



# **McDonald's New Zealand Limited Time Offer Menu Allergen - Ingredients - Nutrition Information**

**Information correct as at September 2024**

## Limited Time Offer Menu

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

The nutrition information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically. We recommend you check this information on our website to ensure it is the most current.

## Food Sensitivities and Preferences

Please refer to our Allergen Information for specific allergen details. This information is available on our website [www.mcdonalds.co.nz](http://www.mcdonalds.co.nz)

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of items in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens. We have no Halal certified restaurants and no ingredients or menu items are certified Halal.

## Ingredient Information

Please refer to our Ingredient Information for our standard or core menu items. This information is available on our website [www.mcdonalds.co.nz](http://www.mcdonalds.co.nz)

If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

If this document has been printed, please visit <https://mcdonalds.com.au/our-impact/food-quality-sourcing/nutrition> for most current information.

<b>Allergen Summary:</b> As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.																							
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
<b>Limited Time Offers</b>																							
Quarter Pounder® BBQ Bacon & Crispy Onions	P	P	M	P	P	P															P		
Crunchie McFlurry®	P	P		P	P		M	M			M												
Mozzarella Sticks	P	P	M	P	M																		
Tomato Chili Jam																					P		

**Chart key:**  
**P:** Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.  
**M:** Ingredient may be present

## Limited Time Offers

### Crunchie McFlurry®

SUNDAE MIX: Skim **Milk**, Sugar, Cream (**Milk**), **Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.

OR: Reconstituted Skim **Milk**, Sugar, Cream (**Milk**), Maltodextrin, Glucose, Natural Flavours (**Milk**), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.

CRUNCHIE PIECES: Sugar, **Milk** Solids, Cocoa Butter, Cocoa Mass, **Wheat** Glucose Syrup (**Gluten**), Galze (Vegetable Gum (414)), Emulsifiers (**Soy** Lecithin, 476), Rasing Agent (500), Hydrolysed **Milk** Protein, Flavour, **Milk** Chocolate (Cocoa Solids, **Milk** Solids).

CARAMEL TOPPING: Glucose Corn Syrup, Whole Sweetened Condensed **Milk** (**Milk**, Sugar, **Milk** Solids), Invert Sugar Syrup, Water, Butter (**Milk**), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.

**Contains: Gluten, Wheat, Milk, Soy.**

**CRUNCHIE PIECES are produced in the same facility as products containing Peanuts, Tree Nuts (Almond, Hazelnut).**

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2090	965
Energy (Cal)	499	231
Protein (g)	7.3	3.4
Fat, total (g)	15.3	7.0
Saturated Fat (g)	9.9	4.6
Carbohydrate (g)	82.0	37.9
Sugars (g)	70.7	32.7
Sodium (mg)	425	196

### Mozzarella Sticks with Tomato Chili Jam

MOZZARELLA CHEESE STICK: Skim Mozzarella Cheese (Pasteurised **Milk**, Salt, Cultures, Enzymes (Protease), Modified Food Starch (1442), Crumbs (**Wheat** Flour, Sugar, Salt, Yeast, **Wheat** Gluten), Batter (Water, **Wheat** Flour), Canola Oil, Modified Food Starch, Salt, Cheese Flavour (**Milk**).

TOMATO CHILLI JAM: Sugar, Vinegar, Bell Pepper Puree [Food Acid (260)], Chilli Paste [Food Acid (260)], Water, Onion Puree [Food Acid (260)], Tomato Chopped, Thickener (1422), Apple Puree, Crushed Garlic [Food Acid (330)],Vegetable Paste [Preservatives (202, 223)], Salt, Spices [Including Chilli], Yeast Extract, Vegetable Gum (415), Colour (150a), Food Acid (330), Preservative (202), Spice Extract (160c).

**Contains Gluten, Wheat, Milk.**

**Mozzarella Sticks are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy.**

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1230	1170
Energy (Cal)	293	279
Protein (g)	8.7	9.2
Fat, total (g)	13.5	12.8
Saturated Fat (g)	5.5	5.3
Carbohydrate (g)	33.2	31.6
Sugars (g)	14.3	13.6
Sodium (mg)	464	442

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## Change Tracker:

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description
29/08/2024	46	NZ LTO Menu_September 2024	29/08/2024	3/09/2024	Updated to include Crunchie McFlurry and Mozzarella Sticks with Tomato Chilli Jam, removed Chicken Big Mac and Sweet Mustard Dipping Sauce, Banana Caramel Pie & McFlurry, QP BBQ Bacon & Crispy Onions
23/07/2024	45	NZ LTO Menu_July 2024	23/07/2024	24/07/2024	Updated to include Chicken Big Mac
29/05/2024	44	NZ LTO Menu_June 2024	29/05/2024	7/06/2024	Updated to include Winter LTO items BBQ & Crispy Onion QP, Sweet Mustard Dipping Sauce, Banana Caramel Pie + McFlurry
10/04/2024	43	NZ LTO Menu_April 2024	10/04/2024	10/04/2024	Remove Kiwi Burger, Kiwi Angus, Kit Kat McFlurry, Chilli Cheese Bites; add Spicy range.
9/02/2024	42	NZ LTO Menu_February 2024	20/02/2024	20/02/2024	Updated to PEAL Legislative requirements