

If this document has been printed, please visit <https://mcdonalds.co.nz/maccas-food/nutrition> for most current information.



McDonald's New Zealand Desserts Menu Allergen - Ingredients - Nutrition Information

Information is correct as at November 2024.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

The nutrition information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically. We recommend you check this information on our website to ensure it is the most current.

Food Sensitivities and Preferences

Please refer to our Allergen Information for specific allergen details. This information is available on our website www.mcdonalds.co.nz

Select items sold in McCafe are sold as gluten free. They are produced under allergen control conditions and are specifically handled to prevent cross contamination. No other food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of items in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have no Halal certified restaurants and no ingredients or menu items are certified Halal.

Ingredient Information

Please refer to our Ingredient Information for our standard or core menu items. This information is available on our website www.mcdonalds.co.nz

If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

Our allergen labelling complies with Australia New Zealand Food Standards Code – Standard 1.2.3 (Registered 09 March 2021)

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Allergen Summary: As we operate working kitchens please be aware that there is always a risk that allergen containing ingredients may be transferred during storage or preparation of food in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food item sold is free from cross contact of allergens.

	Gluten	Wheat	Egg	Milk	Soy	Sesame	Peanut	Tree nut								Fish	Crustacea	Molluscs	Sulphites	Lupin	Added Preservative	Artificial Colour	Artificial Flavour
								Almond	Brazil Nut	Cashew	Hazelnut	Macadamia	Pecan	Pine Nut	Pistachio								
DESSERTS																							
Apple Pie	P	P			P															P		P	
M&M's MINIS® McFlurry®				P	P			M	M	M	M	M	M	M	M	M					P	P	
M&M's MINIS® Chocolate McFlurry®			P	P	P			M	M	M	M	M	M	M	M						P	P	
Oreo® Cookie McFlurry®	P	P		P	P		M															P	
Oreo® Cookie Chocolate McFlurry®	P	P		P	P		M															P	
Soft Serve Cone	P	P		P	P		M																
Chocolate Soft Serve Cone	P	P		P	P		M																
Soft Serve Cone with Flake®	P	P		P	P		M	M		M												P	
Chocolate Soft Serve Cone with Flake®	P	P		P	P		M	M		M												P	
Flake®	M	M		P	P		M	M		M												P	
Choc McDip®	P	P		P	P					M												P	
Choc McDip® Chocolate	P	P		P	P					M												P	
Plain Sundae				P																			
Plain Chocolate Sundae				P																			
Caramel Sundae				P																		P	
Caramel Chocolate Sundae				P																		P	
Hot Fudge Sundae				P	P															P		P	
Hot Fudge Chocolate Sundae				P	P															P		P	
Strawberry Sundae				P													P			P		P	
Strawberry Chocolate Sundae				P													P			P		P	
Choc Top Super Sundae				P						M										P		P	
Choc Top Chocolate Super Sundae				P						M										P		P	

Chart key:
P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.
M: Ingredient may be present

DESSERTS		
Apple Pie		
APPLE PIE: Apple, (Preservatives (Ascorbic Acid (300), Sodium Dioxide (220), Citric Acid (330)), Water, Wheat Flour, Sugar, Margarine ((Palm Oil , Water, Salt, Emulsifier (471, 322 (Soybean)), Acidity Regulator (500), Antioxidant (307b) (Soybean), Acid (330), Colour (160a)), Modified Corn Starch (1422, 1442), Dough Conditioner (Wheat Flour, Emulsifier (472e (Soybean), 471), Mineral Salt (500), Sodium Metabisulphite (223)), Thickener (466, 410), Salt, Dextrose Monohydrate, Cinnamon, Citric Acid (330), Flavour (Water, Humectant (1520), Natural and Artificial Flavour, Sugar, Vegetable Gum (415, 405), Colour (100, 150a, b, c or d), Emulsifier (433)), Trisodium Citrate (331), Nutmeg, Vegetable Gum (410), Lemon Juice, Colour (160b,100).		
Contains: Gluten, Wheat, Soy.		
Apple Pie		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	733	881
Energy (Cal)	175	210
Protein (g)	2.3	2.7
Fat, total (g)	5.4	6.5
Saturated Fat (g)	3.2	3.8
Carbohydrate (g)	27.6	33.2
Sugars (g)	11.6	14.0
Sodium (mg)	376	452
M&M's MINIS® McFlurry®		
SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour. OR: Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose. M&M's® MINIS: Milk Chocolate [Sugar, Milk Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Cornstarch, Glucose Syrup, Vegetable Gum (414), Thickener (1400), Glazing Agent (903, Vegetable Oil), Emulsifier (Soy Lecithin), Salt, Flavour], Cornstarch, Glucose Syrup, Sugar, Colours (110, 170, 102, 129, 133).		
Contains: Milk, Soy.		
M&M's MINIS® are produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut).		
M&M's MINIS® McFlurry®		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1540	857
Energy (Cal)	369	205
Protein (g)	7.1	3.9
Fat, total (g)	11.8	6.6
Saturated Fat (g)	7.7	4.3
Carbohydrate (g)	57.1	31.7
Sugars (g)	51.2	28.4
Sodium (mg)	318	176
M&M's MINIS® Chocolate McFlurry®		
CHOCOLATE SUNDAE MIX: Reconstituted Skim Milk (Milk), Sugar, Cream (Milk), Cocoa Powder, Glucose Syrup, Natural Flavours (Milk), Emulsifier (471), Vegetable Gums (412, 407, 466), Natural Colours (160b, 120, 141), Salt. M&M's® MINIS: Milk Chocolate [Sugar, Milk Solids, Cocoa Mass, Cocoa Butter, Vegetable Fat, Cornstarch, Glucose Syrup, Vegetable Gum (414), Thickener (1400), Glazing Agent (903, Vegetable Oil), Emulsifier (Soy Lecithin), Salt, Flavour], Cornstarch, Glucose Syrup, Sugar, Colours (110, 170, 102, 129, 133).		
Contains: Milk, Soy.		
M&M's MINIS® are produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almond, Brazil Nut, Cashew, Hazelnut, Macadamia, Pecan, Pine Nut, Pistachio, Walnut).		
M&M's MINIS® Chocolate McFlurry®		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1500	836
Energy (Cal)	360	200
Protein (g)	7.9	4.4
Fat, total (g)	11.7	6.5
Saturated Fat (g)	7.6	4.2
Carbohydrate (g)	54.2	30.1
Sugars (g)	50.3	27.9
Sodium (mg)	79	44
OREO® Cookie McFlurry®		
SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour. OR: Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose. OREO COOKIE PIECES: Wheat Flour, Sugar, Vegetable Oil (Contains Antioxidants (304, 307b, 319)), Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (322- Soy Lecithin), Flavour. OR: Wheat Flour (Thiamine, Mononitrate, Riboflavin, Folic Acid, Zinc Oxide, Ferrous Fumarate), Sugar, Vegetable Oil (Contains Antioxidant (319)), Cocoa Powder, Fructose Syrup, Cornstarch, Non-Iodised Salt, Raising Agents (500, 503), Emulsifier (322- Soy Lecithin), Flavour.		
Contains: Gluten, Wheat, Milk, Soy.		
OREO COOKIE PIECES are made in the same equipment as products containing Milk, Peanuts.		
OREO® Cookie McFlurry®		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1700	917
Energy (Cal)	405	219
Protein (g)	7.5	4.0
Fat, total (g)	14.0	7.6
Saturated Fat (g)	7.9	4.2
Carbohydrate (g)	61.5	33.2
Sugars (g)	44.6	24.1
Sodium (mg)	513	278
OREO® Cookie Chocolate McFlurry®		
CHOCOLATE SUNDAE MIX: Reconstituted Skim Milk (Milk), Sugar, Cream (Milk), Cocoa Powder, Glucose Syrup, Natural Flavours (Milk), Emulsifier (471), Vegetable Gums (412, 407, 466), Natural Colours (160b, 120, 141), Salt. OREO COOKIE PIECES: Wheat Flour, Sugar, Vegetable Oil (Contains Antioxidants (304, 307b, 319)), Cocoa Powder, Glucose Syrup, Salt, Raising Agents (500, 503), Emulsifier (322- Soy Lecithin), Flavour. OR: Wheat Flour (Thiamine, Mononitrate, Riboflavin, Folic Acid, Zinc Oxide, Ferrous Fumarate), Sugar, Vegetable Oil (Contains Antioxidant (319)), Cocoa Powder, Fructose Syrup, Cornstarch, Non-Iodised Salt, Raising Agents (500, 503), Emulsifier (322- Soy Lecithin), Flavour.		
Contains: Gluten, Wheat, Milk, Soy.		
OREO COOKIE PIECES are made in the same equipment as products containing Milk, Peanuts.		
OREO® Cookie Chocolate McFlurry®		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1660	895
Energy (Cal)	396	214
Protein (g)	8.3	4.5
Fat, total (g)	13.8	7.5
Saturated Fat (g)	7.8	4.2
Carbohydrate (g)	58.6	31.7
Sugars (g)	43.7	23.6
Sodium (mg)	273	148
Soft Serve Cone		
SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Like Flavour. OR Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose. CONE: Wheat Flour, Canola Oil, Water, Emulsifier (Soy Lecithin, 322), Salt, Raising Agent (Sodium Bicarbonate), Natural Colour (160b).		
Contains: Gluten, Wheat, Milk, Soy.		
Soft Serve Cone		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	587	659
Energy (Cal)	140	158
Protein (g)	3.7	4.2
Fat, total (g)	3.7	4.2
Saturated Fat (g)	2.4	2.7
Carbohydrate (g)	22.4	25.2
Sugars (g)	16.9	19.0
Sodium (mg)	182	205

Chocolate Soft Serve Cone

CHOCOLATE SUNDAE MIX: Reconstituted Skim **Milk (Milk)**, Sugar, Cream (**Milk**), Cocoa Powder, Glucose Syrup, Natural Flavours (**Milk**), Emulsifier (471), Vegetable Gums (412, 407, 466), Natural Colours (160b, 120, 141), Salt.
 CONE: **Wheat** Flour, Canola Oil, Water, Emulsifier (**Soy** Lecithin, 322), Salt, Raising Agent (Sodium Bicarbonate), Natural Colour (160b).

Contains: Gluten, Wheat, Milk, Soy.

Chocolate Soft Serve Cone		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	564	633
Energy (Cal)	135	151
Protein (g)	4.2	4.7
Fat, total (g)	3.6	4.1
Saturated Fat (g)	2.4	2.7
Carbohydrate (g)	20.7	23.3
Sugars (g)	16.3	18.3
Sodium (mg)	42	47

Soft Serve Cone with Flake®

SUNDAE MIX: Skim **Milk**, Sugar, Cream (**Milk**), **Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Like Flavour.
 OR Reconstituted Skim **Milk**, Sugar, Cream (**Milk**), Maltodextrin, Glucose, Natural Flavours (**Milk**), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.
 CADBURY FLAKE®: Full Cream **Milk**, Sugar, Cocoa Butter, Cocoa Mass, **Milk** Solids, Emulsifiers (**Soy** Lecithin, 476), Flavours.
 CONE: **Wheat** Flour, Canola Oil, Water, Emulsifier (**Soy** Lecithin, 322), Salt, Raising Agent (Sodium Bicarbonate), Natural Colour (160b).

Contains: Gluten, Wheat, Milk, Soy.

CADBURY® FLAKE® is produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).

Soft Serve Cone with Flake®		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	773	792
Energy (Cal)	185	189
Protein (g)	4.4	4.5
Fat, total (g)	6.2	6.4
Saturated Fat (g)	3.9	4.0
Carbohydrate (g)	27.4	28.1
Sugars (g)	21.7	22.3
Sodium (mg)	190	194

Chocolate Soft Serve Cone with Flake®

CHOCOLATE SUNDAE MIX: Reconstituted Skim **Milk (Milk)**, Sugar, Cream (**Milk**), Cocoa Powder, Glucose Syrup, Natural Flavours (**Milk**), Emulsifier (471), Vegetable Gums (412, 407, 466), Natural Colours (160b, 120, 141), Salt.
 CADBURY FLAKE®: Full Cream **Milk**, Sugar, Cocoa Butter, Cocoa Mass, **Milk** Solids, Emulsifiers (**Soy** Lecithin, 476), Flavours.
 CONE: **Wheat** Flour, Canola Oil, Water, Emulsifier (**Soy** Lecithin, 322), Salt, Raising Agent (Sodium Bicarbonate), Natural Colour (160b).

Contains: Gluten, Wheat, Milk, Soy.

CADBURY® FLAKE® is produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).

Chocolate Soft Serve Cone with Flake®		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	750	769
Energy (Cal)	179	184
Protein (g)	4.8	4.9
Fat, total (g)	6.1	6.2
Saturated Fat (g)	3.9	4.0
Carbohydrate (g)	25.7	26.4
Sugars (g)	21.2	21.7
Sodium (mg)	49	50

Flake®

CADBURY FLAKE®: Full Cream **Milk**, Sugar, Cocoa Butter, Cocoa Mass, **Milk** Solids, Emulsifiers (**Soy** Lecithin, 476), Flavours.

Contains: Milk, Soy.

CADBURY® FLAKE® is produced in the same facility as products containing Gluten, Wheat, Peanuts, Tree Nuts (Almonds, Hazelnuts).

Flake®		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	186	2190
Energy (Cal)	44	523
Protein (g)	0.6	7.5
Fat, total (g)	2.4	28.8
Saturated Fat (g)	1.5	17.6
Carbohydrate (g)	5.0	58.6
Sugars (g)	4.9	57.2
Sodium (mg)	7	85

DESSERTS

Choc McDip®

SUNDAE MIX: Skim **Milk**, Sugar, Cream (**Milk**), **Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.
 OR:
 Reconstituted Skim **Milk**, Sugar, Cream (**Milk**), Maltodextrin, Glucose, Natural Flavours (**Milk**), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.
 WAFFLE CONE: **Wheat** Flour, Raw Cane Sugar, Wheaten Cornflour (**Wheat**), Water, Vegetable Oil (Coconut), Emulsifier (**Soy** Lecithin), **Oat** Fibre (**Gluten**), Salt.
 CHOC TOP TOPPING: Vegetable Fat (Coconut Oil, Palm Oil), Sugar, Cocoa Powder, Whey Powder (**Milk**), Emulsifiers (**Soy** Lecithin (322), Polyglycerol Polyricinoleate (476)), Salt, Flavours.

Contains: Gluten, Wheat, Milk, Soy.

CHOC TOP TOPPING is produced in the same facility as products containing Gluten and made in the same equipment as products containing Tree Nuts (Hazelnut).

Choc McDip®		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1150	906
Energy (Cal)	275	217
Protein (g)	5.1	4.0
Fat, total (g)	9.9	7.8
Saturated Fat (g)	7.7	6.0
Carbohydrate (g)	40.5	31.9
Sugars (g)	28.3	22.3
Sodium (mg)	239	188

Choc McDip® Chocolate

CHOCOLATE SUNDAE MIX: Reconstituted Skim **Milk (Milk)**, Sugar, Cream (**Milk**), Cocoa Powder, Glucose Syrup, Natural Flavours (**Milk**), Emulsifier (471), Vegetable Gums (412, 407, 466), Natural Colours (160b, 120, 141), Salt.
 WAFFLE CONE: **Wheat** Flour, Raw Cane Sugar, Wheaten Cornflour (**Wheat**), Water, Vegetable Oil (Coconut), Emulsifier (**Soy** Lecithin), **Oat** Fibre (**Gluten**), Salt.
 CHOC TOP TOPPING: Vegetable Fat (Coconut Oil, Palm Oil), Sugar, Cocoa Powder, Whey Powder (**Milk**), Emulsifiers (**Soy** Lecithin (322), Polyglycerol Polyricinoleate (476)), Salt, Flavours.

Contains: Gluten, Wheat, Milk, Soy.

CHOC TOP TOPPING is produced in the same facility as products containing Gluten and made in the same equipment as products containing Tree Nuts (Hazelnut).

Choc McDip® Chocolate		
	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1120	884
Energy (Cal)	268	211
Protein (g)	5.7	4.5
Fat, total (g)	9.7	7.7
Saturated Fat (g)	7.6	6.0
Carbohydrate (g)	38.5	30.3
Sugars (g)	27.7	21.8
Sodium (mg)	72	57

Plain Sundae	Small		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.	828	613	1030	613
OR: Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.	198	147	246	147
Contains: Milk.	5.2	3.9	6.5	3.9
	5.6	4.1	6.9	4.1
	3.8	2.9	4.8	2.9
	31.1	23.0	38.6	23.0
	26.7	19.8	33.2	19.8
	279	207	347	207

Plain Chocolate Sundae	Small		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
CHOCOLATE SUNDAE MIX: Reconstituted Skim Milk (Milk), Sugar, Cream (Milk), Cocoa Powder, Glucose Syrup, Natural Flavours (Milk), Emulsifier (471), Vegetable Gums (412, 407, 466), Natural Colours (160b, 120, 141), Salt.	791	586	965	586
Contains: Milk.	189	140	235	140
	5.9	4.4	7.4	4.4
	5.4	4.0	6.7	4.0
	3.8	2.8	4.7	2.8
	28.4	21.0	35.3	21.0
	25.8	19.1	32.1	19.1
	55	41	69	41

Caramel Sundae	Small		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.	1370	783	2110	853
OR: Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.	326	187	503	204
CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed Milk (Milk , Sugar, Milk Solids), Invert Sugar Syrup, Water, Butter (Milk), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.	6.2	3.6	8.5	3.5
Contains: Milk.	7.5	4.3	10.9	4.4
	5.2	3.0	7.5	3.0
	57.3	32.8	91.1	36.9
	48.1	27.6	76.0	30.8
	359	206	507	205

Caramel Chocolate Sundae	Small		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
CHOCOLATE SUNDAE MIX: Reconstituted Skim Milk (Milk), Sugar, Cream (Milk), Cocoa Powder, Glucose Syrup, Natural Flavours (Milk), Emulsifier (471), Vegetable Gums (412, 407, 466), Natural Colours (160b, 120, 141), Salt.	1330	762	2060	834
CARAMEL TOPPING: Glucose Syrup, Whole Sweetened Condensed Milk (Milk , Sugar, Milk Solids), Invert Sugar Syrup, Water, Butter (Milk), Sugar, Emulsifiers (339, 322), Salt, Thickener (440), Natural Flavour.	318	182	492	199
Contains: Milk.	7.0	4.0	9.4	3.8
	7.4	4.2	10.7	4.3
	5.1	2.9	7.4	3.0
	54.6	31.3	87.7	35.5
	47.2	27.1	75.0	30.4
	135	78	229	93

Hot Fudge Sundae	Small		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.	1440	835	2240	920
OR: Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.	345	200	536	220
CHOCOLATE FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy)), Whole Sweetened Condensed Milk (Milk , Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).	6.1	3.5	8.7	3.6
Contains: Milk, Soy.	8.6	4.9	12.8	5.2
	6.4	3.7	9.8	4.0
	59.8	34.6	94.7	38.9
	46.8	27.0	74.2	30.5
	338	196	196	80

Hot Fudge Chocolate Sundae	Small		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
CHOCOLATE SUNDAE MIX: Reconstituted Skim Milk (Milk), Sugar, Cream (Milk), Cocoa Powder, Glucose Syrup, Natural Flavours (Milk), Emulsifier (471), Vegetable Gums (412, 407, 466), Natural Colours (160b, 120, 141), Salt.	1300	752	2000	821
CHOCOLATE FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy)), Whole Sweetened Condensed Milk (Milk , Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).	311	180	479	196
Contains: Milk, Soy.	7.6	4.4	10.7	4.4
	9.4	5.5	14.8	6.1
	7.3	4.2	11.7	4.8
	47.7	27.5	73.9	30.3
	43.7	25.2	67.9	27.8
	157	91	272	111

Strawberry Sundae	Small		Large		
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	
SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.	Energy (kJ)	1130	662	1640	683
OR:	Energy (Cal)	271	158	393	163
Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.	Protein (g)	5.4	3.1	6.8	2.8
STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).	Fat, total (g)	5.6	3.3	6.9	2.9
Contains: Milk, Sulphites.	Saturated Fat (g)	3.8	2.2	4.8	2.0
	Carbohydrate (g)	48.8	28.5	74.1	30.8
	Sugars (g)	44.5	26.0	66.8	28.6
	Sodium (mg)	281	164	350	146

Strawberry Chocolate Sundae	Small		Large		
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	
CHOCOLATE SUNDAE MIX: Reconstituted Skim Milk (Milk), Sugar, Cream (Milk), Cocoa Powder, Glucose Syrup, Natural Flavours (Milk), Emulsifier (471), Vegetable Gums (412, 407, 466), Natural Colours (160b, 120, 141), Salt.	Energy (kJ)	1100	641	1600	664
OR:	Energy (Cal)	262	153	382	159
CHOCOLATE FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy)), Whole Sweetened Condensed Milk (Milk , Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).	Protein (g)	6.1	3.6	7.7	3.2
STRAWBERRY TOPPING: Strawberry, Sugar, Water, High Fructose Corn Syrup, Strawberry Juice, Thickener (E440, E410), Flavouring, Acidity Regulator (E330), Preservative (E202), Colour (E124), Stabiliser (E509).	Fat, total (g)	5.4	3.2	6.7	2.8
Contains: Milk, Sulphites.	Saturated Fat (g)	3.8	2.2	4.7	2.0
	Carbohydrate (g)	46.1	26.9	70.7	29.4
	Sugars (g)	43.6	25.5	67.7	28.2
	Sodium (mg)	57	33	72	30

Choc Top Super Sundae	Choc Top Super Sundae		
	Avg Qty / Serve	Avg Qty / 100g	
SUNDAE MIX: Skim Milk , Sugar, Cream (Milk), Milk Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Natural Flavour.	Energy (kJ)	2420	1020
OR:	Energy (Cal)	579	244
Reconstituted Skim Milk , Sugar, Cream (Milk), Maltodextrin, Glucose, Natural Flavours (Milk), Emulsifiers (471, 433), Stabilisers (412, 407, 466, 407a), Sucrose.	Protein (g)	8.4	3.6
CHOCOLATE FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy)), Whole Sweetened Condensed Milk (Milk , Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).	Fat, total (g)	24.6	10.4
CHOC TOP TOPPING: Vegetable Fat (Coconut Oil, Palm Oil), Sugar, Cocoa Powder, Whey Powder (Milk), Emulsifiers (Soy Lecithin (322), Polyglycerol Polyricinoleate (476)), Salt, Flavours.	Saturated Fat (g)	19.8	8.4
Contains: Milk, Soy.	Carbohydrate (g)	79.9	33.7
	Sugars (g)	65.4	27.6
	Sodium (mg)	422	178
CHOC TOP TOPPING is produced on the same equipment as product containing Tree Nuts (Hazelnut).			

Choc Top Chocolate Super Sundae	Choc Top Chocolate Super Sundae		
	Avg Qty / Serve	Avg Qty / 100g	
CHOCOLATE SUNDAE MIX: Reconstituted Skim Milk (Milk), Sugar, Cream (Milk), Cocoa Powder, Glucose Syrup, Natural Flavours (Milk), Emulsifier (471), Vegetable Gums (412, 407, 466), Natural Colours (160b, 120, 141), Salt.	Energy (kJ)	2270	957
OR:	Energy (Cal)	542	229
CHOCOLATE FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier (322 - Soy)), Whole Sweetened Condensed Milk (Milk , Milk Powder, Sugar, Lactose), Cocoa Powder, Whole Milk Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).	Protein (g)	10.1	4.3
CHOC TOP TOPPING: Vegetable Fat (Coconut Oil, Palm Oil), Sugar, Cocoa Powder, Whey Powder (Milk), Emulsifiers (Soy Lecithin (322), Polyglycerol Polyricinoleate (476)), Salt, Flavours.	Fat, total (g)	25.5	10.7
Contains: Milk, Soy.	Saturated Fat (g)	20.7	8.7
	Carbohydrate (g)	67.0	28.3
	Sugars (g)	62.1	26.2
	Sodium (mg)	184	78
CHOC TOP TOPPING is produced on the same equipment as product containing Tree Nuts (Hazelnut).			

If this document has been printed, please visit <https://mcdonalds.co.nz/maccas-food/nutrition> for most current information.

Change Tracker:

Date	Document Number/Revision	Document Title	Issued	Upload Date	Description
19-11-2024	18	NZ Desserts Menu_November 202	19-11-2024	20-11-2024	Chocolate Soft Serve Products
06-08-2024	17	NZ Desserts Menu_August 2024	06-08-2024	07-08-2027	Updated information for Caramel Topping
09-02-2024	16	NZ Desserts Menu_February 2024	20-02-2024	20-02-2024	Updated for PEAL Legislative requirements