHICKEN PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy.

QUARTER BUN is made on equipment that also produces products containing Soy, Milk.

Spiciest McSpicy Burger		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2310	1020
Energy (Cal)	551	243
Protein (g)	29.6	13.0
Fat, total (g)	26.0	11.4
Saturated Fat (g)	3.7	1.6
Carbohydrate (g)	48.7	21.4
Sugars (g)	5.5	2.4
Sodium (mg)	1210	535

Spiciest McSpicy Bacon Deluxe Burger

SPICY CHICKEN PATTY: Chicken, Flour (**Wheat**), Water, Vegetable Oil, Thickeners (1420, 1422), Salt, **Gluten (Wheat)**, Yeast and Yeast Extracts, Spice and Spice Extracts (Inc. Pepper), Rice Starch, Natural Flavours, Raising Agents (450, 500), Vegetable Powders (Garlic, Onion), Emulsifier (322 - **Soy**), Natural Colour (160C), Herb Extract, Citrus Extract, Hydrolysed Vegetable Protein.

QUARTER BUN: **Wheat** Flour, Water, Sugar, Canola Oil, **Sesame** Seeds, Glaze, Iodised Salt, Yeast, Improver (**Wheat** Flour, Malted **Wheat** Flour, Antioxidant (300), Enzymes (Contain **Wheat**), Preservative (262), Emulsifiers (472e, 471), Natural Flavour, Thickener (412), **Wheat** Gluten.

MCCHICKEN SAUCE: Water, Soybean Oil [Anti-Oxidant (330)], **Egg** Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Food Acid (270), Preservative (202).

MIGHTY HOT SAUCE: Water, Vinegar, Invert Sugar Syrup, Capsicum Puree [Capsicum, Acidity Regulator (260)], Sugar, Tomato Paste, Thickeners (1422, 415), Salt, **Milk** Solids, Vegetable Powder, Natural Colour (160c), Yeast Extract, Preservative (202), Spice Extract, Lemon Juice Concentrate.

CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, **Milk** Solids, Non-Fat **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour (**Milk**), Salt, Acidity Regulators (260, 330), Emulsifier (322 - **Soy**), Colours (160a).

BACON RAHSE: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.

WHOLE LEAF LETTUCE: Lettuce.

TOMATO: Tomato.

Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame.

SPICY CHICKEN PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy.

QUARTER BUN is made on equipment that also produces products containing Soy, Milk.

Spiciest McSpicy Bacon Deluxe Burger		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2760	947
Energy (Cal)	660	226
Protein (g)	39.3	13.5
Fat, total (g)	32.9	11.3
Saturated Fat (g)	7.6	2.6
Carbohydrate (g)	50.3	17.3
Sugars (g)	6.9	2.4
Sodium (mg)	1760	606

Spicy McNuggets with Mighty Dipping Sauce

SPICY CHICKEN MCNUGGETS: Chicken, Water, Flour (**Wheat**, Maize), Thickeners (1420, 1422, 1404), Spices (Pepper, Capsicum, Celery, Chilli), Mineral Salts (450, 500), Starch (Tapioca, **Wheat** and Potato),

Maltodextrin (Maize), Colours (100, 160c), Vegetable Oil (Canola), Citric Acid, **Gluten (Wheat)**, Sugar, Dehydrated Vegetable (Garlic), Natural Flavour, Yeast Extract, Dextrose (Tapioca, Maize), Vegetable Gum

(412), Salt.

MIGHTY HOT DIPPING SAUCE: Water, Vinegar, Invert Sugar Syrup, Capsicum Puree [Capsicum, Acidity Regulator (260)], Sugar, Tomato Paste, Thickeners (1422, 415), Salt, **Milk** Solids, Vegetable Powder,

Natural Colour (160c), Yeast Extract, Preservative (202), Spice Extract, Lemon Juice Concentrate.

Contains: Gluten, Wheat, Milk.

SPICY CHICKEN MCNUGGETS are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy.

	3 pack		6 pack		10 pack		20 pack	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	682	776	1270	855	2140	837	4180	864
Energy (Cal)	163	185	302	2.4	512	200	1000	207
Protein (g)	8.1	9.2	16.1	10.9	26.8	10.5	53.5	11
Fat, total (g)	7.6	8.7	15.2	10.3	25.4	9.9	50.7	10.5
Saturated Fat (g)	1.0	1.1	1.9	1.3	3.1	1.2	6.3	1.3
Carbohydrate (g)	14.3	16.3	23.2	15.7	40.5	15.8	75.6	15.6
Sugars (g)	4.5	5.1	4.5	3.1	9.1	3.5	13.6	2.8
Sodium (mg)	543	617	764	516	1380	539	2440	504

Mighty Hot Dipping Sauce

MIGHTY HOT DIPPING SAUCE: Water, Vinegar, Invert Sugar Syrup, Capsicum Puree [Capsicum, Acidity Regulator (260)], Sugar, Tomato Paste, Thickeners (1422, 415), Salt, **Milk** Solids, Vegetable Powder, Natural Colour (160c), Yeast Extract, Preservative (202), Spice Extract, Lemon Juice Concentrate.

Contains: Milk.

Mighty Hot Dipping Sauce		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	100	357
Energy (Cal)	24	85
Protein (g)	0.2	0.8
Fat, total (g)	0.1	0.3
Saturated Fat (g)	0.0	0.1
Carbohydrate (g)	5.5	19.5
Sugars (g)	4.5	16.0
Sodium (mg)	322	1150

Spicy Shaker Seasoning

SEASONING - SPICY SHAKER FRIES: **Wheat** Flour, Sugar, Salt, Dextrose, Chilli Powder, Acidity Regulator (262), Yeast Extract, Anti-caking Agent (551), Vegetable Oil, Natural Flavour, Colour (160c).

Contains: Gluten, Wheat.

Spicy Shaker Seasoning		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	36	1200
Energy (Cal)	9	287
Protein (g)	0.2	6.6
Fat, total (g)	0.1	3.2
Saturated Fat (g)	0.0	0.5
Carbohydrate (g)	1.7	55.0
Sugars (g)	1.0	34.5
Sodium (mg)	211	7020

Vanilla Flavoured Custard Pie		Vanilla Flavoured Custard Pie		
		Avg Qty / Serve	Avg Qty / 100g	
VANILLA FLAVOURED CUSTARD PIE: Water, Wheat Flour, Sugar, Modified Starch (1442, 1412), Margarine (Vegetable Oils & Fats (Palm Oil, Soy Oil)), Emulsifiers (471, 322 From Soy), Salt, Natural Butter Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Milk Powder, Whey Powder (From Milk), Iodised Salt, Natural Flavours (Contains Milk), Dextrose, Vegetable Gum (466), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Yellow Gardenia Extract.		Energy (kJ)	1140	1340
		Energy (Cal)	273	321
		Protein (g)	2.6	3.1
		Fat, total (g)	13.8	16.2
		Saturated Fat (g)	3.6	4.2
		Carbohydrate (g)	33.6	39.6
		Sugars (g)	10.7	12.6
		Sodium (mg)	116	136
Contains: Gluten, Wheat, Milk, Soy. VANILLA FLAVOURED CUSTARD PIE is cooked in McDonald's Vegetable Oil blend and may be cooked in the same equipment as products containing Egg, Milk.				

Frozen Lift® MFV	Small		Medium		Large		
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	
Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Food Acid (331), Colour (102).	Energy (kJ)	431	117	6	117	813	117
Fanta Neutral White Base used in combination with multi-flavour valve flavour shots.	Energy (Cal)	103	28	144	28	194	28
	Protein (g)	0.0	0.0	0.0	0	0.0	0
	Fat, total (g)	0.0	0.0	0.0	0	0.0	0
	Saturated Fat (g)	0.0	0.0	0.0	0	0.0	0
	Carbohydrate (g)	25.3	7.2	35.5	7	47.8	7
	Sugars (g)	25.3	7.2	35.5	7	47.8	7
	Sodium (mg)	7	2	9	2	12	2

Frozen Flavours	Small		Medium		Large		
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	
FANTA® ORANGE: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (110), Antioxidant 300.	Energy (kJ)	391	112	548	112	738	112
SPRITE®: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Flavour, Food Acid (331).	Energy (Cal)	93	27	131	27	176	27
Contains sulphites.	Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fanta Neutral White Base used in combination with multi-flavour valve flavour shots.	Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
	Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9
	Sugars (g)	24.2	6.9	33.8	6.9	45.5	6.9
	Sodium (mg)	6	2	9	2	12	2

Frozen Flavours - MFV McFloat®	Small		Medium		Large		
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	
FANTA® ORANGE: Carbonated Water, Sugar, Food Acid (330), Preservative (211), Flavour, Colour (110), Antioxidant 300.	Energy (kJ)	908	271	1080	248	1260	228
SPRITE®: Carbonated Water, Sugar, Food Acid (330), Flavour, Preservative (211), Flavour, Food Acid (331).	Energy (Cal)	217	65	259	59	302	55
SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.	Protein (g)	4.8	1.4	5.4	1.2	5.8	1.0
OR:	Fat, total (g)	4.7	1.4	5.2	1.2	5.6	1.0
Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.	Saturated Fat (g)	3.2	1.0	3.6	0.8	3.9	0.7
Contains: Milk, Sulphites.	Carbohydrate (g)	38.4	11.5	47.0	10.8	56.3	10.2
Fanta Neutral White Base used in combination with multi-flavour valve flavour shots.	Sugars (g)	36.5	10.9	44.7	10.2	53.7	9.7
	Sodium (mg)	53	16	60	14	66	12

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Change Tracker:

Date	Document Number/Revision	Document Title	Issued	Upload Date	Description
10/04/2024	43	NZ LTO Menu_April 2024	10/04/2024	10/04/2024	Remove Kiwi Burger, Kiwi Angus, Kit Kat McFlurry, Chilli Cheese Bites; add Spicy range.
9/02/2024	42	NZ LTO Menu_February 2024	20/02/2024	20/02/2024	Updated to PEAL Legislative requirements