



McDonald's New Zealand Limited Time Offer Menu Allergen - Ingredients - Nutrition Information

Limited Time Offer Menu

Information is correct as at August 2022.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

The nutrition information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically. We recommend you check this information on our website to ensure it is the most current.

Food Sensitivities and Preferences

Please refer to our Allergen Information for specific allergen details. This information is available on our website www.mcdonalds.co.nz

Select items sold in McCafe are sold as gluten free. They are produced under allergen control conditions and are specifically handled to prevent cross contamination. No other food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of items in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have no Halal certified restaurants and no ingredients or menu items are certified Halal.

Ingredient Information

Please refer to our Ingredient Information for our standard or core menu items. This information is available on our website www.mcdonalds.co.nz

If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

Limited Time Offers

Chicken Big Mac®

CHICKEN BIG MAC PATTY: Chicken, Water, Flours (**Wheat**, Corn), Starches (1422, 1420, **Wheat**, Corn), Mineral Salts (450, 500, 327, 341, 451), Spices (Pepper, Celery), Dextrose, Salt, Vegetable Oils (Canola, Sunflower).

BIG MAC BUN: **Wheat** Flour, Water, Sugar, Canola Oil, **Wheat Gluten**, **Sesame Seeds**, Potato Starch, Glaze, Iodised Salt, Yeast, Improver (**Wheat** Flour, Malted **Wheat** Flour, Antioxidant (300), Enzymes (Contain **Wheat**)), Preservative (262), Emulsifiers (472e, 471), Natural Flavour.

BIG MAC SAUCE: Soybean Oil (Antioxidant (330)), Water, Relish (Pickles, Sugar, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Thickener (415), Preservative (202), Spice Extract, Emulsifier (433)), Mustard (Water, Vinegar, Mustard Seed, Salt, Sugar, Colours (100, 150d), Spice), Salted **Egg** Yolks, (**Egg** Yolks, Salt), Distilled Vinegar, Onion, Thickener (1442, 415, 405), Spices, Sugar, Salt, Hydrolyzed Proteins (Corn, **Gluten**, **Wheat** and **Soy**), Colours (160c, 150d, 100), Preservative (211), Emulsifier (433), Garlic, Antioxidant (385).

SHREDDED LETTUCE: Iceberg Lettuce.

CHEESE SLICE: Cheese, [**Milk**, Salt, Starter Cultures, Enzyme (Rennet – Calves &/or Vegetarian)], Water, **Milk** Solids, Non Fat **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 – **Soy** Lecithin), Colours (160a).

PICKLES: Gherkins, Water, Acidity Regulator (260), Salt, Flavour, Firming Agent (509), Preservative (211).

Contains gluten, egg, milk, soy and sesame seeds.

Big Mac Bun is prepared using the same equipment as products containing milk and soy.

Chicken Big Mac Patty is cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing milk and soy.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2540	847
Energy (Cal)	608	202
Protein (g)	32.3	10.8
Fat, total (g)	28.3	9.4
Saturated Fat (g)	7.1	2.4
Carbohydrate (g)	54.2	18.1
Sugars (g)	6.8	2.3
Sodium (mg)	1340	447

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y	Y	Y	Y				Y			Y	Y	Y

Custard Pie

VANILLA FLAVOURED CUSTARD PIE: Water, **Wheat** Flour, Sugar, Modified Starch (1442, 1412), Margarine (Vegetable Oils & Fats (Palm Oil, **Soybean** Oil), Water, Emulsifiers (471, 322 - **Soy**), Salt, Natural Butter Flavour, Preservative (202), Acidity Regulator (330), Natural Colour

(160a), Antioxidant (307b)), **Milk** Powder, **Whey** Powder (**Milk**), Iodised Salt, Dextrose, Natural Flavours (**Milk**), Baking Powder (Raising Agents (450, 500), Maize Starch, Mineral Salt (170)), Vegetable Gum (466), Yellow Gardenia Extract.

Contains gluten, milk and soy.

Vanilla Flavoured Custard Pie is cooked in a McDonald's Vegetable Oil Blend and may be cooked using the same equipment as products containing egg.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1060	1250
Energy (Cal)	253	298
Protein (g)	2.7	3.2
Fat, total (g)	11.6	13.7
Saturated Fat (g)	3.4	4.0
Carbohydrate (g)	33.7	39.7
Sugars (g)	8.0	9.4
Sodium (mg)	120	141

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y		Y	Y							Y		

Tim Tam McFlurry

SUNDAE MIX: Skim **Milk**, Sugar, Cream (from **Milk**), **Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Flavour.

TIM TAM SAUCE: Sugar, Water, Chocolate (**Milk**, **Soy**) (Sugar, Cocoa Solids, **Milk** Solids, Emulsifier (322 - **Soy**), Natural Flavouring, Salt, Emulsifier (476)), **Milk** Solids (**Soy**) (Emulsifier (322 - **Soy**)), Sweetened Condensed **Milk**, Vegetable Oil, Humectant (422), Thickeners (1442, 415),

Invert Sugar, Natural Colour (150a), Cocoa Powder, Natural Flavourings, Salt, Emulsifier (322 - **Soy**), Preservative (202), Mineral Salt (339).

TIM TAM BISCUIT CRUMB: **Wheat** Flour, Sugar, Vegetable Oil, Golden Syrup, Food Colour (Caramel III), Baking Powder, Salt, Starch (**Wheat**), Emulsifier (**Soy** Lecithin), Antioxidant (E307b From **Soy**).

Contains gluten, milk and soy.

TIM TAM BISCUIT CRUMB is produced in the same facility as products containing milk and egg.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1390	788
Energy (Cal)	333	188
Protein (g)	7.3	4.1
Fat, total (g)	9.6	5.4
Saturated Fat (g)	6.3	3.6
Carbohydrate (g)	53.3	30.1
Sugars (g)	40.9	23.1
Sodium (mg)	150	85

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y	T	Y	Y							Y		

Caramel McDip Super Sundae

SUNDAE MIX: Skim **Milk**, Sugar, **Cream, Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Flavour.

CARAMEL FLAVOURED COATING: Coconut Oil, Sugar, **Milk** Powder, Whey Powder (**Milk**), Emulsifier (322 - **Soy**), Cocoa Powder, Natural Flavour, Colour (Sunflower Oil, Annatto (160b), Curcumin (100)), Salt.

CARAMEL TOPPING: Glucose Corn Syrup, Whole Sweetened Condensed **Milk (Milk, Milk** Powder, Sugar, Lactose), High Fructose Corn Syrup, Shortening (Palm Oil, Antioxidant (307)), Water, Sugar, Thickeners (401, 440), Salt, Stabiliser (339), Flavouring.

Contains milk and soy.

SUNDAE MIX may contain TRACES of sulphites.

CARAMEL FLAVOURED COATING is produced in the same facility as products containing gluten, egg, peanuts and tree nuts.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2290	960
Energy (Cal)	548	229
Protein (g)	8.7	3.6
Fat, total (g)	17.3	7.3
Saturated Fat (g)	13.5	5.6
Carbohydrate (g)	87.7	36.7
Sugars (g)	67.9	28.4
Sodium (mg)	159	67

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T	T	Y	Y		T	T		T			Y	Y

Choc McDip Super Sundae

SUNDAE MIX: Skim **Milk**, Sugar, **Cream, Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Flavour.

CHOCOLATE FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier 322 - **Soy**), Whole Sweetened Condensed **Milk (Milk, Milk** Powder, Sugar, Lactose), Cocoa Powder, Whole **Milk** Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).

CHOC TOP COATING: Vegetable Fat, Sugar, Cocoa Powder, Whey Powder (**Milk**), Emulsifiers (**Soy**, 476), Flavours, Salt.

Contains milk and soy.

SUNDAE MIX may contain TRACES of sulphites

CHOC TOP COATING is produced in the same facility as products containing gluten and tree nuts.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2420	1020
Energy (Cal)	579	244
Protein (g)	8.0	3.8
Fat, total (g)	24.9	10.5
Saturated Fat (g)	20.8	8.8
Carbohydrate (g)	79.0	33.3
Sugars (g)	64.1	27.1
Sodium (mg)	161	68

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		Y	Y			T		T		Y	Y	

Frozen Coke® Your Way - MFV

FROZEN COKE® YOUR WAY:

BLUEBERRY: Carbonated Water, Sugar, Colour (150d, 104, 133), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

GRAPE: Carbonated Water, Sugar, Colour (150d, 104, 122, 133), Food Acids (330, 338), Flavours, Preservative (211),

LIME: Carbonated Water, Sugar, Colour (150d, 104, 133), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

MANGO: Carbonated Water, Sugar, Colour (150d, 104, 110, 122), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

RASPBERRY: Carbonated Water, Sugar, Colour (150d, 104, 122), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

PINEAPPLE: Carbonated Water, Sugar, Colour (150d, 104, 110), Food Acids (330, 338), Flavours, Preservative (211), Caffeine. (104,110).

VANILLA: Carbonated Water, Sugar, Colour (150d, 104), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

Contains caffeine.

All FROZEN COKE® YOUR WAY flavours have the same nutritional content.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	411 kJ	117 kJ	575 kJ	117 kJ	774 kJ	117 kJ
Energy (Cal)	98 Cal	28 Cal	137 Cal	28 Cal	185 Cal	28 Cal
Protein (g)	0	0	0	0	0	0
Fat, total (g)	0	0	0	0	0	0
Saturated Fat (g)	0	0	0	0	0	0
Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9
Sugars (g)	24.2	6.9	33.8	6.9	45.5	6.9
Sodium (mg)	7	2	10	2	14	2

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
										Y	Y	Y