



McDonald's New Zealand Limited Time Offer Menu Allergen - Ingredients - Nutrition Information

Limited Time Offer Menu

Information is correct as at May 2022.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

The nutrition information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically. We recommend you check this information on our website to ensure it is the most current.

Food Sensitivities and Preferences

Please refer to our Allergen Information for specific allergen details. This information is available on our website www.mcdonalds.co.nz

Select items sold in McCafe are sold as gluten free. They are produced under allergen control conditions and are specifically handled to prevent cross contamination. No other food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of items in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have no Halal certified restaurants and no ingredients or menu items are certified Halal.

Ingredient Information

Please refer to our Ingredient Information for our standard or core menu items. This information is available on our website www.mcdonalds.co.nz

If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

Limited Time Offers

Mozzarella Beef Burger

CHEESE PATTY: Pasteurised **Milk**, Flour (**Wheat** and Maize), Water, Vegetable Oil, Salt, Starch (Rice, Potato, Tapioca), Yeast, Maltodextrin, Methyl Cellulose (461), **Milk** Solids, **Wheat Gluten**, Spice, Sugar, **Whey** Solids, Flavour (Contains **Milk**), **Cheese** Solids, Colour (160c), Starter Cultures, Enzymes, Food Acids (270, 330), Yeast Extract, Preservative (200), Anticaking Agent (460), Disodium Phosphate.

BEEF PATTY: Beef.

QUARTER BUN: **Wheat** Flour, Water, Sugar, Canola Oil, **Sesame Seeds**, Glaze, Iodised Salt, Yeast, Improver (**Wheat** Flour, **Malted Wheat** Flour, Antioxidant (300), Enzymes (Contain **Wheat**)), Preservative (262), Emulsifiers (472e, 471), Natural Flavour, Thickener (412), **Wheat Gluten**.

TOMATO CHILLI JAM: Sugar, Vinegar, Vegetable, Chilli Paste [Chilli, Food Acid (260)], Water, Onion Puree, Diced Tomato [Diced Tomatoes, Tomato Juice, Food Acid (330), Mineral Salt (509)], Thickener (1422), Apple Puree, Minced Garlic, Ginger Puree, Salt, Spices (Including Chilli), Vegetable Gum (415), Yeast Extract, Natural Colour (150a), Food Acid (330), Preservative (202), Spice Extract (160c).

CHEESE SLICE: **Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, **Milk** Solids, Non Fat **Milk** Solids, Emulsifiers (331, 332), **Cheese** Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - **Soy** Lecithin), Colours (160a).

SHREDDED LETTUCE: Iceberg Lettuce.

MCCHICKEN SAUCE: Water, **Soybean** Oil [Anti-Oxidant (330)], **Egg** Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Food Acid (270), Preservative (202).

BEEF PATTY SEASONING: Salt, Pepper, Sunflower Oil.

Contains gluten, egg, milk, sesame seeds and soy.

QUARTER BUN is prepared using the same equipment as products containing milk & soy.

CHEESE PATTY is cooked in a McDonald's Vegetable Oil Blend and may be cooked in the same equipment as products containing gluten, egg, milk and soy.

BEEF PATTY may be cooked on the same equipment as egg or products containing gluten, milk or soy.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y	Y	Y	Y				Y			Y		

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	3490	1140
Energy (Cal)	834	273
Protein (g)	44.4	14.6
Fat, total (g)	47.4	15.5
Saturated Fat (g)	19.7	6.5
Carbohydrate (g)	56.5	18.5
Sugars (g)	15.0	4.9
Sodium (mg)	1560	512

Mozzarella Chicken Burger

CHEESE PATTY: Pasteurised **Milk**, Flour (**Wheat** and Maize), Water, Vegetable Oil, Salt, Starch (Rice, Potato, Tapioca), Yeast, Maltodextrin, Methyl Cellulose (461), **Milk** Solids, **Wheat Gluten**, Spice, Sugar, **Whey** Solids, Flavour (Contains **Milk**), **Cheese** Solids, Colour (160c), Starter Cultures, Enzymes, Food Acids (270, 330), Yeast Extract, Preservative (200), Anticaking Agent (460), Disodium Phosphate.

MCCHICKEN PATTIES: Chicken, Flour (**Wheat**, Maize), Water, Vegetables Oils (Canola, Maize (Antioxidant 307b), Palmolein), Salt, Thickener (1404), Spices & Spice Extracts (Black Pepper, White Pepper, Cayenne Pepper, Paprika, Turmeric, Sage, Nutmeg, Celery, Capsicum), Dehydrated Vegetables (Garlic, Onion), Maize Starch, **Soy** Protein, Mineral Salts (450, 451), Raising Agents (500, 541, 341), Maltodextrin, Emulsifier (433), Herbs (Sage, Marjoram, Thyme, Rosemary, Parsley).

QUARTER BUN: **Wheat** Flour, Water, Sugar, Canola Oil, **Sesame Seeds**, Glaze, Iodised Salt, Yeast, Improver (**Wheat** Flour, **Malted Wheat** Flour, Antioxidant (300), Enzymes (Contain **Wheat**)), Preservative (262), Emulsifiers (472e, 471), Natural Flavour, Thickener (412), **Wheat Gluten**.

TOMATO CHILLI JAM: Sugar, Vinegar, Vegetable, Chilli Paste (Chilli, Food Acid (260)), Water, Onion Puree, Diced Tomato (Diced Tomatoes, Tomato Juice, Food Acid (330), Mineral Salt (509)), Thickener (1422), Apple Puree, Minced Garlic, Ginger Puree, Salt, Spices (Including Chilli), Vegetable Gum (415), Yeast Extract, Natural Colour (150a), Food Acid (330), Preservative (202), Spice Extract (160c).

CHEESE SLICE: **Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, **Milk** Solids, Non Fat **Milk** Solids, Emulsifiers (331, 332), **Cheese** Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - **Soy** Lecithin), Colours (160a).

SHREDDED LETTUCE: Iceberg Lettuce.

MCCHICKEN SAUCE: Water, **Soybean** Oil [Anti-Oxidant (330)], **Egg** Yolks, Modified Corn Starch (1401, 1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Food Acid (270), Preservative (202).

Contains gluten, egg, milk, sesame seeds and soy.

QUARTER BUN is prepared using the same equipment as products containing milk and soy.

CHEESE AND MCCHICKEN PATTIES are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing gluten, egg, milk and soy.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y	Y	Y	Y				Y			Y		

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	3140	1060
Energy (Cal)	751	254
Protein (g)	35.6	12.0
Fat, total (g)	38.6	13.0
Saturated Fat (g)	13.0	4.4
Carbohydrate (g)	63.8	21.5
Sugars (g)	15.0	5.1
Sodium (mg)	1840	623

Mozzarella Sticks

Mozzarella Sticks: Part Skim Mozzarella Cheese (Pasteurised **Milk**, Salt, Cultures, Enzymes (Protease), Modified Food Starch (1442), Crumbs (**Wheat** Flour, Sugar, Salt, Yeast, **Wheat Gluten**), Batter (Water, **Wheat** Flour), Canola Oil, Modified Food Starch, Salt, Cheese Flavour).

Contains gluten and milk.

MOZZARELLA STICKS are cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing gluten, egg, milk and soy.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y	T	Y	T									

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	972	1300
Energy (Cal)	232	310
Protein (g)	8.5	11.3
Fat, total (g)	13.4	17.9
Saturated Fat (g)	5.5	7.4
Carbohydrate (g)	18.7	24.9
Sugars (g)	1.2	1.6
Sodium (mg)	329	438

Tomato Chilli Dipping Sauce

TOMATO CHILLI JAM: Sugar, Vinegar, Vegetable, Chilli Paste [Chilli, Food Acid (260)], Water, Onion Puree, Diced Tomato [Diced Tomatoes, Tomato Juice, Food Acid (330), Mineral Salt (509)], Thickener (1422), Apple Puree, Minced Garlic, Ginger Puree, Salt, Spices (Including Chilli), Vegetable Gum (415), Yeast Extract, Natural Colour (150a), Food Acid (330), Preservative (202), Spice Extract (160c).

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
										Y		

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	255	849
Energy (Cal)	61	203
Protein (g)	0.2	0.7
Fat, total (g)	0.1	0.2
Saturated Fat (g)	0.0	0.0
Carbohydrate (g)	14.5	48.4
Sugars (g)	13.1	43.6
Sodium (mg)	136	453

Spicy Mayo Dipping Sauce

SPICY MAYONNAISE DIPPING TUB: Water, Vegetable Oil, White Vinegar, Sugar, Thickeners (1442, 415), **Egg**, Salt, Dextrose, Chili, Vegetable Powders, Spice, Lemon Juice Concentrate, Preservatives (211, 202), Natural Flavour, Natural Colour (160c), Antioxidant (385).

Contains egg.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	362	1290
Energy (Cal)	87	309
Protein (g)	0.3	1.0
Fat, total (g)	8.3	29.5
Saturated Fat (g)	1.3	4.6
Carbohydrate (g)	3.1	10.9
Sugars (g)	1.8	6.4
Sodium (mg)	294	1050

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
	Y									Y		

Tim Tam McFlurry

SUNDAE MIX: Skim **Milk**, Sugar, Cream (from **Milk**), **Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Flavour.

TIM TAM SAUCE: Sugar, Water, Chocolate (**Milk**, **Soy**) (Sugar, Cocoa Solids, **Milk** Solids, Emulsifier (322 - **Soy**), Natural Flavouring, Salt, Emulsifier (476)), **Milk** Solids (**Soy**) (Emulsifier (322 - **Soy**)), Sweetened Condensed **Milk**, Vegetable Oil, Humectant (422), Thickeners (1442, 415), Invert Sugar, Natural Colour (150a), Cocoa Powder, Natural Flavourings, Salt, Emulsifier (322 - **Soy**), Preservative (202), Mineral Salt (339).

TIM TAM BISCUIT CRUMB: **Wheat** Flour, Sugar, Vegetable Oil, Golden Syrup, Food Colour (Caramel III), Baking Powder, Salt, Starch (**Wheat**), Emulsifier (**Soy** Lecithin), Antioxidant (E307b From **Soy**).

Contains gluten, milk and soy.

TIM TAM BISCUIT CRUMB is produced in the same facility as products containing milk and egg.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1390	788
Energy (Cal)	333	188
Protein (g)	7.3	4.1
Fat, total (g)	9.6	5.4
Saturated Fat (g)	6.3	3.6
Carbohydrate (g)	53.3	30.1
Sugars (g)	40.9	23.1
Sodium (mg)	150	85

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y	T	Y	Y							Y		

Caramel McDip Super Sundae

SUNDAE MIX: Skim **Milk**, Sugar, **Cream**, **Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Flavour.

CARAMEL FLAVOURED COATING: Coconut Oil, Sugar, **Milk** Powder, Whey Powder (**Milk**), Emulsifier (322 - **Soy**), Cocoa Powder, Natural Flavour, Colour (Sunflower Oil, Annatto (160b), Curcumin (100)), Salt.

CARAMEL TOPPING: Glucose Corn Syrup, Whole Sweetened Condensed **Milk** (**Milk**, **Milk** Powder, Sugar, Lactose), High Fructose Corn Syrup, Shortening [Palm Oil, Antioxidant (307)], Water, Sugar, Thickeners (401, 440), Salt, Stabiliser (339), Flavouring.

Contains milk and soy.

SUNDAE MIX may contain TRACES of sulphites.

CARAMEL FLAVOURED COATING is produced in the same facility as products containing gluten, egg, peanuts and tree nuts.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2290	960
Energy (Cal)	548	229
Protein (g)	8.7	3.6
Fat, total (g)	17.3	7.3
Saturated Fat (g)	13.5	5.6
Carbohydrate (g)	87.7	36.7
Sugars (g)	67.9	28.4
Sodium (mg)	159	67

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T	T	Y	Y		T	T		T			Y	Y

Choc McDip Super Sundae

SUNDAE MIX: Skim **Milk**, Sugar, **Cream**, **Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Flavour.

CHOCOLATE FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier 322 - **Soy**), Whole Sweetened Condensed **Milk** (**Milk**, **Milk** Powder, Sugar, Lactose), Cocoa Powder, Whole **Milk** Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).

CHOC TOP COATING: Vegetable Fat, Sugar, Cocoa Powder, Whey Powder (**Milk**), Emulsifiers (**Soy**, 476), Flavours, Salt.

Contains milk and soy.

SUNDAE MIX may contain TRACES of sulphites

CHOC TOP COATING is produced in the same facility as products containing gluten and tree nuts.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2420	1020
Energy (Cal)	579	244
Protein (g)	8.0	3.8
Fat, total (g)	24.9	10.5
Saturated Fat (g)	20.8	8.8
Carbohydrate (g)	79.0	33.3
Sugars (g)	64.1	27.1
Sodium (mg)	161	68

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		Y	Y			T		T		Y	Y	

Frozen Coke® Your Way - MFV

FROZEN COKE® YOUR WAY:

BLUEBERRY: Carbonated Water, Sugar, Colour (150d, 104, 133), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.
 GRAPE: Carbonated Water, Sugar, Colour (150d, 104, 122, 133), Food Acids (330, 338), Flavours, Preservative (211),
 LIME: Carbonated Water, Sugar, Colour (150d, 104, 133), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.
 MANGO: Carbonated Water, Sugar, Colour (150d, 104, 110, 122), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.
 RASPBERRY: Carbonated Water, Sugar, Colour (150d, 104, 122), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.
 PINEAPPLE: Carbonated Water, Sugar, Colour (150d, 104, 110), Food Acids (330, 338), Flavours, Preservative (211), Caffeine. (104,110).
 VANILLA: Carbonated Water, Sugar, Colour (150d, 104), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

Contains caffeine.

All FROZEN COKE® YOUR WAY flavours have the same nutritional content.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	411 kJ	117 kJ	575 kJ	117 kJ	774 kJ	117 kJ
Energy (Cal)	98 Cal	28 Cal	137 Cal	28 Cal	185 Cal	28 Cal
Protein (g)	0	0	0	0	0	0
Fat, total (g)	0	0	0	0	0	0
Saturated Fat (g)	0	0	0	0	0	0
Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9
Sugars (g)	24.2	6.9	33.8	6.9	45.5	6.9
Sodium (mg)	7	2	10	2	14	2

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
										Y	Y	Y