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McDonald's New Zealand Limited Time Offer Menu Allergen - Ingredients - Nutrition Information

Information correct as at July 2024

Limited Time Offer Menu

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

The nutrition information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically. We recommend you check this information on our website to ensure it is the most current.

Food Sensitivities and Preferences

Please refer to our Allergen Information for specific allergen details. This information is available on our website www.mcdonalds.co.nz

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of items in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have no Halal certified restaurants and no ingredients or menu items are certified Halal.

Ingredient Information

Please refer to our Ingredient Information for our standard or core menu items. This information is available on our website www.mcdonalds.co.nz

If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

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Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens, McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
Limited Time Offers																							
Banana Caramel Pie	P	P		P	P												M		P	P			
Banana Caramel Pie McFlurry®	P	P		P	P												M		P	P			
Sweet Mustard Dipping Sauce				P																			
Quarter Pounder® BBQ Bacon & Crispy Onions	P	P	M	P	P	P								P			M		P	P	P		
Chicken Big Mac®	P	P	P	P	P	P													P	P			

Chart key:
P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.
M: Ingredient may be present

Limited Time Offers

Banana Caramel Pie

BANANA CARAMEL TWIN FILLED PIE: Water, **Wheat** Flour, Margarine (Vegetable Oils & Fats (RSPO Palm Oil, **Soy** Oil), Water, Emulsifiers (471, 322 From **Soy**), Salt, Natural Butter Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Sugar, Modified Starch (1412, 1442, 1422), Banana Puree, Caramel (Glucose, Sweetened Condensed **Milk**, Water, Sugar, RSPO Palm Oil, Thickener (1442), Emulsifiers (471, 339, 322 From **Soy**), Natural Flavours, Acidity Regulators (331, 334), Gelling Agent (440), Salt, Preservative (202), Custard Mix (Thickeners (1442, 407), Dextrose), Full Cream **Milk** Powder, Whey Powder (From **Milk**), Iodised Salt, Natural Flavours (Contains **Milk**), Dextrose, Colours (150c, 160a(iiv)), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Vegetable Gum (466).

Contains: Gluten, Milk, Soy, Wheat.

BANANA CARAMEL TWIN FILLED PIE is cooked in a McDonald's vegetable oil blend.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1120	1310
Energy (Cal)	267	314
Protein (g)	2.5	3.9
Fat, total (g)	13.4	15.8
Saturated Fat (g)	3.7	4.4
Carbohydrate (g)	33.3	39.2
Sugars (g)	9.9	11.6
Sodium (mg)	113	133

Banana Caramel Pie McFlurry®

SUNDAE MIX: Skim **Milk**, Sugar, Cream, **Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Flavour.

BANANA CARAMEL TWIN FILLED PIE: Water, **Wheat** Flour, Margarine (Vegetable Oils & Fats (RSPO Palm Oil, **Soy** Oil), Water, Emulsifiers (471, 322 From **Soy**), Salt, Natural Butter Flavour, Preservative (202), Acidity Regulator (330), Natural Colour (160a), Antioxidant (307b)), Sugar, Modified Starch (1412, 1442, 1422), Banana Puree, Caramel (Glucose, Sweetened Condensed **Milk**, Water, Sugar, RSPO Palm Oil, Thickener (1442), Emulsifiers (471, 339, 322 From **Soy**), Natural Flavours, Acidity Regulators (331, 334), Gelling Agent (440), Salt, Preservative (202), Custard Mix (Thickeners (1442, 407), Dextrose), Full Cream **Milk** Powder, Whey Powder (From **Milk**), Iodised Salt, Natural Flavours (Contains **Milk**), Dextrose, Colours (150c, 160a(iiv)), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Vegetable Gum (466).

CARAMEL TOPPING: Glucose Corn Syrup, Whole Sweetened Condensed **Milk** (**Milk**, **Milk** Powder, Sugar, Lactose), High Fructose Corn Syrup, Shortening (Palm Oil, Antioxidant (307)), Water, Sugar, Thickeners (401, 440), Salt, Stabiliser (339), Flavouring.

Contains: Gluten, Milk, Soy, Wheat.

BANANA CARAMEL TWIN FILLED PIE is cooked in a McDonald's vegetable oil blend.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2590	960
Energy (Cal)	620	229
Protein (g)	9.1	3.4
Fat, total (g)	21.3	7.9
Saturated Fat (g)	9.1	3.4
Carbohydrate (g)	95.8	33.5
Sugars (g)	53.5	19.8
Sodium (mg)	240	89

Sweet Mustard Dipping Sauce

SWEET MUSTARD: Water, Salad Mustard (Water, Vinegar, Mustard, Spices, Salt, Spice Extract), Sugar, Vinegar, Vegetable Oil, Thickeners (1442, 1450, 415, 405), Salt, Caramelised Sugar, Preservative (202), Acidity Regulator (331), Spice, Colour (160c), Antioxidant (385).

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	327	1170
Energy (Cal)	78	279
Protein (g)	0.3	1
Fat, total (g)	2.9	10.3
Saturated Fat (g)	0.2	0.7
Carbohydrate (g)	12.7	45.2
Sugars (g)	5.6	20
Sodium (mg)	109	390

Quarter Pounder® BBQ Bacon & Crispy Onions

BEEF: Beef.

QUARTER BUN: **Wheat** Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Sesame Seeds, Yeast (Yeast, Water, Thickener (415)), Iodised Salt, Improver (**Wheat** Flour, **Wheat** Malt Flour, Antioxidant (300), Enzymes (Contains **Wheat**)), Preservative (262), Natural Flavour, Thickener (412), **Wheat** Gluten, Emulsifier (472e, 471), Inactive Dry Yeast.

SOUTHERN STYLE BBQ SAUCE: Water, Sugar, Tomato Paste, Vinegar, Apple Paste (Includes Antioxidant (300)), Thickeners (1422, 415), Salt, Burnt Sugar Syrup, Worcestershire Sauce (**Wheat**, **Barley**, **Fish**), Onion, Garlic, Spices, Preservative (202), Vegetable Gum (415), Smoke Flavour.

CHEESE: **Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, **Milk** Solids, Non-Fat **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour (**Milk**), Salt, Acidity Regulators (260, 330), Emulsifier (322 contains **Soy** Lecithin), Colours (160a).

BACON RASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked.

CRISPY ONION: Onions, Palm Oil, **Wheat** Flour, Salt, Dextrose.

PICKLES: Gherkins, Water, Acidity Regulator (260), Salt, Flavour, Firming Agent (509), Preservative (211).

BEEF PATTY SEASONING: Salt, Black Pepper, Sunflower Oil.

Contains: Gluten, Fish, Milk, Soy, Wheat, Sesame.

QUARTER BUN is made on equipment that also produces products containing Soy, Milk.

BEEF PATTY SEASONING may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2820	1180
Energy (Cal)	674	283
Protein (g)	40.2	16.8
Fat, total (g)	36.1	15.1
Saturated Fat (g)	17.3	7.2
Carbohydrate (g)	45.5	18.1
Sugars (g)	12.6	5.3
Sodium (mg)	1580	664

Chicken Big Mac®

BIG MAC BUN: **Wheat** Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, **Sesame** Seeds, Yeast (Yeast, Water, Thickener (415)), Iodised Salt, **Wheat** Gluten, Potato Starch, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (**Wheat** Flour, **Wheat** Malt Flour, Antioxidant (300), Enzymes (Contains **Wheat**)), Preservative (262), Natural Flavour, Emulsifiers (472e, 471) Inactive Dry Yeast.

CHICKEN BIG MAC PATTY: Chicken, Water, Flours (**Wheat**, Corn), Starches (1422, 1420, **Wheat**, Corn), Mineral Salts (450, 500, 327, 341, 451), Spices (Pepper, Celery), Dextrose, Salt, Vegetable Oils (Canola, Sunflower).

BIG MAC SAUCE: **Soybean** Oil (Antioxidant (330)), Water, Relish (Pickles, Sugar, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Thickener (415), Preservative (202), Spice Extract, Emulsifier (433)), Mustard (Water, Vinegar, Mustard Seed, Salt, Sugar, Colours (100, 150d), Spice), Salted Egg Yolks, Distilled Vinegar, Onion, Thickener (1442, 415, 405), Spices, Sugar, Salt, Hydrolysed Proteins (Corn, **Gluten**, **Wheat** and **Soy**), Colours (160c, 150d, 100), Preservative (211), Emulsifier (433), Garlic, Antioxidant (385).

LETTUCE: Iceberg Lettuce.

CHEESE: **Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, **Milk** Solids, Non Fat **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - **Soy**), Colours (160a).

PICKLES: Gherkins, Water, Acidity Regulator (260), Salt, Flavour, Firming Agent (509), Preservative (211).

Contains: Gluten, Wheat, Milk, Soy, Egg, Sesame.

BIG MAC BUNS are produced on equipment that also produces products containing Soy, Milk.

CHICKEN BIG MAC PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing gluten, egg, milk and soy.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2600	867
Energy (Cal)	621	207
Protein (g)	33.5	11.2
Fat, total (g)	28.1	9.4
Saturated Fat (g)	7.2	2.4
Carbohydrate (g)	55.8	18.6
Sugars (g)	7.0	2.3
Sodium (mg)	1450	482

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Change Tracker:

Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description
7/23/2024	45	NZ LTO Menu_July 2024	7/23/2024	7/24/2024	Updated to include Chicken Big Mac
5/29/2024	44	NZ LTO Menu_June 2024	5/29/2024	6/7/2024	Updated to include Winter LTO items BBQ & Crispy Onion QP, Sweet Mustard Dipping Sauce, Banana Caramel Pie + McFlurry
4/10/2024	43	NZ LTO Menu_April 2024	4/10/2024	4/10/2024	Remove Kiwi Burger, Kiwi Angus, Kit Kat McFlurry, Chilli Cheese Bites; add Spicy range.
2/9/2024	42	NZ LTO Menu_February 2024	2/20/2024	2/20/2024	Updated to PEAL Legislative requirements