



McDonald's New Zealand Limited Time Offer Menu Allergen - Ingredients - Nutrition Information

Information correct as at December 2024

Limited Time Offer Menu

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

The nutrition information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically. We recommend you check this information on our website to ensure it is the most current.

Food Sensitivities and Preferences

Please refer to our Allergen Information for specific allergen details. This information is available on our website www.mcdonalds.co.nz

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of items in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens. We have no Halal certified restaurants and no ingredients or menu items are certified Halal.

Ingredient Information

Please refer to our Ingredient Information for our standard or core menu items. This information is available on our website www.mcdonalds.co.nz

If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

If this document has been printed, please visit <https://mcdonalds.com.au/our-impact/food-quality-sourcing/nutrition> for most current information.

Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.																							
	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
Limited Time Offers																							
Grimace Shake				P																P		P	
Kiwiburger®	P	P	P	P	P	P														P			
Kiwi Angus	P	P	P	P	P	P														P			
Chilli Cheese Bites	P	P	M	P	M															P			
Frozen L&P®																				P	P	P	
Frozen L&P® McFloat®				P																P	P	P	
Frozen L&P® Chocolate McFloat®				P																P	P	P	
Cadbury® Flake® McFlurry®	M	M		P	P		M	M		M										P		P	
Cadbury® Flake® Chocolate McFlurry®	M	M		P	P		M	M		M										P		P	

Chart key:

P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.

M: Ingredient may be present

Limited Time Offers

Grimace Shake

SHAKE MIX: Skim **Milk**, Sugar, Cream (**Milk**), **Milk** Solids, Glucose Syrup (derived from Maize), Stabilisers (412, 452, 407, 407a, 466), Flavour.

OR:
Reconstituted Skim **Milk**, Cream (**Milk**), Sugar, Maltodextrin, Glucose, Emulsifier (471), Natural Flavours (**Milk**), Vegetable Gums (412, 407, 466).

GRIMACE SHAKE SYRUP: Sugar, Water, Invert Sugar Syrup, Glucose Syrup, Natural Colour (163), Natural Flavours, Gardenia Extract, Acidity Regulator (330), Preservative (202).

WHIPPED CREAM: Cream (**Milk**), Propellant (Nitrous Oxide), Emulsifier (471), Flavour, Vegetable Gums (401, 407).

Contains: Milk.

	Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
Energy (kJ)	1930	574	2290	567
Energy (Cal)	461	137	548	136
Protein (g)	10.7	3.2	12.9	3.2
Fat, total (g)	16.0	4.8	18.2	4.5
Saturated Fat (g)	11.2	3.3	12.7	3.2
Carbohydrate (g)	67.2	20.0	81.4	20.2
Sugars (g)	62.2	18.5	75.4	18.7
Sodium (mg)	620	185	752	186

Kiwiburger®

BEEF PATTY: Beef.

QUARTER BUN: **Wheat** Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), **Sesame** Seeds, Yeast (Yeast, Water, Thickener (415)), Iodised Salt, Improver (**Wheat** Flour, **Wheat** Malt Flour, Antioxidant (300)), Enzymes (Contains **Wheat**), Preservative (262), Natural Flavour, Thickener (412), **Wheat Gluten**, Emulsifier(472e, 471), Inactive Dry Yeast.

EGG: Fresh Shell **Egg**.

TOMATO: Tomato.

ONION: Onions.

SHREDDED LETTUCE: Iceberg Lettuce.

BEETROOT: Beetroot, Water, Sugar, Salt, Food Acid (Acetic Acid).

KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Corn Syrup, Distilled Vinegar, Salt, Natural Flavour (**Soybean** Oil).

MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring.

CHEESE: **Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, **Milk** Solids, Non-Fat **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour (**Milk**), Salt, Acidity Regulators (260, 330), Emulsifier (322 contains **Soy** Lecithin), Colours (160a).

ANGUS SEASONING: Salt, Maltodextrin, Spices, Dextrose, Vegetable Powders, Yeast Extract, Sugar, Worcestershire Sauce Powder (Colour (150a)), Anti-caking Agent (551), Flavourings (**Milk**), Spice Extract (100).

SPRAY OIL: Canola Oil, Emulsifier (322 - derived from **Soy**), Natural Flavour, Natural Colour (160a), Acidity Regulator (330).

Contains: Wheat, Gluten, Egg, Milk, Soy, Sesame.

QUARTER BUN is made on equipment that also produces products containing Soy, Milk.

BEEF PATTY and ONION may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy.

	Kiwiburger®	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2640	884
Energy (Cal)	630	211
Protein (g)	38.3	12.8
Fat, total (g)	33.5	11.2
Saturated Fat (g)	14.0	4.7
Carbohydrate (g)	41.7	14.0
Sugars (g)	10.4	3.5
Sodium (mg)	1010	338

Kiwi Angus

BEEF PATTY: Angus Beef.

GOURMET BUN: **Wheat** Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), **Wheat Gluten**, Improver (**Wheat** Flour, **Wheat** Malt Flour, Antioxidant (300)), Enzymes (Contains **Wheat**), Preservative (262), Emulsifier (Emulsifier (472e), Mineral Salt (170)), Inactive Dry Yeast, **Sesame**.

EGG: Fresh Shell **Egg**.

TOMATO: Tomato.

MOCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, **Egg** Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).

ONION: Onions.

LETTUCE: Whole Leaf Lettuce.

BEETROOT: Beetroot, Water, Sugar, Salt, Food Acid (Acetic Acid).

KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Corn Syrup, Distilled Vinegar, Salt, Natural Flavour (**Soybean** Oil).

MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring.

CHEESE: **Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, **Milk** Solids, Non-Fat **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour (**Milk**), Salt, Acidity Regulators (260, 330), Emulsifier (322 contains **Soy** Lecithin), Colours (160a).

SPRAY OIL: Canola Oil, Emulsifier (322 - derived from **Soy**), Natural Flavour, Natural Colour (160a), Acidity Regulator (330).

ANGUS SEASONING: Salt, Maltodextrin, Spices, Dextrose, Vegetable Powders, Yeast Extract, Sugar, Worcestershire Sauce Powder [Colour (150a)], Anti-caking Agent (551), Flavourings (**Milk**), Spice Extract (100).

Contains: Wheat, Gluten, Egg, Milk, Soy, Sesame.

GOURMET BUN is made on equipment that also produces products containing Soy, Milk.

BEEF PATTY and ONION may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy.

	Kiwi Angus	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	3130	954
Energy (Cal)	748	228
Protein (g)	38.8	11.8
Fat, total (g)	42.1	12.8
Saturated Fat (g)	15.8	4.8
Carbohydrate (g)	51.3	15.6
Sugars (g)	14.6	4.4
Sodium (mg)	1180	358

Chilli Cheese Bites

CHILLI CHEESE BITES: Cheese (**Milk**), Water, Butter (**Milk**), **Milk** Protein, Emulsifying Salt (E331), Whey Powder (**Milk**), Salt, Colours (E160a, E160c), Starch, Batter (**Wheat** Flour, **Wheat** Starch, Salt, Raising Agents (E450, E500, E503), Whey Powder (**Milk**), Stabiliser (E464), Colour (E160c), Yeast, Sunflower Oil, Water, Sunflower Oil, Green Bell Peppers, Jalapeno Peppers.

Contains: Gluten, Wheat, Milk.

CHILLI CHEESE BITES are cooked in a McDonald's Vegetable Oil Blend and may be cooked in the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy.

	Chilli Cheese Bites	
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	900	1070
Energy (Cal)	215	256
Protein (g)	8.8	10.5
Fat, total (g)	11.3	13.5
Saturated Fat (g)	3.8	4.5
Carbohydrate (g)	18.9	22.5
Sugars (g)	3.8	4.5
Sodium (mg)	543	647

Frozen L&P®	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL
FROZEN L&P®: Carbonated Water, Sugar, Food Acid (330), Flavour, Mineral Salts (504, 500), Colour (150d), Preservative (211).						
Energy (kJ)	386	105	540	105	727	105
Energy (Cal)	92	25	129	25	174	25
Protein (g)	0.0	0.0	0.0	0.0	0.0	0.0
Fat, total (g)	0.0	0.0	0.0	0.0	0.0	0.0
Saturated Fat (g)	0.0	0.0	0.0	0.0	0.0	0.0
Carbohydrate (g)	23.8	6.5	33.3	6.5	44.9	6.5
Sugars (g)	23.8	6.5	33.3	6.5	44.9	6.5
Sodium (mg)	41	11	57	11	77	11
Frozen L&P® McFloat®						
FROZEN L&P®: Carbonated Water, Sugar, Food Acid (330), Flavour, Mineral Salts (504, 500), Colour (150d), Preservative (211).						
VANILLA SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.						
OR: Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.						
Contains: Milk.						
Frozen L&P® Chocolate McFloat®						
FROZEN L&P®: Carbonated Water, Sugar, Food Acid (330), Flavour, Mineral Salts (504, 500), Colour (150d), Preservative (211).						
CHOCOLATE SUNDAE MIX: Reconstituted Skim Milk (Milk) , Sugar, Cream (Milk), Cocoa Powder, Glucose Syrup, Natural Flavours (Milk), Emulsifier (471), Vegetable Gums (412, 407, 466), Natural Colours (160b, 120, 141), Salt.						
Contains: Milk.						
Cadbury® Flake® McFlurry®						
VANILLA SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Like Flavour.						
OR: Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.						
HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy)), Whole Sweetened Condensed Milk (Milk, Milk Powder, Sugar, Lactose) , Cocoa Powder, Whole Milk Powder , Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).						
CADBURY® DAIRY MILK FLAKE® GARNISH: Full Cream Milk , Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (Soy Lecithin, 476), Flavours.						
CADBURY® DAIRY MILK FLAKE®: Full Cream Milk , Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (Soy Lecithin, 476), Flavours.						
Contains: Milk, Soy. CADBURY® DAIRY MILK FLAKE® GARNISH and CADBURY® DAIRY MILK® FLAKE are produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).						
Cadbury® Flake® Chocolate McFlurry®						
CHOCOLATE SUNDAE MIX: Reconstituted Skim Milk (Milk) , Sugar, Cream (Milk), Cocoa Powder, Glucose, Natural Flavours (Milk), Emulsifier (471), Stabilisers (412, 407, 466), Natural Colours (160b, 120, 141), Salt.						
HOT FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy)), Whole Sweetened Condensed Milk (Milk, Milk Powder, Sugar, Lactose) , Cocoa Powder, Whole Milk Powder , Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).						
CADBURY® DAIRY MILK FLAKE® GARNISH: Full Cream Milk , Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (Soy Lecithin, 476), Flavours.						
CADBURY® DAIRY MILK FLAKE®: Full Cream Milk , Sugar, Cocoa Butter, Cocoa Mass, Milk Solids, Emulsifiers (Soy Lecithin, 476), Flavours.						
Contains: Milk, Soy. CADBURY® DAIRY MILK FLAKE® GARNISH and CADBURY® DAIRY MILK® FLAKE are produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).						
					Cadbury® Flake® McFlurry®	
					Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)					2130	1010
Energy (Cal)					509	241
Protein (g)					8.6	4.1
Fat, total (g)					17.2	8.1
Saturated Fat (g)					11.7	5.5
Carbohydrate (g)					78.8	37.3
Sugars (g)					65.0	30.8
Sodium (mg)					383	181
					Cadbury® Flake® Chocolate McFlurry®	
					Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)					2090	969
Energy (Cal)					499	236
Protein (g)					9.4	4.4
Fat, total (g)					17.0	8.0
Saturated Fat (g)					11.6	5.5
Carbohydrate (g)					75.9	35.9
Sugars (g)					64.1	30.3
Sodium (mg)					143	68

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Change Tracker:

The nutrition and ingredient information is based on standard product formulations, standard product assembly and standard serving sizes. Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically.

Date	Document Number/Revision Number	Document Title	Issued	Upload Date	Description
02-12-2024	48	NZ LTO Menu_December 2024	02-12-2024	04-12-2024	Updated to include Summer Range; Kiwi burgers, chilli cheese bites, frozen L&P, Cadbury Flake McFlurry; removed Crunchie McFlurry.
21-10-2024	47	NZ LTO Menu_October 2024	21-10-2024	23-10-2024	Updated to include Grimace Shake, removed Mozzarella Sticks with Tomato Chilli Jam
29-08-2024	46	NZ LTO Menu_September 2024	29-08-2024	03-09-2024	Updated to include Crunchie McFlurry and Mozzarella Sticks with Tomato Chilli Jam, removed Chicken Big Mac and Sweet Mustard Dipping Sauce, Banana Caramel Pie & McFlurry, QP BBQ Bacon & Crispy Onions
23-07-2024	45	NZ LTO Menu_July 2024	23-07-2024	24-07-2024	Updated to include Chicken Big Mac
29-05-2024	44	NZ LTO Menu_June 2024	29-05-2024	07-06-2024	Updated to include Winter LTO items BBQ & Crispy Onion QP, Sweet Mustard Dipping Sauce, Banana Caramel Pie + McFlurry
10-04-2024	43	NZ LTO Menu_April 2024	10-04-2024	10-04-2024	Remove Kiwi Burger, Kiwi Angus, Kit Kat McFlurry, Chilli Cheese Bites; add Spicy range.
09-02-2024	42	NZ LTO Menu_February 2024	20-02-2024	20-02-2024	Updated to PEAL Legislative requirements