McDonald's New Zealand Main Food Menu Food and Beverage - Allergen - Ingredients - Nutrition Information

Information correct as at January 2025

Main Menu

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either review the Limited Time Offers Nutrition and Allergen Information, ask a manager in our restaurants or contact our Customer Service Department via our website http://mcdonalds.co.nz/contactus or on 0800 539 4303.

The nutrition information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may also occur depending on the supplier, country of origin, region of the country of origin, and the season of the year. Further, product formulations may change periodically. We recommend you check the information on our website to ensure it is the most current.

Food Sensitivities and Preferences

Please refer to our Allergen Information for specific allergen details. This information is available on our website www.mcdonalds.co.nz

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of items in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have no Halal certified restaurants and no ingredients or menu items are certified Halal.

Ingredient Information

Please refer to our Ingredient Information for our standard or core menu items. This information is available on our website www.mcdonalds.co.nz

If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at http://mcdonalds.co.nz/contactus or on 0800 539 4303.

Our allergen labelling complies with Australia New Zealand Food Standards Code - Standard 1.2.3 (Registered 09 March 2021)

| | | | | 1 | | | | | | | 'ree nut | | | 1 | | Restaurants are theref | 1 | | | | 1 | |
|--|--------|-------|-----|------|-----|--------|--------|--------|----------------------|-------------|-----------|------------------|-------------------|--------|------|------------------------|----------|-----------|-------|-----------------------|-------------------|-------------------|
| | Gluten | Wheat | Egg | Milk | Soy | Sesame | Peanut | Almond | Srazii Nut Cashew | la ze ln ut | Macadamia | ecan Pine Nut | Pistach io | Valnut | Fish | Crustacea | Molluscs | Sulphites | Lupin | Added Preservative | Artificial Colour | Artificial Flavou |
| BEEF | | | | 1 | 1 | | 1 | | | | | | | | | | | | 1 | 1 | | 1 |
| Big Mac [®] and Double Big Mac [®] | P | P | Р | Р | Р | Р | | | | | | | | | | | | | | P | Р | |
| Quarter Pounder® and Double Quarter Pounder® | Р | Р | м | Р | Р | Р | | | | | | | | | | | | | | Р | | |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger | Р | Р | м | Р | Р | Р | | | | | | | | | | | | | | Р | | |
| Hamburger | Р | Р | M | M | Р | Р | | | | | | | | | | | | | | Р | | |
| Deluxe Cheeseburger | Р | Р | Р | Р | Р | Р | | | | | | | | | | | | | | Р | | |
| Texan BBQ Bacon Burger | Р | Р | Р | Р | Р | Р | | | | | | | | | Р | | | м | | Р | | |
| Serious Angus® | Ρ | Р | Р | Р | Р | Р | | | | | | | | | | | | M | | Р | | |
| The Boss® | Ρ | Р | Р | Р | Р | Р | | | | | | | | | | | | | | Р | | |
| CHICKEN AND FISH | | | | | | | • | | | | | | | | | | | | • | | | • |
| Chicken McNuggets® | Р | Р | M | M | м | | | | | | | | | | | | | | | | | |
| Chicken McBites | P | Р | M | Р | M | | | | | | | | | | | | | | | | | |
| McChicken® and Double McChicken® | Р | Р | Р | м | Р | Р | | | | | | | | | | | | | | Р | | |
| Crispy Chicken Bacon Deluxe | Р | Р | P | Р | P | Р | | | | | | | | | | | | | | P | Р | Р |
| Grilled Chicken Bacon Deluxe | Р | Р | Р | Р | Р | Р | | | | | | | | | | | | | | Р | Р | Р |
| Crispy Chicken Almighty | Р | Р | Р | Р | Р | Р | | | | | | | | | Р | | | | | Р | Р | Р |
| Grilled Chicken Almighty | P | Р | Р | Р | Р | Р | | | | | | | | | Р | | | | | Р | Р | Р |
| Cheesy Chicken Burger | P | Р | Р | Р | Р | Р | | | | | | | | | | | | | | Р | | |
| McSpicy Burger | P | Р | Р | Р | | Р | | | | | | | | | | | | | | Р | | |
| Filet-o-Fish® and Double Filet-o-Fish® | Р | Р | Р | Р | Р | Р | | | | | | | | | Р | | | | | Р | | |
| SALAD | | | | | | | | | | I I | | | | 1 | | | | | | | | |
| Salad Burger | Р | Р | Р | Р | Р | Р | | | | | | | | | | | | | | Р | | |
| WRAPS | | | | | | | | | | | | | | | | | | | | | | |
| Wholemeal Crispy Chicken Snack | Р | Р | Р | м | Р | м | | | | | | | | | | | | | | Р | | |
| Wrap® | • | | | | - | | | | | | | | | | | | | | | | | |
| Wholemeal Grilled Chicken Snack Wrap® | Р | Р | Р | м | Р | м | | | | | | | | | | | | | | Р | | |
| Crispy Chicken Aioli McWrap® | Р | Р | Р | Р | Р | м | | | | | | | | | | | | | | P | | Р |
| Grilled Chicken Aioli McWrap® | Р | Р | Р | Р | Р | м | | | | | | | | | | | | | | Р | | Р |
| FRIES | | | | | | | | | | | | | | | | | | | | | | |
| Fries | м | м | M | м | M | | | | | | | | | | | | | | | | | |
| FRUIT AND SALADS | | | | | | | · | | | | | | | | | · | | | · | | | · |
| Apple Slices | | | | | | | | | | | | | | | | | | | | | | |
| Garden Salad | | | | | | | | | | | | | | | | | | | | | | |
| CONDIMENTS | | | | | | | | | | · · · · · | | | | | | | | | | | | |
| Balsamic Salad Dressing | | | | | Р | | | | | | | | | | | | | Р | | Р | Р | |
| Barbeque Dipping Sauce | Р | Р | | | P | 1 | | | | | | | | | | 1 | 1 | | | P | 1 | |
| Sweet and Sour Dipping Sauce | P | P | | | P | 1 | | | | | | | | | | 1 | 1 | | | P | 1 | |
| Aioli Dipping Sauce | - | - | Р | P | | - | | | | | | | | 1 | | - | 1 | | 1 | P | 1 | |

Chart key:

P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid.

M: Ingredient may be present

| | | | | | | | | | | | Tree n | nut | | | | | | | | | | | |
|---|--------|-------|-----|------|-----|--------|--------|--------|------------|--------------------|-----------|-------|----------|------------|--------|------|-----------|----------|-----------|-------|-----------------------|-------------------|-------------------|
| | Gluten | Wheat | Egg | Milk | Soy | Sesame | Peanut | Almond | Brazil Nut | Cashew Hazelnut | Macadamia | becan | Pine Nut | oistach io | Valnut | Fish | Crustacea | Molluscs | Sulphites | Lupin | Added Preservative | Artificial Colour | Artificial Flavou |
| BREAKFAST | | | | 1 | | | | 1 - 1 | | | | | | | | | | 1 | | | | | |
| Bacon & Egg McMuffin® | Р | Р | Р | Р | Р | Μ | | | | | | | | | | | | | | | Р | | |
| Sausage and Egg McMuffin® | Р | Р | Р | Р | Р | м | | | | | | | | | | | | | | | Р | | |
| Sausage McMuffin® | Р | Р | Μ | Р | Р | Μ | | | | | | | | | | | | | | | Р | | |
| Chicken McMuffin® | Р | Р | Р | Р | Р | м | | | | | | | | | | | | | | | Р | | |
| Chicken & Bacon McMuffin® | P | Р | Р | Р | Р | м | | | | | | | | | | | | | | | P | | |
| Big Brekkie Beef Burger | Р | Р | Р | Р | Р | Р | | | | | | | | | | P | | | | | Р | Р | Р |
| Massive McMuffin® | Р | Р | Р | Р | Р | Μ | | | | | | | | | | | | | | | Р | | Р |
| Hotcakes with Whipped Butter and Hotcake Syrup | Р | Р | Р | Р | | | | | | | | | | | | | | | | | Р | Р | Р |
| Hash Brown | Μ | м | M | M | M | | | | | | | | | | | | | | | | | | |
| BLT Bagel® | Р | Р | Р | M | Р | Μ | | | | | | | | | | | | | | | Р | | |
| NYC Benedict Bagel® | Р | Р | Р | Р | Р | м | | | | İ | 1 | 1 | | | | | | | | | Р | | |

Chart key: P: Ingredient is PRESENT in the product as an ingredient, food additive or processing aid. M: Ingredient may be present

| BEEF | | | | | | | |
|--|---|---|---|--|--|---|---|
| Big Mac® and Double Big Mac® | | | | Big | Mac® | Double E | Sig Mac® |
| BIG MAC BUN: Wheat Flour Utilities Dig Mac - BIG MAC BUN: BIG MA | Starch) Improvor (Who | at Flour Wheat | | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| and may bolk wheet not (Vtalmin (Vtalmi | | at Flour, wheat | Energy (kJ) | 2420 | 1060 | 3290 | 1080 |
| BEEF: Beef. | | | Energy (Cal) | 578 | 253 | 786 | 259 |
| BIG MAC SAUCE: Vegetable Oil [Antioxidant (307b)], Sweet Relish [Diced Gherkin, Glucose-fructose Syrup, Sugar, Water, Vinegar, Corn Syrup, Acetic Acid (260), Salt, Thickener (415), Flavouring, Preservative (202), Calcium Chloride (509)], Water, Mu | ustard [Water, Vinegar, I | Mustard Seed, | Protein (g) | 28.0 31.1 | 12.2 | 43.8 46.2 | 14.4 15.2 |
| Salt, Sugar, Turmeric, Spices], Vinegar, Sugar, Fugg Yolk, Salt, Thickeners (1442, 415), Dehydrated Vegetables, Spices, Preservative (202), Emulsifiers (433, 435), Flavouring, Colour (160c), Antioxidant (385). | | | Fat, total (g) Saturated Fat (g) | 10.9 | 4.8 | 46.2 | 5.9 |
| LETTUCE: Iceberg Lettuce. CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). | | | Carbohydrate (g) | 43.7 | 19.1 | 45.5 | 15.0 |
| One cost, mins, soil a could be control to the control of the cont | | | Sugars (g) | 7.7 | 3.4 | 8.1 | 2.7 |
| ONION: Water, Dehydrated White Onions. | | | Sodium (mg) | 1180 | 516 | 1530 | 503 |
| BEEF PATTY SEASONING: Salt, Pepper and Sunflower Oil. | | | | | | | |
| Contains: Gluten, Wheat, Milk, Soy, Egg, Sesame. | | | | | | | |
| BIG MAC BUNS are produced on equipment that also produces products containing Soy, Milk. | | | | | | | |
| BEEF PATTIES and ONION may be cooked on the same grill as Egg or products containing Gluten, Wheat, Milk, Soy. | | | | | | | |
| Quarter Pounder® and Double Quarter Pounder® | | | | Ouarter | Pounder® | Double Ouar | ter Pounder® |
| BEEF: Beef. | | | | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| UELE: isee: [OUARTER BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Sesame Seeds, Yeast (Yeast, Water, Thickener (415)), Iodised Sait, Improver (Wheat Fl | lour. Wheat Malt Flour A | ntioxidant (300) | Energy (kJ) | 2280 | AVg Qty / 100g 1120 | Avg Qty / Serve 3530 | 1170 Avg Qty / 100g |
| Enzymes (Contains Wheel), Preservative (22), Natural Flavour, Thickner (412), Wheel Gluten, Envision (472), 471), Inactive Dry Yeast, | iour, militat materiour, n | ancioxidanie (000), | Energy (Cal) | 546 | 267 | 843 | 280 |
| CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). | | | Protein (g) | 32.4 | 15.8 | 55.2 | 18.3 |
| KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Corn Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean Oil). | | | Fat, total (g) Saturated Fat (g) | 29.6 14.5 | 14.5 7.1 | 52.2 25.6 | 17.3 8.5 |
| PICKLES: Gherkins, Water, Acidity Regulator (260), Salt, Flavour, Firming Agent (509), Preservative (211). | | | Carbohydrate (g) | 36.2 | 17.7 | 37.2 | 12.4 |
| ONION: Onions. | | | Sugars (g) | 8.1 | 3.9 | 8.6 | 2.9 |
| MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. BEEF PATTY SEASONING: Salt, Pepper and Sunflower Oil. | | | Sodium (mg) | 1050 | 512 | 1450 | 481 |
| | | | | | | | |
| BEEF PATTY may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. Cheeseburger, Double Cheeseburger and Triple Cheeseburger | | | seburger | | neeseburger | Triple Che | • |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat | 5 (1) | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oli, Wheat Gluten, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. | Energy (kJ) | Avg Qty / Serve 1280 | Avg Qty / 100g 1100 | Avg Qty / Serve 1920 | Avg Qty / 100g 1120 | Avg Qty / Serve 2570 | Avg Qty / 100g 1150 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oll, Wheat Gluten, Yeast, Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Beef. | Energy (kJ) Energy (Cal) Protein (g) | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast, Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Beef. CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). | Energy (Cal) Protein (g) Fat, total (g) | Avg Qty / Serve 1280 306 16.3 13.9 | Avg Qty / 100g 1100 262 13.9 11.8 | Avg Qty / Serve 1920 460 27.0 25.4 | Avg Qty / 100g 1120 267 15.6 14.7 | Avg Qty / Serve 2570 613 37.6 36.9 | Avg Qty / 100g 1150 274 16.8 16.5 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oll, Wheat Gluten, Yeast, Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Beef. | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) | Avg Qty / Serve 1280 306 16.3 13.9 6.6 | Avg Qty / 100g 1100 262 13.9 11.8 5.6 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 | Avg Qty / 100g 1120 267 15.6 14.7 7.4 | Avg Qty / Serve 2570 613 37.6 36.9 19.0 | Avg Qty / 100g 1150 274 16.8 16.5 8.5 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Bef. CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Com Syrup, Com Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean Oil). PICKLES: Otherkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Dehydrated White Onions. | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) | Avg Qty / Serve 1280 306 16.3 13.9 6.6 28.0 | Avg Qty / 100g 1100 262 13.9 11.8 5.6 23.9 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 | Avg Qty / 100g 1120 267 15.6 14.7 7.4 17.1 | Avg Qty / Serve 2570 613 37.6 36.9 19.0 31.0 | Avg Qty / 100g 1150 274 16.8 16.5 8.5 13.8 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oli, Wheat Gluten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Beef: CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructuse Com Strup, Domy, Distilled Vinegar, Salt, Natural Flavour (Soybean Oli). PICKLES: Gherkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Dehydrated White Onions. MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) | Avg Qty / Serve 1280 306 16.3 13.9 6.6 | Avg Qty / 100g 1100 262 13.9 11.8 5.6 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 | Avg Qty / 100g 1120 267 15.6 14.7 7.4 | Avg Qty / Serve 2570 613 37.6 36.9 19.0 | Avg Qty / 100g 1150 274 16.8 16.5 8.5 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Bef. CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Com Syrup, Com Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean Oil). PICKLES: Otherkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Dehydrated White Onions. | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) | Avg Qty / Serve 1280 306 16.3 13.9 6.6 28.0 5.5 | Avg Qty / 100g 1100 262 13.9 11.8 5.6 23.9 4.7 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 | Avg Qty / 100g 1120 267 15.6 14.7 7.4 17.1 3.6 | Avg Qty / Serve 2570 613 37.6 36.9 19.0 31.0 3.9 | Avg Qty / 100g 1150 274 16.8 16.5 8.5 13.8 3.1 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola OII, Wheat Gluten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower OII, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, What Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Beef: CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifier (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Sey), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Com Strup, Distilled Vinegar, Salt, Natural Flavour (Soybean OII). PICKLES: Gherkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Dehydrated White Onions. MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. BEEF PATTY SEASONING: Salt, Repper and Sunflower OII. Contains: Gluten, Wheat, Milk, Soy, Sesame. | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) | Avg Qty / Serve 1280 306 16.3 13.9 6.6 28.0 5.5 | Avg Qty / 100g 1100 262 13.9 11.8 5.6 23.9 4.7 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 | Avg Qty / 100g 1120 267 15.6 14.7 7.4 17.1 3.6 | Avg Qty / Serve 2570 613 37.6 36.9 19.0 31.0 3.9 | Avg Qty / 100g 1150 274 16.8 16.5 8.5 13.8 3.1 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola OII, Wheat Gluten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Bedi CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Imulsifier (321, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean Oil). PICKLES: Gherkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. BEEF PATTY SEASONING: Salt, Pepper and Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. BUN is made on equipment that produces products containing Sesame, Soy, Milk. | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) | Avg Qty / Serve 1280 306 16.3 13.9 6.6 28.0 5.5 | Avg Qty / 100g 1100 262 13.9 11.8 5.6 23.9 4.7 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 | Avg Qty / 100g 1120 267 15.6 14.7 7.4 17.1 3.6 | Avg Qty / Serve 2570 613 37.6 36.9 19.0 31.0 3.9 | Avg Qty / 100g 1150 274 16.8 16.5 8.5 13.8 3.1 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, What Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Beef: CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifier (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Sey), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Com Strup, Distilled Vinegar, Salt, Natural Flavour (Soybean Oil). PICKLES: Gherkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Dehydrated White Onions. MUSTARD: Water Distilled Vinegar, Natural Flavouring. BEEF PATTY SEASONING: Salt, Repper and Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) | Avg Qty / Serve 1280 306 16.3 13.9 6.6 28.0 5.5 | Avg Qty / 100g 1100 262 13.9 11.8 5.6 23.9 4.7 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 | Avg Qty / 100g 1120 267 15.6 14.7 7.4 17.1 3.6 | Avg Qty / Serve 2570 613 37.6 36.9 19.0 31.0 3.9 | Avg Qty / 100g 1150 274 16.8 16.5 8.5 13.8 3.1 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gulten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Yegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Mit Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Bed. CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean Oil). PICKLES: Gherkins, Water, Acidity Regulator/260), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Dehydrated White Onions. MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. BEEF PATTY SEASONING: Salt, Pepper and Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. BUN is made on equipment that produces products containing Sesame, Soy, Milk. | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) | Avg Qty / Serve 1280 306 16.3 13.9 6.6 28.0 5.5 | Avg Qty / 100g 1100 262 13.9 11.8 5.6 23.9 4.7 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 | Avg Qty / 100g 1120 267 15.6 14.7 7.4 17.1 3.6 | Avg Qty / Serve 2570 613 37.6 36.9 19.0 31.0 3.9 | Avg Qty / 100g 1150 274 16.8 16.5 8.5 13.8 3.1 628 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Guiten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Bed. CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Corn Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean Oil). PICKLES: Gherkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Dehydrated White Onions. MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. BEEF PATTY SEASONING: Salt, Pepper and Sunflower Oil. Contains: Oluten, Wheat, Milk, Soy, Sesame. BUN is made on equipment that produces containing Sesame, Soy, Mik. BEEF PATTY may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 1280 306 16.3 16.3 13.9 6.6 28.0 5.5 691 | Avg Qty / 100g 1100 262 13.9 1.8 5.6 23.9 4.7 590 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 1060 | Avg Qty / 100g 1120 267 15.6 14.7 7.4 17.1 3.6 | Avg Qty / Serve 2870 613 37.6 38.9 19.0 31.0 3.9 1410 | Avg Qty / 100g 1150 274 16.8 16.5 8.5 13.8 3.1 628 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Bed. CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Nor Fat Milk Solids, Emulsifier (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean Oil). PICKLES: Gherkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Dehydrated White Onions. MUST Addition (Salt, Colour (100), Paprika, Natural Flavouring. BEEF PATTY SEASONING: Salt, Pepper and Sunflower Oil. Emaption (Salt, Soy, Sesame. BUN is made on equipment that produces products containing Gluten, Wheat, Milk, Soy. Batter, Yeagetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Yegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour Preservative (262), Emulsifier (472e, 47), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 1280 306 16.3 16.3 13.9 6.6 28.0 5.5 691 | Avg Qty / 100g 1100 262 13.9 1.8 5.6 23.9 4.7 590 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 1060 //heat)), | Avg Qy / 100g 1120 267 15.6 14.7 7.4 17.1 3.6 617 Energy (kJ) | Avg Qty / Serve 2570 613 37.6 38.9 19.0 31.0 3.9 1410 Hamb Avg Qty / Serve 1080 | Avg Qty / 100g 1150 1150 1150 116.8 16.8 13.8 13.8 3.1 628 Avg Qty / 100g 1050 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Beef: CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifier (323, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Sey), Colours (160a). KETCHUP: Water, Tomato Paste, High Fruccese Com Strup, Dom Syntp, Distilled Vinegar, Salt, Natural Flavour (Soybean Oil). PICKLES: Gherkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Dehydrated White Onions. MUSTARD: Water, Distilled Vinegar, Natural Flavouring. BEEF PATTY SEASONING: Salt, Pepper and Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. BUN is made on equipment that produces products containing Sesame, Soy, Milk. BEEF PATTY may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. Hamburger REGULAR BUN: Whate Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast (Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour Preservative (262), Emuls | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 1280 306 16.3 16.3 13.9 6.6 28.0 5.5 691 | Avg Qty / 100g 1100 262 13.9 1.8 5.6 23.9 4.7 590 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 1060 //heat)), | Avg Qy / 100g 1120 267 115.6 14.7 7.4 17.1 3.6 617 Energy (kJ) Energy (kJ) | Avg Qty / Serve 2570 613 37.6 38.9 18.0 3.0 3.10 3.10 1410 Hamb Avg Qty / Serve 1080 257 | Avg Qty / 100g 1150 274 16.8 16.5 8.5 13.8 3.1 628 burger Avg Qty / 100g 1050 250 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola OII, Wheat Oliten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower OII, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 477), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Bedf. CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifier (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean OII). PICKLES: (Berkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (271). ONION: Water, Dehydrated White Onions. WUSTARD: Water, Distlided Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. BEEF PATTY SEASONING: Salt, Pepper and Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. BUN is made on equipment that produces products containing Sesame, Soy, Milk. BEEF PATTY may be cooked in the same equipment as Egg or products containing Gluten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flov Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Beef. | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 1280 306 16.3 16.3 13.9 6.6 28.0 5.5 691 | Avg Qty / 100g 1100 262 13.9 1.8 5.6 23.9 4.7 590 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 1060 //heat)), | Avg Qy / 100g 1120 1120 1156 14.7 7.4 17.1 3.6 617 Energy (kJ) Energy (Cal) Protein (g) | Avg Qty / Serve 2570 613 37.6 38.9 18.0 31.0 31.0 31.0 31.0 1410 Hamb Avg Qty / Serve 1080 257 13.5 | Avg Qty / 100g 1150 1274 16.8 16.5 13.8 13.8 628 0000 0000 2000 2000 1050 250 13.1 |
| Checkseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour, (Vitamin (Folatei)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Mak Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Beef. OHESES: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean Oil). PICKLES: Gherkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. BEEF PATTY SEASONING: Salt, Pepper and Sunflower Oil. Contains: Gluten, Wheat, Milk, Soy, Sesame. BUN is made on equipment that produces products containing Gluten, Wheat, Milk, Soy. Hamburger REGULAR BUN: Wheat Flour (Vitamin (Folatei)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast (Mater, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flov Preservative (22), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes Seeds. BEEF PATTY way be cooked in the same equipment as Egg or products containing Glute | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 1280 306 16.3 16.3 13.9 6.6 28.0 5.5 691 | Avg Qty / 100g 1100 262 13.9 1.8 5.6 23.9 4.7 590 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 1060 //heat)), | Avg Qy / 100g 1120 267 115.6 14.7 7.4 17.1 3.6 617 Energy (kJ) Energy (kJ) | Avg Qty / Serve 2570 613 37.6 38.9 18.0 3.0 3.1 1410 Hamb Avg Qty / Serve 1080 257 | Avg Qty / 100g 1150 274 16.8 16.5 8.5 13.8 3.1 628 burger Avg Qty / 100g 1050 250 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola OII, Wheat Oliturn, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower OII, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Mit Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. EEF: Bed. CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifier (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean OII). PICKLES: Gherkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Dehydrated White Onions. MUSTARD: Water, Nielks, Soy, Sesame. BUH is made on equipment that produces products containing Sesame, Soy, Milk. BEEF PATTY may be cooked in the same equipment as Egg or products containing Gluten, Yeast, Milk, Soy. Hamburger REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola OII, Wheat Gluten, Yeast, Thickener (415), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower OII, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEF Pattry may be cooked in the same equipment as Egg or products | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 1280 306 16.3 16.3 13.9 6.6 28.0 5.5 691 | Avg Qty / 100g 1100 262 13.9 1.8 5.6 23.9 4.7 590 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 1060 //heat)), | Avg Qty / 100g 1120 267 15.6 14.7 7.4 17.1 3.6 617 Energy (kJ) Energy (Cal) Protein (g) Protein (g) Fat, total (g) | Avg Qty / Serve 2570 613 37.6 38.9 119.0 31.0 3.9 1410 Hamb Avg Qty / Serve 1080 257 13.5 9.9 3.9 3.9 27.4 | Avg Qty / 100g 1150 1274 16.8 16.5 16.5 13.8 3.1 628 0000 050 250 13.1 9.6 3.8 26.6 |
| Cheeseburger, Double Cheeseburger and Triple Cheeseburger REGULAR BUN: Whet Flour (Nitamin (Folatei)), Water, Sugar, Canola Oli, Wheet Gluten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Whet Malt Flour, Anticoid and 1300), Enzymes (Contains Wheat)), Preservative (262), Environe (260, Enzymes) (Contains Wheat), Sesame Seeds. BEEF: Beef. CheESE: Milk, Salt, Starter Cultures, Enzyme (Remet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Com Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean Oli). PICKLES: Gherkins, Water, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). NORNOW Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. BEEF PATTY SEASONING: Salt, Peper and Sunflower Oli. Contains: Gluten, Wheat, Milk, Soy, Sesame. BUN is made on equipment that produces products containing Gluten, Wheat, Milk, Soy. Hamburger REGULAR BUN: Wheat Flour (Vitamin (Folatei)), Water, Sugar, Canola Oli, Wheat Gluten, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour Preservative (22), Enzymes (Contains Wheat), Sesame Seeds. BEEF PATTY may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. BEEF ReGULAR BUN: Wheat Flour (Vitamin (Folatei)), Water, Sugar, Canola Oli, Wheat Gluten, Yeast, Th | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 1280 306 16.3 16.3 13.9 6.6 28.0 5.5 691 | Avg Qty / 100g 1100 262 13.9 1.8 5.6 23.9 4.7 590 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 1060 //heat)), | Avg Qy / 100g 1120 267 115.6 14.7 7.4 17.1 3.6 617 Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) | Avg Qty / Serve 2870 613 37.6 38.9 19.0 31.0 3.9 1410 Avg Qty / Serve 1080 257 13.5 9.9 3.9 27.4 5.0 | Avg Qty / 100g 1150 274 16.8 15.5 13.8 3.1 628 Avg Qty / 100g 1050 250 13.1 9.6 3.8 26.6 4.8 |
| Checeseburger, Double Checeseburger and Triple Cheeseburger REGULAR BUN: Wheat Flour (Vitamin (Folitel)), Water, Sugar, Canola OII, Wheat Gluten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower OII, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Maltodard (300), Enzymes (Contains Wheat)), Preservative (222), Emulsifier (472e, 477), Inactive Dry Yeast, Enzyme (Contains Wheat), Sesame Seeds. BEEF: Seed. Checeseburger Contains Wheat), Salt, Salt for Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifier (331, 332), Cheese Flavour, Salt, Acidity Regulators (280, 330), Emulsifier (322 - Sey), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Com Syrup, Com Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean OII). P(CKLES: Cherkins, Water, Acidity Regulators (280, 330), Emulsifier (322 - Sey), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Com Syrup, Com Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean OII). P(CKLES: Cherkins, Water, Adulty Regulators (280, 330), Emulsifier (322 - Sey), Colours (160a). WOK Water, Debydrated Winte Onions. Bulk Bear PATTY SEASONINC Salt, Pepper and Sunflower OII. Contains: Gluten, Wheat, Milk, Soy, Sesame. BUN is made on equipment that produces products containing Gluten, Wheat, Milk, Soy. Hamburger REGULAR BUN: Wheat Flour (Vitamin (Folitel)), Water, Sugar, Canola OII, Wheat Gluten, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower OII, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour Preservative (222), Emulsifier (472e, 471), I | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 1280 306 16.3 16.3 13.9 6.6 28.0 5.5 691 | Avg Qty / 100g 1100 262 13.9 1.8 5.6 23.9 4.7 590 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 1060 //heat)), | Avg Qy / 100g 1120 267 15.6 14.7 7.4 7.7.1 8.6 617 | Avg Qty / Serve 2570 613 37.6 38.9 119.0 31.0 3.9 1410 Hamb Avg Qty / Serve 1080 257 13.5 9.9 3.9 3.9 27.4 | Avg Qty / 100g 1150 1274 16.8 16.5 16.5 13.8 3.1 628 0000 050 250 13.1 9.6 3.8 26.6 |
| Checeseburger, Double Checeseburger and Triple Checeseburger REGULAR BUN Wheet Flour (Vitamin (Folte)), Water, Sugar, Canola Oli, Wheet Gluten, Yeast, Thickener (415), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antoxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEEF: Bedi ChitESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifier (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Com Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean Oli). PICKLES: Cherker, Subar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. BEEF PATTY SEASONING: Salt, Peoper and Sunflower Oli. Contains: Gluten, Wheat, Milk, Soy, Sesame. BUN Is made on equipment that produces products containing Gluten, Wheat, Milk, Soy. Hamburger REGULAR BUN: Wheat Flour (Vitamin (Folstel)), Water, Sugar, Canola Oli, Wheat, Gluten, Yeast, Thickener (415), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour Preservative (22), Emulsifier (472e, 47), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds. BEF PATTY may be cocked in the same equipment as Egg or products containing Gluten, Yeast, Mikk, Soy. EEF PATTY SEASONINO: Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour Preservative (22), Emulsifier (472e, 47), Inactive Dry Yeast, Enzymes (Contains Wheat) | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 1280 306 16.3 16.3 13.9 6.6 28.0 5.5 691 | Avg Qty / 100g 1100 262 13.9 1.8 5.6 23.9 4.7 590 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 1060 //heat)), | Avg Qy / 100g 1120 267 115.6 14.7 7.4 17.1 3.6 617 Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) | Avg Qty / Serve 2870 613 37.6 38.9 19.0 31.0 3.9 1410 Avg Qty / Serve 1080 257 13.5 9.9 3.9 27.4 5.0 | Avg Qty / 100g 1150 274 16.8 15.5 13.8 3.1 628 Avg Qty / 100g 1050 250 13.1 9.6 3.8 26.6 4.8 |
| Checeseburger, Double Checeseburger and Triple Checeseburger REGULAR BUN Wheat Flour (Nitain (Folate)), Water, Sugar, Canola Oli, Wheat Oluten, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Mate Starch), Improver (Wheat Flour, Mate Starch), Improver (Wheat Flour, Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves & Jor Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifier (321, 332), Cheese Flavour, Salt, Acidity Regulators (280, 330), Emulsifier (322 - Sey), Colours (180a). REEES: End. Checksecburger Natural Flavour (Soybean Oli). PICKLES: Cherkins, Water, Zolthy Regulator(280, Sult, Flavour, Firming Agent (509), Preservative (271). None Water, Debrydrated White Onions. MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavourig. BEEF PATTY SEASONING: Salt, Pepper and Sunflower Oli. Contains: Gluten, Wheat, Milk, Soy, Sesame. BUN is made on equipment that produces products containing Sesame, Soy, Milk. BEEF PATTY SEASONING: Salt, Pepper and Sunflower Oli. Contains: Mheat, Milk, Soy, Sesame. BUN is made on equipment that produces products containing Gluten, Wheat, Milk, Soy. Hamburger REGULAR BUNK Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oli, Wheat Gluten, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour Preservative (282), Emulsifier (4726, 471), Inactive Dry Yeast, Expresense (262), Emulsifier (4726, 471), Inactive Dry Yeast, Expreserva | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 1280 306 16.3 16.3 13.9 6.6 28.0 5.5 691 | Avg Qty / 100g 1100 262 13.9 1.8 5.6 23.9 4.7 590 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 1060 //heat)), | Avg Qy / 100g 1120 267 115.6 14.7 7.4 17.1 3.6 617 Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) | Avg Qty / Serve 2870 613 37.6 38.9 19.0 31.0 3.9 1410 Avg Qty / Serve 1080 257 13.5 9.9 3.9 27.4 5.0 | Avg Qty / 100g 1150 274 16.8 15.5 13.8 3.1 628 Avg Qty / 100g 1050 250 13.1 9.6 3.8 26.6 4.8 |
| Checkseburger, Double Checkseburger and Triple Checksburger REGULAR BUN Whet Flow (Vitamin (Folte)), Water, Sugar, Canola Oli, Wheet Gluten, Yeast, Thickener (415), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flow, Wheat Malt Flow, Antoxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulaifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Seame Seeds. BEEF: Bedi Checkseburger Rescue Salt, Salt, Salt, Carter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulaifiers (331, 332), Cheese Flavour, Salt, AcidRy Regulators (260, 330), Emulaifier (322 - Soy), Colours (160a). KETCHUP: Water, Tomato Paste, High Fructose Com Syrup, Com Syrup, Ostilled Vinegar, Salt, Natural Flavour (Soybean Oli). P(CKLES: Checksept MegulatorSalt), Salt, Flavour, Firming Agent (509), Preservative (211). ONION: Water, Dehydrated White Onions. MUSTARD: Water, Vibealt, Milk, Soy, Sesame. BUN is made on equipment that produces products containing Glaten, Wheat, Milk, Soy. EEF PATTY may be cocked in the same equipment as Egg or products containing Gluten, Yeast, Thickener (415), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flow Preservative (22), Emulaifier (472e, 47), Inactive Dry Yeast, Enzymes (Contains Wheat), Seame Seeds. BEF PATTY may be cocked in the same equipment as Egg or products containing Gluten, Yeast, Thickener (415), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oli, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flow Preservative (22), Emulaifier (472e, 47), Inactive Dry Yeast, Enzymes (Conta | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 1280 306 16.3 16.3 13.9 6.6 28.0 5.5 691 | Avg Qty / 100g 1100 262 13.9 1.8 5.6 23.9 4.7 590 | Avg Qty / Serve 1920 460 27.0 25.4 12.8 29.5 6.2 1060 //heat)), | Avg Qy / 100g 1120 267 115.6 14.7 7.4 17.1 3.6 617 Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) | Avg Qty / Serve 2870 613 37.6 38.9 19.0 31.0 3.9 1410 Avg Qty / Serve 1080 257 13.5 9.9 3.9 27.4 5.0 | Avg Qty / 100g 1150 274 16.8 15.5 13.8 3.1 628 Avg Qty / 100g 1050 250 13.1 9.6 3.8 26.6 4.8 |

| BEEF | | | |
|--|---------------------------------------|-------------------------|------------------------|
| Deluxe Cheeseburger | | Deluxe Che | eseburger |
| REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast, Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), | | Avg Qty / Serve | Avg Qty / 100g |
| REDUCAR DOK Wheat Floor (Vitalini Floore), weets, sugar, Calcular, tests (Water, Yests (Water, Yests), housed sail, Gaze (Water, Yests), fillower Oil, Dextrose, manufextini, maze startini, improver (Wheat Floor, Wheat Mail Floor, Wheat Sail, Sailer, Sail | Energy (kJ) | 1480 | 1080 |
| Treast native (200), Embands (4/20), 4/1, mactive big reast, Enzymes (contains threat), obsame occus. BEEF: Beef. | Energy (Cal) | 353 | 258 |
| CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian)), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 contains Soy Lecithin), Colours (160a). | Protein (g) | 16.6 | 12.1 |
| LETTUCE: loeberg Lettuce. | Fat, total (g) | 17.2 | 12.6 |
| KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Corn Syrup, Distilled Vinegar, Salt, Natural Flavour (Soybean Oil). | Saturated Fat (g) Carbohydrate (g) | 6.8 31.2 | 5.0 22.8 |
| MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). | Sugars (g) | 6.5 | 4.8 |
| ONIONS: Water, Dehydrated White Onions. MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. | Sodium (mg) | 766 | 560 |
| MOS TAKD. Water, Distilled Vinegar, Mustard Seed, Sait, Colour (100), Papirka, Natural Havouring. BEEF PATTY SEASONING: Sait, Black Pepper, Sunflower Oil. | | | |
| Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame. BUN is made on equipment that produces products containing Sesame, Soy, Milk. | | | |
| BEEF PATTY may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. | | | |
| Texan BBQ Bacon Burger | | Texan BBQ B | |
| | Epores /k i) | Avg Qty / Serve 4100 | Avg Qty / 100g 1150 |
| GOURMET BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Wheat Gluten, Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (Emulsifier (472e), Mineral Salt (170)), Inactive Dry Yeast, Sesame. | Energy (kJ) Energy (Cal) | 980 | 274 |
| Preservauve (zoz), Emulanier (4/zo), Mineral sait (1/0), Inactive U/Y reast, sesame. CHEESE: Milk, Sait, Starter Chultures, Enzyme (Rennet - Calves/Jorve | Protein (g) | 58.9 | 16.5 |
| Grieden and outcome out of outcome out of outcome out of the second and outcome out of the second and outcome out of outcome out o | Fat, total (g) | 58.1 | 16.3 |
| ONION: Onion. | Saturated Fat (g) | 26.9 | 7.5 |
| BACON RASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. | Carbohydrate (g) | 53.4 | 15.0 |
| MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). | Sugars (g) | 17.0 | 4.8 |
| ANGUS SEASONING: Salt, Maltodextrin, Spices, Dextrose, Vegetable Powders, Yeast Extract, Sugar, Worcestershire Sauce Powder [Colour (150a)], Anti-caking Agent (551), Flavourings (Milk), Spice Extract (100). | Sodium (mg) | 1820 | 509 |
| Contains: Gluten, Wheat, Milk, Egg, Soy, Fish, Sesame. BEEF PATTY, BACON and ONION may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. ANGUS SEASONING is made on the same equipment that also produces products contains sulphites. | | | |
| Serious Angus® | | Serious | Angus® |
| BEEF: Angus Beef. | | Avg Qty / Serve | Avg Qty / 100g |
| GOURMET BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Yeast, Water, Yeast, Thickener (415)), lodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Wheat Gluten, Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), | Energy (kJ) | 2890 | 1020 |
| Preservative (262), Emulsifier (472e), Mineral Salt (170)), Inactive Dry Yeast, Sesame. | Energy (Cal) Protein (g) | 691 40.4 | 244 14.3 |
| CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 contains Soy Lecithin), Colours (160a). | Fat, total (g) | 38.0 | 14.3 |
| 1 Coma 10 C. Tromaco. BACORN RASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. | Saturated Fat (g) | 17.2 | 6.1 |
| | Carbohydrate (g) | 44.5 | 15.7 |
| LETTUCE: Whole Leaf Lettuce. | Sugars (g) | 9.8 | 3.5 |
| MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). | Sodium (mg) | 1460 | 517 |
| PICKLES: Gherkins, Water, Acidity Regulator (260), Salt, Flavour, Firming Agent (509), Preservative (211). | | | |
| MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Flavouring. | | | |
| ANGUS SEASONING: Salt, Maltodextrin, Spices, Dextrose, Vegetable Powders, Yeast Extract, Sugar, Worcestershire Sauce Powder [Colour (150a)], Anti-caking Agent (551), Flavourings (Milk), Spice Extract (100). | | | |
| Contains Gluten, Wheat, Egg, Milk, Soy, Sesame. BEEF PATTY and BACON may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. | | | |
| ANGUS SEASONING is made on the same equipment that also produces products contains sulphites. | | | |
| The Boss® | | The B | oss® |
| QUARTER BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Sesame Seeds, Yeast (Yeast, Water, Thickener (415)), lodised Salt, Improver (Wheat Flour, Wheat Flour, Antioxidant (300), Enzymes (Contains Wheat)), | | Avg Qty / Serve | Avg Qty / 100g |
| Preservative (262), Natural Flavour, Thickner (412), Wheat Gluten, Emulsifier (472e, 471), hactive bry Yeast. | Energy (kJ) | 3360 | 1040 |
| BEEF: Beef. | Energy (Cal) | 803 | 248 |
| TASTY CHEESE: Pasteurised Milk, Salt, Cultures, Enzyme (Non-Animal Rennet). | Protein (g) | 50.7 | 15.6 |
| CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian)], Water, Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 contains Soy Lecithin), Colours (160a). | Fat, total (g) | 48.0 | 14.8 |
| LETTUCE: leeberg lettuce. | Saturated Fat (g) Carbohydrate (g) | 20.5 40.5 | 6.3 12.5 |
| TOMATO: Tomatoes. ONION: Onions. | Sugars (g) | 9.1 | 2.8 |
| UNION: UNIONS. MCCHICKEN SAUCE: Water, Vegetable Oli [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). | Sodium (mg) | 1170 | 366 |
| KETCHUP: Water, Tomato Asst, High Fructose Com Syrup, Distilled Vinegar, Salt, Natural Flavor (Soybean 01). | | | |
| MUSTARD: Water, Distilled Vinegar, Mustard Seed, Salt, Colour (100), Paprika, Natural Flavouring. BEEF PATTY SEASONING: Salt, Black Pepper, Sunflower Oil. | | | |
| Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame. | | | |
| Currents of the state of the st | | | |
| BEF PATTY may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. | | | |
| | | | |
| | | | |

| CHICKEN AND FISH | | | | | | | | | |
|--|---|--|--|--|--|--|--|--|---|
| Chicken McBites | | | | | | | | Chicke | n McBites |
| CHICKEN MCBITES: Chicken, Water, Vegetable Oil (Canola), Flours (Wheat , Rice), Salt, Spices And Spice Extracts (Pepper, Nutmeg, Chilli, Celery, Turmeric), Yeast Extract, Dehydrated Vegetables (Onion, Ga (450, 500, 451), Vegetable Powder (Garlic), Herb (Parsley), Thickener (1404). Contains: Wheat, Gluten, Milk. CHICKEN MCBITES are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. | lic), Flavour Enhancer (f | 335), Milk Solids, F | Raising Agents (314, 50 | 0), Emulsifier (481) |), Mineral Salts | | Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sugars (g) | Avg Qty / Serve 711 170 10.2 11.0 1.0 7.4 0.1 504 | Avg Qty / 100g 1130 270 16.2 17.5 1.6 11.7 0.1 800 |
| Chicken McNuggets® | | | 3 pc | 6 | pc | 10 |) pc | 20 |) pc |
| CHICKEN MCNUGGETS: Chicken, Water, Flour (Wheat, Maize), Vegetable Oil (Canola), Thickeners (1422, 1420), Salt, Raising Agents and Mineral Salts (450, 500, 535, 536, 327, 341), Spices (White Pepper, Celery Seed, Black Pepper), Dextrose, Starch (Potato, Tapioca). | Energy (kJ) | Avg Qty / Serve 653 | Avg Qty / 100g 1090 | 1310 | Avg Qty / 100g 1090 | 2180 | Avg Qty / 100g 1090 | Avg Qty / Serve 4350 | - Avg Qty / 100g 1090 |
| Contains: Gluten, Wheat. CHICKEN NUGGETS are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. | Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | 156 8.6 8.8 1.1 10.4 0.0 317 | 260 14.3 14.6 1.9 17.4 0.1 529 | 312 17.2 17.5 2.2 20.9 0.1 635 | 260 14.3 14.6 1.9 17.4 0.1 529 | 520 28.6 29.2 3.7 34.8 0.1 1060 | 260 14.3 14.6 1.9 17.4 0.1 529 | 1040 57.2 58.4 7.4 69.6 0.2 2120 | 260 14.3 14.6 1.9 17.4 0.1 529 |
| McChicken® and Double McChicken® | | | | | | McCh | nicken® | Double N | cChicken® |
| MCCHICKEN PATTY: Chicken, Flour (Wheat, Maize), Water, Vegetables Oils (Canola, Maize (Antioxidant 307b), Palmolein), Salt, Thickener (1404), Spices & Spice Extracts (Black Pepper, White Pepper, Cayenry Vegetables (Garlic, Onion), Maize Starch, Soy Protein, Mineral Salts (450, 451), Raising Agents (500, 541, 341), Maltodextrin, Emulsifier (433), Herbs (Sage, Marjoram, Thyme, Rosemary, Parsley). QUARTER BLW: Wheat Flour (Wtamin (Foldato), Water, Sugar, Canolo JII, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Emulsifier (433), Herbs (Sage, Marjoram, Thyme, Rosemary, Parsley). QUARTER BLW: Wheat Flour (Wtamin (Foldato), Water, Sugar, Canolo JII, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Sesame Seeds, Yeast (Yeast, Water, Thickener Enzymes (Contains Wheat)), Preservative (262), Natural Flavour, Thickener (412), Wheat Gluten, Emulsifier (472e, 471), Inactive Dry Yeast. LETTUCE: Iceberg Lettuce MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Reg Contains: Gluten, Wheat, Egg, Soy, Sesame. QUARTER BUN is made on equipment that also produces products containing Soy, Milk. CHICKEN PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. | (415)), lodised Salt, Imp | - | | ntioxidant (300), | Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 1910 458 21.8 18.9 2.7 46.8 4.6 1200 | Avg Qty / 100g 985 235 11.2 9.7 1.4 24.1 2.4 615 | Avg Qty / Serve 2770 662 32.6 34.0 4.8 53.3 5.2 1870 | Avg Qty/100g 1010 242 11.9 12.4 1.7 19.5 1.9 684 |
| Crispy Chicken Bacon Deluxe | | | | | | | | Crispy Chicke | n Bacon Deluxe |
| CRISPY CHICKEN: Chicken, Water, Wheat Flour, Breadcrumbs (Wheat), Vegetable Oil (Canola, Palmolein), Salt, Mineral Salts (450, 500, 451, 452), Thickener (1422), Yeast & Yeast Extract, Spice & Spice Extract Gluten, Egg Powder, Anti-Caking Agent (551), Starch (Rice, Potato), Soy Protein, Maltodextrin, Natural Colour (160c, 100), Vegetable Powder (Onion). GOURMET BUN: Wheat Flour (Vitamin (Folatei)), Water, Sugar, Canola Oil, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Sta Preservative (262), Emulsifier (Emulsifier (472e), Mineral Salt (170)), Inactive Dry Yeast, Sesame. TOMATO: Tomato. CHEESE: Pasteurised Milk, Salt, Cultures, Enzyme (Non-Animal Rennet). GARLIC MAYONNAISE: Canola Oil (Antioxidant (307b, Soy), 319), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Protein (Milk), Minced Garlic (Food Acids (260, 330)), Vinegar, Dijon Mustard (Acidity F (635), Oat Flive, Flavourings (Milk), Emulsifiers (322, Soy), 435), Colour (171), Mineral Salt (508), Vegetable Gum (415), Preservatives (202, 211). BACON RASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. WHOLE LEAF LETTUCE: Lettuce. | ch), Wheat Gluten, Imp | rover (Wheat Flou | ur, Wheat Malt Flour, A | ntioxidant (300), E | inzymes (Contains V | Wheat)), | Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 2830 675 37.2 34.8 8.3 51.3 8.2 1500 | Avg Qty/100g 1010 242 13.3 12.5 3.0 18.4 2.9 538 |
| Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame. BACON may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. CRISPY CHICKEN PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. | | | | | | | | | |
| Grilled Chicken Bacon Deluxe GRILLED CHICKEN: Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Vegetable Powders (Garlic, Onion), Fruit Powder (Lemon Juice Concentrate, Maltodextrin, Anti Caking Agent (551), Vegetable Oil (Canola). GOURMET BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Yeast (Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Sta Preservative (262), Emulsifier (Emulsifier (472e), Mineral Salt (170)), Inactive Dry Yeast, Sesame. TOMATO: Tomato. CHEESE: Pasteurised Milk, Salt, Cultures, Enzyme (Non-Animal Rennet). GARLIC MAYONNAISE: Canola Oil (Antioxidant (307b, Soy), 319), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Protein (Milk), Minced Garlic (Food Acids (260, 330)), Vinegar, Dijon Mustard (Acidity F (635), Oast Flibre, Flavourings (Milk), Emulsifiers (322, Gay), 435), Colour (171), Mineral Salt (508), Vegetable Gum (415), Preservatives (202, 211). BACON RASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. WHOLE LEAF LETTUCE: Lettuce. SPRAY COOKING OIL: Canola Oil, Emulsifier (322 - derived from Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330). | ch), Wheat Gluten, Imp | rover (Wheat Flou | ur, Wheat Malt Flour, A | ntioxidant (300), E | nzymes (Contains V | Wheat)), | Energy (kJ) Energy (Ca) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) Sugars (g) Sodium (mg) | Grilled Chicka Avg Qty / Serve 2510 599 41.9 27.8 7.8 43.3 8.2 1370 | n Bacon Deluxe Avg Qty / 100g 940 225 15.7 10.4 2.9 16.2 3.1 514 |
| Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame. GRILLED CHICKEN and BACON may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. | | | | | | | | | |

Crispy Chicken Almighty

Avg Qty / Serve CRISPY CHICKEN: Chicken, Water, Wheat Flour, Breadcrumbs (Wheat), Vegetable Oil (Canola, Palmolein), Salt, Mineral Salts (450, 500, 451, 452), Thickener (1422), Yeast & Yeast Extract, Spice & Spice Extract, Paprika, Turmeric, Capsicum), Emulsifier (433), Natural Flavourings (Wheat, Barley, Lemon), Wheat Avg Oty / 100g Gluten, Egg Powder, Anti-Caking Agent (551), Starch (Rice, Potato), Soy Protein, Maltodextrin, Natural Colour (160c, 100), Vegetable Powder (Onion). Energy (kJ) 3410 944 Energy (Cal) 815 226 GOURMET BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Yeast (Water, Yeast, Thickener (415)), lodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Wheat Gluten, Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Protein (a) 52.2 14.4 Preservative (262), Emulsifier (Emulsifier (472e), Mineral Salt (170)), Inactive Dry Yeast, Sesame Fat, total (g) 36.3 10.0 SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Paste [Antioxidants (300,330)], Thickener (1422), Salt, Worcestershire Sauce (Contains Wheat, Barley and Fish), Onion, Garlic, Spices, Preservative (202), Vegetable Gum (415), Smoke Flavour. Saturated Fat (g) 87 24 CHEESE: Pasteurised Milk, Salt, Cultures, Enzyme (Non-Animal Rennet). Carbohydrate (g) 67.4 187 BACON RASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked, Sugars (g) 14.3 40 MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). Sodium (mg) 2210 612 WHOLE LEAF LETTUCE: Lettuce.

Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame, Fish.

BACON may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy.

CRISPY CHICKEN PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy.

CHICKEN AND FISH

Grilled Chicken Almighty

GRILLED CHICKEN: Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Vegetable Powders (Garlic, Onion), Fruit Powder (Lemon Juice Concentrate, Maltodextrin, Anti Caking Agent (551), Flavours), Flavourings, Herbs (Parsley, Thyme), Sugar, Vinegar Powder, Anti Caking Agent (341), Spice Extract (Pepper), //egetable Oil (Canola). COURDET ENV Wheet Floury (Vitamin (Folate)) Water Sunar Canola Oil Veast (Water Veast Thickener (415)) Iorised Salt Glaze (Water Venetable Protein Sunflower Oil Devtrose Maltodextrin Maize Starch). Wheet Floury (Wheet Floury Antiovidant (200) Environe (Containe Wheet) Energy (Cal)

GOURMET BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Yeast (Water, Yeast, Thickener (415)), lodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Wheat Gluten, Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (Emulsifier (472e), Mineral Salt (170)), Inactive Dry Yeast, Sesame.

SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Paste [Antioxidants (300,330)], Thickener (1422), Salt, Worcestershire Sauce (Contains Wheat, Barley and Fish), Onion, Garlic, Spices, Preservative (202), Vegetable Gum (415), Smoke Flavour. CHEESE: Pasteurised Milk. Salt, Cultures, Enzyme (Non-Animal Rennet).

BACON RASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked

MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).

WHOLE LEAF LETTUCE: Lettuce.

SPRAY COOKING OIL: Canola Oil, Emulsifier (322 - derived from Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330).

Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame, Fish.

GRILLED CHICKEN and BACON may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy.

Cheesy Chicken Burger

CHICKEN PATTY: Chicken, Flour (Wheat, Maize), Water, Vegetables Oils (Canola, Maize (Antioxidant 307b), Palmolein), Salt, Thickener (1404), Spices & Spice Extracts (Black Pepper, White Pepper, Cayenne Pepper, Paprika, Turmeric, Sage, Nutmeg, Celery, Capsicum), Dehydrated Vegetables (Garlic, Onion), Maize Starch, Soy Protein, Mineral Salts (450, 451), Raising Agents (500, 541, 341), Maltodextrin, Emulsifier (433), Herbs (Sage, Marioram, Thyme, Rosemary, Parsley).

REGULAR BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Sesame Seeds.

MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270).

CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 contains Soy Lecithin), Colours (160a).

Contains: Gluten, Wheat, Soy, Milk, Egg, Sesame.

BUN is made on equipment that produces products containing Sesame, Soy, Milk.

CHICKEN PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy.

McSpicy Burger

SPICY THIGH FILLET: Chicken, Water, Flour (Wheat), Vegetable Oil (Canola), Thickeners (1412, 1442), Salt, Yeast Extract, Natural Flavours, Spices And Spice Extracts (Rosemary), Vegetable Powder, Emulsifier (450, 322), Raising Agent (500), Antioxidant (392), Natural Colour (160c), Mineral Salt (450), Anti-Caking Agent (551), Wheat Gluten, Hydrolysed Vegetable Protein, Rice Starch, Maltodextrin, Citrus Extract.

QUARTER BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Sesame Seeds, Yeast (Yeast, Water, Thickener (415)), Iodised Salt, Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Natural Flavour, Thickener (412), Wheat Gluten, Emulsifier (472e, 471), Inactive Dry Yeast.

MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). WHOLE LEAF LETTUCE: Lettuce.

Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame

SPICY CHICKEN PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy.

QUARTER BUN is made on equipment that also produces products containing Soy, Milk

| | Avg Qty / Serve | AVG QLY / 100G |
|-------------------|-----------------|----------------|
| Energy (kJ) | 1700 | 1140 |
| Energy (Cal) | 405 | 273 |
| Protein (g) | 18.0 | 12.1 |
| Fat, total (g) | 20.6 | 13.9 |
| Saturated Fat (g) | 4.0 | 2.7 |
| Carbohydrate (g) | 35.4 | 23.9 |
| Sugars (g) | 4.0 | 2.7 |
| Sodium (mg) | 964 | 649 |

Crispy Chicken Almighty

Grilled Chicken Almighty

Cheesy Chicken Burger

1 01 10 1 01

Avg Qty / Serve

2720

650 61.6

20.9

7.6

51.3

14.3

1950

Protein (g)

Fat, total (g)

Sugars (g)

Sodium (ma)

Saturated Fat (g)

Carbohydrate (g)

Avg Qty / 100g

809

193

18.3

6.2

2.3

15.3

43

580

| | McSpic | y Burger |
|-------------------|-----------------|----------------|
| | Avg Qty / Serve | Avg Qty / 100g |
| Energy (kJ) | 2450 | 1140 |
| Energy (Cal) | 586 | 272 |
| Protein (g) | 30.6 | 14.2 |
| Fat, total (g) | 25.4 | 11.8 |
| Saturated Fat (g) | 3.8 | 1.7 |
| Carbohydrate (g) | 57.1 | 26.5 |
| Sugars (g) | 4.5 | 2.1 |
| Sodium (mg) | 1520 | 706 |

Filet-o-Fish® and Double Filet-o-Fish®

FISH PORTIONS: Fish [Alaskan Pollock, New Zealand Hoki], Water, Wheat Flour, Modified Food Starch (1422), Yellow Corn Flour, Bleached Wheat Flour, Salt, Whey (Milk), Cellulose Gum, Dextrose, Dried Yeast, Sugar, Soybean Oil, Paprika Extract (160c) and Turmeric Extract (100), Black Pepper (Natural Flavouring). REGULAR BUK: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Wheat Gluten, Yeast, Water, Yeast, Thickener (415)), Iodised Salt, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (Wheat Flour, Amter Mat Flour, Antioxidant (300), Field Las Buk.

REGULAR DUX, wheat hour (vitamin rolate), water, sugar, cancio on, wheat oncent, reas, trinker reas, inickered (Hab), ioused sai, Gaze (Water, regelation Protein, Sunnower On, Dextrose, Mailodextini, Maze Starch), improver (wheat Flour, wheat Mail Hour, anicolater (Enzymes (Contains Wheat)), Preservative (262), Emulsifier (472e, 471), Inactive Dry Yeast, Enzymes (Contains Wheat), Seame Seeds. TARTAR SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Dill Relish [Gherkin, Water, Vinegar, Acidity Regulator (260), Sait, Capers, Thickener (415), Firming Agent (509), Flavouring, Preservative (202)], Vinegar, Egg Yolk, Thickeners (1442, 415), Glucose Syrup, Sugar, Dehydrated

Lak Lak SAOCE. water, vegetable on Lantowaan (Sorta), uni renism (Sneriki), water, vingen, Adulty regulator (200), Sait, Capers, Tinckener (416), Fintning Agent, (306), Fravouring, Preservative (202), Vinegar, Berg Tuik, Tinckeners (1442, 416), Glucose Syrt Vegetable, Sait, Capers, Tinckeners (416), Fintning Agent, (306), Fravouring, Preservative (202), Fravouring, Herb.

CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 contains Soy Lecithin), Colours (160a).

Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame, Fish.

BUN is made on equipment that produces products containing Sesame, Soy, Milk.

FISH PORTION is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy.

| SALAD BURGER | | | |
|--|-------------------------------------|--------------------|--------------------------|
| Salad Burger | | Salad | Burger |
| QUARTER BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Sesame Seeds, Yeast (Yeast, Water, Thickener (415)), Iodised Salt, Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), | ł | Avg Qty / Serve | Avg Qty / 100g |
| Preservative (262), Natural Flavour, Thickener (412), Wheat Gluten, Emulsifier (472e, 471), Inactive Dry Yeast. | Energy (kJ) | 1490 | 797 |
| TOMATO: Tomato. | Energy (Cal) | 357 | 190 |
| SHREDDED LETTUCE: lceberg Lettuce. | Protein (g) | 12.5 | 6.7 |
| MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). | Fat, total (g) | 17.2 | 9.2 |
| TASTY CHEESE: Pasteurised Milk, Salt, Cultures, Enzyme (Non-Animal Rennet). | Saturated Fat (g) | 5.8 36.4 | 3.1 19.4 |
| ONION: Onion. | Carbohydrate (g) Sugars (g) | 36.4 | 19.4 |
| PICKLES: Gherkins, Water, Acidity Regulator (260), Salt, Flavour, Firming Agent (509), Preservative (211). | Sodium (mg) | 645 | 344 |
| Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame. QUARTER BUN is made on equipment that also produces products containing Soy, Milk. | | | |
| WRAPS | | | |
| Wholemeal Crispy Chicken Snack Wrap® | | Wholemeal Crispy C | hicken Snack Wrap® |
| CRISPY CHICKEN: Chicken, Water, Wheat Flour, Breadcrumbs (Wheat), Vegetable Oil (Canola, Palmolein), Salt, Mineral Salts (450, 500, 451, 452), Thickener (1422), Yeast & Yeast Extract, Spice & Spice Extract (Pepper, Mustard, Paprika, Turmeric, Capsicum), Emulsifier (433), Natural Flavourings (Wheat, Barley, Lemon), Wheat | , t | Avg Qty / Serve | Avg Qty / 100g |
| Gluten, Egg Powder, Anti-Caking Agent (551), Starch (Rice, Potato), Soy Protein, Maltodextrin, Natural Colour (160c, 100), Vegetable Powder (Onion). | Energy (kJ) | 1040 | 949 |
| WHOLEMEAL TORTILLA: Fortified Wholemeal Wheat Flour, (Wholemeal Wheat Flour, Vitamin (Folic Acid)), Water, Wheat Flour (White), Vegetable Oil (Antioxidant (307b), Food Acid (330), Antifoam (900a), Yeast, Sugar, Iodised Salt, Wheat Gluten, Cultured Wheat, Mono & Di-Glycerides (Emulsifier (471), Antioxidants (307, 304, | Energy (Cal) | 250 | 227 |
| 330), Acidity Regulator (297), Enzymes (Contains Wheat). | Protein (g) | 12.0 | 10.9 |
| OR: | Fat, total (g) | 11.3 | 10.3 |
| Fortified Wheat Flour (Wheat Flour, Vitamin (Folic Acid)), Water, Wholemeal Concentrate (Wheat Bran), Canola Oil (Citric Acid), Dietary Wheat Fibre, Raising Agents ((450, 501), Free Flow Agent (170), Maize Starchi)), Improver (Salt, Wheat Enzyme, Flour Treatment Agent (Ascorbic Acid), Inactive Dry Yeast, Wheat Fibre, Raising Agents ((450, 501), Free Flow Agent (170), Maize Starchi)), Improver (Salt, Wheat Enzyme, Flour Treatment Agent (Ascorbic Acid), Inactive Dry Yeast, Wheat Fibre, Raising Agents ((450, 501), Free Flow Agent (170), Maize Starchi), Improver (Salt, Wheat Enzyme, Flour Treatment Agent (Ascorbic Acid), Inactive Dry Yeast, Wheat Fibre, Raising Agents ((450, 501), Free Flow Agent (170), Maize Starchi), Improver (Salt, Wheat Enzyme, Flour Treatment Agent (Ascorbic Acid), Inactive Dry Yeast, Wheat Fibre, Raising Agents ((450, 501), Free Flow Agent (170), Maize Starchi), Improver (Salt, Wheat Enzyme, Flour Treatment Agent (Ascorbic Acid), Inactive Dry Yeast, Wheat Fibre, Raising Agents ((450, 501), Free Flow Agent (170), Maize Starchi), Improver (Salt, Wheat Enzyme, Flour Treatment Agent (Ascorbic Acid), Inactive Dry Yeast, Wheat Fibre, Raising Agents ((450, 501), Free Flow Agent (170), Maize Starchi), Improver (Salt, Wheat Enzyme, Flour Treatment Agent (Ascorbic Acid), Inactive Dry Yeast, Wheat Fibre, Raising Agents ((450, 501), Free Flow Agent (170), Maize Starchi), Improver (Salt, Wheat Fibre, Raising Agent (170), Maize Starchi), Improver (Salt, Wheat Fibre, Raising Agent (170), Maize Starchi), Improver (Salt, Wheat Fibre, Raising Agent (170), Maize Starchi), Improver (Salt, Wheat Fibre, Raising Agent (170), Maize Starchi), Improver (Salt, Wheat Fibre, Raising Agent (170), Maize Starchi), Improver (Salt, Wheat Fibre, Raising Agent (170), Maize Starchi), Improver (Salt | Saturated Fat (g) | 2.4 23.3 | 2.1 |
| White Vinegar, Cultured Wheat Flour, Malt Flour, Gentains Wheat), Enzymes (Wheat), Dough Relaxer (920). | Carbohydrate (g) | 23.3 | 21.2 5.5 |
| SHREDDED LETTUCE: Iceberg Lettuce. | Sugars (g) Sodium (mg) | 490 | 5.5 445 |
| MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). | Soutann (mg) | 430 | 445 |
| Contains: Gluten, Wheat, Egg, Soy. CRISPY CHICKEN is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. WHOLEMEAL TORTILLA may be produced on the same equipment as products containing Soy. WHOLEMEAL TORTILLA may be heated in the same equipment as products containing Sesame. | | | |
| Wholemeal Grilled Chicken Snack Wrap® | | | ed Chicken Snack rap® |
| GRILLED CHICKEN: Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), Soy Protein, Vegetable Powders (Garlic, Onion), Fruit Powder (Lemon Juice Concentrate, Maltodextrin, Anti Caking Agent (551), Flavours), Flavourings, Herbs (Parsley, Thyme), Sugar, Vinegar Powder, Anti Caking Agent (341), Spice Extract (Pepper), | [| Avg Qty / Serve | Avg Qty / 100g |
| Vegetable Oil (Canola). | Energy (kJ) | 883 | 845 |
| WHOLEMEAL TORTILLA: Fortified Wholemeal Wheat Flour, Whotemeal Wheat Flour, Witamin (Folic Acid)), Water, Wheat Flour (White), Vegetable Oil (Antioxidant (307b), Food Acid (330), Antifoam (900a), Yeast, Sugar, Iodised Salt, Wheat Gluten, Cultured Wheat, Mono & Di-Glycerides (Emulsifier (471), Antioxidants (307, 304, | Energy (Cal) | 211 | 202 |
| 330), Acidity Regulator (297), Enzymes (Contains Wheat). | Protein (g) | 14.4 | 13.8 |
| OR: | Fat, total (g) Saturated Fat (g) | 7.8 | 7.4 |
| Fortified Wheat Flour (Wheat Flour, Vitamin (Folic Acid)), Water, Wholemeal Concentrate (Wheat Bran), Canola Oil (Citric Acid), Dietary Wheat Fibre, Raising Agents ((450, 501), Free Flow Agent (170), Maize Starch)), Improver (Salt, Wheat Enzyme, Flour Treatment Agent (Ascorbic Acid), Inactive Dry Yeast, Wheat Floure, and the second starch) and the second starch (170), Maize Starch) and the second starch (170), Maize Starch) and the second starch (170) and the second starch (170), Maize Starch) and the second starch (170) and the | Carbohydrate (g) | 19.3 | 2.0 |
| White Vinegar, Cultured Wheat Flour, Malt Flour, Genzyme (Contains Wheat), Enzymes (Wheat), Dough Relaxer (920). | Sugars (g) | 6.1 | 5.8 |
| SHREDDED LETTUCE: Iceberg Lettuce. | Sodium (mg) | 430 | 412 |
| MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). SPRAY COOKING OIL: Canola Oil, Emulsifier (322 - Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330). | <u></u> | | |
| Contains: Gluten, Wheat, Egg, Soy. GRILED CHICKEN may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. WHOLEMEAL TORTILLA may be produced on the same equipment as products containing Soy. | | | |

WHOLEMEAL TORTILLA may be heated in the same equipment as products containing Sesame.

Double Filet-o-Fish®

Avg Qty / 100g

984

235

11.6

11.6

2.0

19.7

2.2

455

Avg Qty / Serve

2270

543

26.9

26.8

4.7

45.6

5.1

1050

Filet-o-Fish®

Avg Qty / 100g

1030

247

11.5

10.3

1.8

25.4

2.9

465

Avg Qty / Serve

1450

346

16.1

14.5

2.5

35.6

4.1

653

Energy (kJ)

Protein (g)

Fat, total (g)

Sugars (g)

Sodium (mg)

Saturated Fat (g)

Carbohydrate (g)

Energy (Cal)

| Bit P (outpot Chick Chick Water, | | | | | | | | |
|---|---|------------------------|-----------------------|------------------------------------|-----------------|------------------|-----------------|----------------|
| | Crispy Chicken Aioli McWrap® | | | | | | Crispy Chicken | Aioli McWrap® |
| | | sicum), Emulsifier (43 | 33), Natural Flavour | ngs (Wheat , Barley | | | | Avg Qty / 100g |
| By a b b b b b b b b b b b b b b b b b b | | | | | | | | |
| | | neat, Mono & Di-Glyc | erides (Emulsifier (4 | 171), Antioxidants (30 | 07, 304, 330), | | | |
| | | | | | | | | |
| | ••• | | | | | | | |
| | | our Treatment Agent | (Ascorbic Acid), Ina | ictive Dry Yeast, Wh | eat Gluten, | Carbohydrate (g) | 44.1 | 16.0 |
| | | | | | | Sugars (g) | 11.8 | 4.3 |
| | | | | | | Sodium (mg) | 972 | 353 |
| | GARLID MAYONNAISE: Canola OII (Antroxidant (307), Soy), 319), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Protein (Milk), Minced Garlic (Food Acids (260, 330)), Vinegar, Dijon Mustard (Acidity Kegulator (260)), Acidity Kegulator (5/5), Mu (635), Oat Fibre, Flavourings (Milk), Emulsifiers (322 (Soy), 435), Colour (171), Mineral Salt (508), Vegetable Gum (415), Preservatives (202, 211). LETTUCE: Iceberg Lettuce. | ustard (Food Acids (2 | 260, 330), Colours (1 | 50c, 160a)), Salt, Flav | our Enhancer | | | |
| Bit LED FORCENCE On Kaken, Wang, Rich Starth, Say, Manger Kowler, Negatable On Water, Negatable On Water, Four Water, F | Contains: Gluten, Wheat, Milk, Egg, Soy. CRISPY CHICKEN is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. WHOLEMEAL TORTILLA may be produced on the same equipment as products containing Soy. WHOLEMEAL TORTILLA may be based in the same equipment as products containing Soy. | | | | | | | |
| | Grilled Chicken Aioli McWrap® | | | | | | Grilled Chicken | Aioli McWrap® |
| | GRII JED CHICKEN: Chicken Water Rice Starch. Salt. Mineral Salts (451, 450). Sov Protein. Vegetable Powders (Garlic: Onion). Fruit Powder (I emon. Juice Concentrate Maltodextrin. Anti Caking Agent (551). Flavourings. Herbs (Parslev, Thvr | ne), Sugar, Vinegar P | owder. Anti Caking | Agent (341). Spice F | xtract (Pepper) | | Ava Oty / Serve | Ava Oty / 100a |
| windplex | | ,, | | | | Energy (kJ) | | |
| Implementation Imple | | heat Gluten, Culture | d Wheat, Mono & D | i-Glycerides (Emulsi | fier (471), | Energy (Cal) | 529 | 201 |
| Pitte Status | Antioxidants (307, 304, 330), Acidity Regulator (297), Enzymes (Contains Wheat). | | | | | | | |
| This Status | OR: | | | | | | | |
| White Vingag, Outlored Whate Flour, Mail Flour (Enzyme (Contains Wheel), Enzymes (Wheel), Cenzyme (Wheel) Cenzyme), Wheel Cenzyme (Macar (200, 1300), Vinegar, Dijon Mustard (Acidity Regulator (200)), Acidity Regulator (200, 330), Colours (1500, 1500)), Satt, Flavour Enhance SARUE MAY TONNAISE: Canala OII (Antioxidant (327), Say), 391), Witer, Clucose Symp (Wheel Derived), Egg Yolk, Whee Protein (Milk), Mineed arise (Food Acids (280, 330)), Vinegar, Dijon Mustard (Acidity Regulator (200)), Acidity Regulator (200, 330), Colours (1500, 1500)), Satt, Flavour Enhance Satt Cle Antion Clucose Symp (Wheel Derived), Egg Yolk, Whee Protein (Milk), Mineed arise (Colour (1500, 1500)), Satt, Flavour Enhance Satt Cle Antion Clucose Symp (Wheel Derived), Satt, Flavour Flavo | Fortified Wheat Flour, Wheat Flour, Vitamin (Folic Acid)), Water, Wholemeal Concentrate (Wheat Bran), Canola Oil (Citric Acid), Dietary Wheat Fibre, Raising Agents ((450, 501), Free Flow Agent (170), Maize Starch)), Improver (Salt, Wheat Enzyme, Flor | our Treatment Agent | (Ascorbic Acid), Ina | ctive Dry Yeast, Wh | eat Gluten, | | | |
| Common Solution (Common | White Vinegar, Cultured Wheat Flour, Malt Flour (Enzyme (Contains Wheat)), Enzymes (Wheat), Dough Relaxer (920). | - | | - | | | | |
| ARLIC MAYONNASE: Canola OII (Antioxidant (37b, 59y), 391), Water, Olicoses Srynp (Wheat Derived), 593 (X, Whe Proteinel (MBL), Mineed Gadis (280, 330)), Vinegar, Dijon Mustard (Acidity Regulator (250)), Acidity Regulator (575), Mustard (Food Acids (280, 330), Solurus (150c, 160a)), Salt, Flavour Enhancer Less States | TOMATO: Tomato. | | | | | | | |
| BRILED CHICKEN may be cooked in the same equipment as Egg or products containing Soy. WHOLEMEAL TORTILLA may be produced on the same equipment as products containing Soy. WHOLEMEAL TORTILLA may be heated in the same equipment as products containing Seame. FRIESS Fries FRIES: Potatoes, Canola Oil, Dextrose Monohydrate (com derived), Sodium Acid Pyrophosphate (450), Antifoam (900). FRIES are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy Sait added. FRIES Are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy Sait added. FRIES Are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy Sait added. FRIES Are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy Sait added. FRIES Are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy Sait added. FRIES Are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy Sait added. FRIES Are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy Sait added. FRIES Are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy Sait added. FRIES Are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy Sait added. FRIES Are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy Sait added. FRIES Are cooked in the sa | GARLIC MAYONNAISE: Canola Oil (Antioxidant (307b, Soy), 319)), Water, Glucose Syrup (Wheat Derived), Egg Yolk, Whey Protein (Milk), Minced Garlic (Food Acids (260, 330)), Vinegar, Dijon Mustard (Acidity Regulator (260)), Acidity Regulator (575), Mu (635), Oat Fibre, Flavourings (Milk), Emulsifiers (322 (Soy), 435), Colour (171), Mineral Salt (508), Vegetable Gum (415), Preservatives (202, 211). LETTUCE: Iceberg Lettuce. SPRAY COOKING OIL: Canola Oil, Emulsifier (322 - derived from Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330). | ustard (Food Acids (2 | 260, 330), Colours (1 | 50c, 160a)), Salt, Fla | vour Enhancer | | | |
| Fries Netion Large SRLS: Potatoes, Canola Oil, Dextrose Monohydrate (corn derived), Sodium Acid Pyrophosphate (450), Antifoam (900a). Avg Qiy/Serve Avg | Contains: Gluten, Wheat, Milk, Egg, Soy. GRILLED CHICKEN may be cooked in the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. WHOLEMEAL TORTILLA may be produced on the same equipment as products containing Soy. WHOLEMEAL TORTILLA may be heated in the same equipment as products containing Sesame. | | | | | | | |
| Rels: Potatoes, Canola Oil, Dextrose Monohydrate (corr derived), Sodium Acid Pyrophosphate (450), Antifoam (900a). Avg Qty/Serve | FRIES | | | | | | | |
| RIES are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy 967 1270 1320 1270 1690 1270 RIES are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy Energy (Cal) 231 304 316 304 404 304 Protein (g) 3.6 4.8 5.0 4.8 6.4 4.8 Fat, total (g) 12.2 16.0 16.6 16.0 21.3 16.0 Saturated Fat (g) 1.0 1.3 1.4 1.3 1.7 1.3 Carbohydrate (g) 25.7 33.8 35.2 33.8 36.0 33.8 Sugars (g) 0.4 0.5 0.6 0.7 0.5 | Fries | | Sm | all | Mec | dium | La | ge |
| RIES are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy 967 1270 1320 1270 1690 1270 RIES are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy Energy (Cal) 231 304 316 304 404 304 Protein (g) 3.6 4.8 5.0 4.8 6.4 4.8 Fat, total (g) 12.2 16.0 16.6 16.0 21.3 16.0 Saturated Fat (g) 1.0 1.3 1.4 1.3 1.7 1.3 Carbohydrate (g) 25.7 33.8 35.2 33.8 36.0 33.8 Sugars (g) 0.4 0.5 0.6 0.7 0.5 | FRIES: Potatoes, Canola Oil, Dextrose Monohydrate (corn derived), Sodium Acid Pyrophosphate (450), Antifoam (900a). | | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g | Avg Qty / Serve | Avg Qty / 100g |
| Protein (g) 3.6 4.8 5.0 4.8 6.4 4.8 Fat, total (g) 12.2 16.0 16.6 16.0 21.3 16.0 Saturated Fat (g) 1.0 1.3 1.4 1.3 1.7 1.3 Carohydrate (g) 25.7 33.8 35.2 33.8 45.0 33.8 Sugars (g) 0.4 0.5 0.6 0.5 0.7 0.5 | | Energy (kJ) | | | | | | 1270 |
| Fat, total(g) 12.2 16.0 16.6 16.0 21.3 16.0 Saturated Fat(g) 1.0 1.3 1.4 1.3 1.7 1.3 Carbohydrate(g) 25.7 33.8 35.2 33.8 35.4 33.8 Sugars (g) 0.4 0.5 0.6 0.5 0.7 0.5 | r Nies are cooked in a medonald a vegetable on biend and may be cooked daing the same equipment as products containing olden, wheat, Egg, mink, oby | | | | | | | |
| Saturated Fat (g) 1.0 1.3 1.4 1.3 1.7 1.3 Carbohydrate (g) 25.7 33.8 36.2 33.8 45.0 33.8 Sugars (g) 0.4 0.5 0.6 0.5 0.7 0.5 | Suit added. | * | 0.0 | | | | | |
| Carbohydrate(g) 25.7 33.8 35.2 33.8 45.0 33.8 Sugars (g) 0.4 0.5 0.6 0.5 0.7 0.5 | | | | | | | | |
| Sugars (g) 0.4 0.5 0.6 0.5 0.7 0.5 | | \$ | | | | | | |
| | | , v | | | | | | |
| | | | | | | | | |

| Annia Silaaa | | Annle | Slices |
|---|--|--|---|
| Apple Slices, Apples Slices, Antioxidants (300, 302), Mineral Salt (170). | | Avg Qty / Serve | |
| ppies sinces, Airtuxtuarits (300, 302), minerar sait (170). | Energy (kJ) | 209 | 262 |
| ay contain Apple Seeds. | Energy (Cal) | 50 | 63 |
| | Protein (g) | 0.2 | 0.2 |
| | Fat, total (g) Saturated Fat (g) | 0.2 | 0.3 |
| | Carbohydrate (g) | 10.2 | 12.8 |
| | Sugars (g) | 8.2 | 10.3 |
| | Sodium (mg) | 1 | 1 |
| arden Salad | | Garde | n Salad |
| TTUCE: leeberg Lettuce. | | Avg Qty / Serve | |
| ANTO: Tomato. | Energy (kJ) | 59 | 74 |
| NION: Onion. | Energy (Cal) | 14 | 18 |
| | Protein (g) | 0.7 | 0.9 |
| | Fat, total (g) | 0.1 | 0.1 |
| | Saturated Fat (g) Carbohydrate (g) | 0.1 | 2.6 |
| | Sugars (g) | 1.6 | 2.0 |
| | Sodium (mg) | 3.0 | 2.7 |
| | | | |
| CONDIMENTS | | | |
| alsamic Salad Dressing | | Balsamic Sa | |
| ater, Vinegar, Canola Oil [Antioxidant (307b (Soy)]], Balsamic Vinegar [Colour (150d), Preservative (220]], Sugar, Salt, Garlic, Vegetable Gum Blend [Vegetable Gums (415, 417, 401), Food Acid (331]], Preservatives (202, 211), Emulsifier (322 (Soy)). | | Avg Qty / Serve | |
| | Energy (kJ) | 244 | 814 |
| ontains: Soy, Sulphites. | Energy (Cal) | 58 | 195 0.2 |
| | Protein (g) Fat, total (g) | 4.5 | 0.2 |
| | Saturated Fat (g) | 0.4 | 1.2 |
| | Carbohydrate (g) | 4.5 | 15.1 |
| | Sugars (g) | 4.1 | 13.7 |
| | Sodium (mg) | 231 | 770 |
| Barbeque Dipping Sauce | | Barbeque D | ipping Sauce |
| BQ SAUCE: Water, Sugar, Tomato Paste, Vinegar, Teriyaki Sauce (contains Gluten, Wheat, Soy), Thickeners (1422, 415), Salt, Natural Colour (Burnt Sugar), Vegetable Oil, Mustard, Smoke Flavour, Preservatives (211, 202), Vegetable Powders, Spice, Yeast Extract. | | Avg Qty / Serve | Avg Qty / 10 |
| | Energy (kJ) | 183 | 652 |
| ontains: Gluten, Wheat, Soy. | Energy (Cal) | 44 | 156 |
| | Protein (g) | 0.2 | 0.8 |
| | Fat, total (g) | 0.3 | 1.1 |
| | Saturated Fat (g) | 0.1 | 0.2 |
| | Carbohydrate (g) | 9.7 | 34.8 |
| | Sugars (g) Sodium (mg) | 8.8 176 | 31.6 627 |
| | Sodium (mg) | 1/6 | 627 |
| Sweet and Sour Dipping Sauce | | Sweet and Sou | r Dipping Sau |
| WEET AND SOUR DIPPING SAUCE: Water, Sugar, Apricot Puree, Vinegar, Thickeners (1422, 415), Teriyaki Sauce (contains Gluten, Wheat, Soy), Sait, Vegetable Oil, Mustard, Yeast Extract, Preservatives (211, 202), Vegetable Powders, Acidity Regulator (330), Natural Flavour, Spices, Natural Colour (160c). | 5 (1 1) | Avg Qty / Serve | Avg Qty / 10 |
| ontains: Gluten, Wheat, Soy. | Energy (kJ) Energy (Cal) | 228 54 | 813 194 |
| pitains: suiten, wieat, soy. | Protein (g) | 0.1 | 0.3 |
| | Fat, total (g) | 0.2 | 0.7 |
| | Saturated Fat (g) | 0.0 | 0.1 |
| | | 12.8 | 45.8 |
| | Carbohydrate (g) | 10.3 | 36.8 |
| | Carbohydrate (g) Sugars (g) | 116 | 416 |
| | Carbohydrate (g) | | |
| | Carbohydrate (g) Sugars (g) | | |
| CONDIMENTS | Carbohydrate (g) Sugars (g) | Aieli Dim | ning Source |
| CONDIMENTS Aioli Dipping Sauce | Carbohydrate (g) Sugars (g) | | ping Sauce |
| CONDIMENTS | Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve | Avg Qty / 10 |
| CONDIMENTS ioli Dipping Sauce OL: Vegetable Oil, Water, Egg Yolk, Vinegar, Garlic, Dextrose, Cheese Powder (Contains Milk), Milk Solids, Salt, Acidity Regulator (270), Natural Flavours (Milk), Onion, Spice, Preservative (202), Stabiliser (415), Antioxidant (385). | Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) | Avg Qty / Serve 776 | Avg Qty / 10 2770 |
| CONDIMENTS ioli Dipping Sauce DL: Vegetable Oil, Water, Egg Yolk, Vinegar, Garlic, Dextrose, Cheese Powder (Contains Milk), Milk Solids, Salt, Acidity Regulator (270), Natural Flavours (Milk), Onion, Spice, Preservative (202), Stabiliser (415), Antioxidant (385). | Carbohydrate (g) Sugars (g) Sodium (mg) | Avg Qty / Serve 776 185 0.5 | Avg Qty / 1 2770 662 1.9 |
| CONDIMENTS ioli Dipping Sauce DL: Vegetable Oil, Water, Egg Yolk, Vinegar, Garlic, Dextrose, Cheese Powder (Contains Milk), Milk Solids, Salt, Acidity Regulator (270), Natural Flavours (Milk), Onion, Spice, Preservative (202), Stabiliser (415), Antioxidant (385). | Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) | Avg Qty / Serve 776 185 0.5 20.0 | Avg Qty/1 2770 662 1.9 71.5 |
| CONDIMENTS ioli Dipping Sauce DL: Vegetable Oil, Water, Egg Yolk, Vinegar, Garlic, Dextrose, Cheese Powder (Contains Milk), Milk Solids, Salt, Acidity Regulator (270), Natural Flavours (Milk), Onion, Spice, Preservative (202), Stabiliser (415), Antioxidant (385). | Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) | Avg Qty / Serve 776 185 0.5 20.0 1.6 | Avg Qty / 1 2770 662 1.9 71.5 5.8 |
| CONDIMENTS ioli Dipping Sauce DL: Vegetable Oil, Water, Egg Yolk, Vinegar, Garlic, Dextrose, Cheese Powder (Contains Milk), Milk Solids, Salt, Acidity Regulator (270), Natural Flavours (Milk), Onion, Spice, Preservative (202), Stabiliser (415), Antioxidant (385). | Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cai) Protein (g) Fat, total (g) Saturated Fat (g) Carbohydrate (g) | Avg Qty / Serve 776 185 0.5 20.0 1.6 1.5 | Avg Qty / 1 2770 662 1.9 71.5 5.8 5.2 |
| CONDIMENTS ioli Dipping Sauce | Carbohydrate (g) Sugars (g) Sodium (mg) Energy (kJ) Energy (Cal) Protein (g) Fat, total (g) Saturated Fat (g) | Avg Qty / Serve 776 185 0.5 20.0 1.6 | Avg Qty / 1 2770 662 1.9 71.5 5.8 |

| CONDIMENTS | | | |
|--|---------------------------------------|-------------------------|------------------------|
| Ketchup | | Ketch | nup |
| KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Glucose Corn Syrup, Vinegar, Salt, Flavouring (Soybean Oil). | | | Avg Qty / 100g |
| | Energy (kJ) | 43 | 478 |
| Contains: Soy. | Energy (Cal) Protein (g) | 10 0.1 | 114 |
| | Fat, total (g) | 0.0 | 0.0 |
| | Saturated Fat (g) | 0.0 | 0.0 |
| | Carbohydrate (g) | 2.3 | 26.1 |
| | Sugars (g) | 1.8 | 20.0 983 |
| | Sodium (mg) | 88 | 963 |
| Mayonnaise | | Mayoni | naise |
| MAYONNAISE SACHET: Soybean Oil (Antioxidant [330], Egg Yolks, Water, Distilled Vinegar, Salt, Sugar, Spice, Lemon Juice Concentrate, Antioxidant (385). | | Avg Qty / Serve | Avg Qty / 100g |
| | Energy (kJ) | 370 | 3090 |
| Contains Egg. | Energy (Cal) | 88 | 737 |
| | Protein (g) | 0.1 | 1.0 |
| | Fat, total (g) | 9.8 | 82.0 |
| | Saturated Fat (g) Carbohydrate (g) | 1.6 0.2 | 13.0 2.0 |
| | Sugars (g) | 0.2 | 1.0 |
| | Sodium (mg) | 63 | 525 |
| | | | |
| BREAKFAST | | | |
| Bacon & Egg McMuffin® | | Bacon & Egg | McMuffin® |
| ENGLISH MUFFIN. Wheat Flour (Vitamin (Folate)), Water, Yeast (Yeast, Water, Thickener (415)), Ground Maize, Sugar, Canola Oil, Wheat Gluten, Maize Flour, Iodised Salt, Improver (Maize Starch, Emulsifiers (481, 472e), Acidity Regulator (297), Soy Flour, Wheat Flour, | | Avg Qty / Serve | Avg Qty / 100g |
| Barley Mait Flour, Antioxidant (300), Dry Yeast, Enzyme (Contains Wheat)), Preservatives (262, 202,263), Inactive Dry Yeast. | Energy (kJ) | 1290 | 950 |
| EGG: Fresh Shell Egg . | Energy (Cal) | 309 | 227 |
| CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian)], Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 contains Soy Lecithin), Colours (160a). | Protein (g) | 19.3 | 14.2 |
| BACON RASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. | Fat, total (g) Saturated Fat (g) | 14.5 5.7 | 10.6 4.2 |
| SPRAY COOKING OIL: Canola Oil, Emulsifier (322 - derived from Soy), Natural Flavour, Natural Flavour, Natural Colour (160a), Acidity Regulator (330). | Carbohydrate (g) | 23.9 | 4.2 |
| | Sugars (g) | 3.4 | 2.5 |
| Contains: Gluten, Wheat, Egg, Milk, Soy. | Sodium (mg) | 736 | 541 |
| ENGLISH MUFFIN is made in the same facility as products containing Sesame and the same equipment as products containing Milk. | | · · · · | |
| BACON may be cooked on the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. EGG may be cooked on the same equipment as products containing Gluten, Wheat, Milk, Soy. | | | |
| evo may be cooked on the same equipment as products containing outen, wheat, white, soy. | | | |
| Sausage and Egg McMuffin® | | Sausage and Eg | jg McMuffin® |
| ENGLISH MUFFIN: Wheat Flour (Vitamin (Folate)), Water, Yeast (Yeast, Water, Thickener (415)), Ground Maize, Sugar, Canola Oil, Wheat Gluten, Maize Flour, Iodised Salt, Improver (Maize Starch, Emulsifiers (481, 472e), Acidity Regulator (297), Soy Flour, Wheat Flour, | | | |
| Barley Mait Flour, Antioxidant (300), Dry Yeast, Enzyme (Contains Wheat)), Preservatives (262, 202,263), Inactive Dry Yeast. | Energy (kJ) | 1590 | 983 |
| EGG: Fresh Shell Egg . | Energy (Cal) | 380 | 235 |
| SAUSAGE PATTY: Beef, Potato Starch, Salt, Maltodextrin, Dextrose, Herb, Dehydrated Vegetable, Spices, Vegetable Oil (Maize, (Antioxidant 307b)), Antioxidant (321, 320, 310), Spice Extracts (including 160c), Food Acid (330). | Protein (g) | 23.9 20.3 | 14.8 12.5 |
| CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian)], Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 contains Soy Lecithin), Colours (160a). | Fat, total (g) Saturated Fat (g) | 20.3 | 12.5 |
| OIL: Canola Oil, Emulsifier (322 - Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330). | Carbohydrate (g) | 24.2 | 15 |
| | Sugars (g) | 3.4 | 2.1 |
| Contains: Gluten, Wheat, Egg, Milk, Soy. | Sodium (mg) | 738 | 456 |
| ENGLISH MUFFIN is made in the same facility as products containing Sesame and the same equipment as products containing Milk. | · | | |
| SAUSAGE PATTY may be cooked on the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. EGG may be cooked on the same equipment as products containing Gluten, Wheat, Milk, Soy. | | | |
| Sausage McMuffin® | | Sausage M | cMuffin® |
| • | | - | |
| ENGLISH MCFFIN: Wheat Flour (Vitamin (Folate)), Water, Yeast (Yeast, Water, Thickener (415)), Ground Maize, Sugar, Canola Oil, Wheat Gluten, Maize Flour, Iodised Salt, Improver (Maize Starch, Emulsifiers (481, 472e), Acidity Regulator (297), Soy Flour, Wheat Flour, Development of the start | Energy (kJ) | Avg Qty / Serve 1210 | Avg Qty / 100g 1070 |
| Barley Malt Flour, Antioxidant (300), Dry Yeast, Enzyme (Contains Wheat)), Preservatives (262, 202,263), Inactive Dry Yeast. SAUSAGE PATTY: Beef, Potato Starch, Salt, Maltodextrin, Dextrose, Herb, Dehydrated Vegetable, Spices, Vegetable Oil (Maize, (Antioxidant 307b)), Antioxidant (321, 320, 310), Spice Extracts (including 160c), Food Acid (330). | Energy (KJ) Energy (Cal) | 290 | 257 |
| SAUSAUE PA 111: beet, Potato Starch, Sait, Maitobextini, Dextrose, Herb, Denyorated vegetables, Svegetable Uni (maize, Antoxicant 3070), Antoxicant (321, 240, 310), Spice Extracts (including lioc), Food Action (330). | Protein (g) | 16.6 | 14.7 |
| CHEESE: MIR, Sait, Statter Cuitures, Enzyme (kennet - Jaives A/or Vegetarian), water, MIR Solids, non 1 at MIR Solids, Emulsiners (331, 332), Cheese Flavour, Sait, Acidity Regulators (260, 330), Emulsiner (322 contains Soy Lecithin), Colours (160a). OIL: Canola OIL: Emulsifier (322 - Soy), Natural Colour (160a), Acidity Regulators (330). | Fat, total (g) | 13.7 | 12.1 |
| | Saturated Fat (g) | 6.4 | 5.6 |
| Contains: Gluten, Wheat, Milk, Soy. | Carbohydrate (g) | 23.6 | 20.9 |
| Concamis: Guiden, wheat, min, soy. FMCLISH MUFFIN is made in the same facility as products containing Sesame and the same equipment as products containing Milk. | Sugars (g) | 2.9 | 2.6 |
| ANUSACE PATTY may be coved on the same equipment as Egg or products containing forsame the same cover and th | Sodium (mg) | 651 | 577 |
| And the second of the second | | | |

| BREAKFAST | | | |
|---|---------------------------------------|-----------------|----------------|
| Chicken McMuffin® | | Chicken M | lcMuffin® |
| MCCHICKEN PATTY: Chicken, Flour (Wheat, Maize), Water, Vegetables Oils (Canola, Maize (Antioxidant 307b), Palmolein), Salt, Thickener (1404), Spices & Spice Extracts (Black Pepper, White Pepper, Cayenne Pepper, Paprika, Turmeric, Sage, Nutmeg, Celery, Capsicum), Dehydrated Vegetables (Garlic, Onion), Maize Starch, | | Avg Qty / Serve | Avg Qty / 100g |
| Soy Protein, Mineral Salts (450, 451), Raising Agents (500, 541, 341), Maltodextrin, Emulsifier (433), Herbs (Sage, Marjoram, Thyme, Rosemary, Parsley). | Energy (kJ) | 1850 | 1130 |
| ENGLISH MUFFIN: Wheat Flour (Vitamin (Folate)), Water, Yeast (Yeast, Water, Thickener (415)), Ground Maize, Sugar, Canola Oil, Wheat Gluten, Maize Flour, Iodised Salt, Improver (Maize Starch, Emulsifiers (481, 472e), Acidity Regulator (297), Soy Flour, Wheat Flour, | Energy (Cal) Protein (g) | 442 20.9 | 269 12.7 |
| Barley Malt Flour, Antioxidant (300), Dry Yeast, Enzyme (Contains Wheat)), Preservatives (262, 202,263), Inactive Dry Yeast. MCCHICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). | Fat, total (g) | 20.3 | 13.4 |
| MCCHICKE: Water, Vegetaale on period water (or <i>Dig.</i> , vinega, of usega of you, <i>geta</i>), <i>a</i> (<i>Dig.</i>), <i>a</i> (<i>Di</i> | Saturated Fat (g) | 5.3 | 3.2 |
| OIL: Canola Oil, Emulsifier (322 - Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330). | Carbohydrate (g) Sugars (g) | 38.0 | 23.1 |
| | Sodium (mg) | 1230 | 751 |
| Contains: Gluten, Wheat, Egg, Milk, Soy. ENGLISH MUFFIN is made in the same facility as products containing Sesame and the same equipment as products containing Milk. | | | |
| CHICKEN PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. | | | |
| Chicken & Bacon McMuffin® | | Chicken & Bac | on McMuffin® |
| MCCHICKEN PATTY: Chicken, Water, Flour (Wheat, Maize), Vegetable Oils (Canola, Palmolein, Maize (Antioxidant 307b)), Maize Starch, Salt, Soy Protein, Spices & Spice Extracts (Pepper, Chilli, Nutmeg, Paprika, Turmeric, Sage, Celery, Capsicum), Dehydrated Vegetables (Garlic, Onion), Raising Agents (541, 500), Maltodextrin | | Avg Qty / Serve | Avg Qty / 100g |
| Herbs (Marjoran, Sage, Thus, Herbs, Kas, Kas, Kas, Kas, Kas, Kas, Kas, Ka | Energy (kJ) | 1830 | 1080 |
| ENGLISH MUFFIN: Wheat Flour (Vitamin (Folate)), Water, Yeast, Water, Thickener (415)), Ground Maize, Sugar, Canola Oil, Wheat Gluten, Maize Flour, Iodised Salt, Improver (Maize Starch, Emulsifiers (481, 472e), Acidity Regulator (297), Soy Flour, Wheat Flour, | Energy (Cal) | 37 | 258 |
| Barley Malt Flour, Antioxidant (300), Dry Yeast, Enzyme (Contains Wheat)), Preservatives (262, 202,263), Inactive Dry Yeast. | Protein (g) Fat. total (g) | 24.2 20.1 | 14.3 11.9 |
| CHEESE: Milk, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 contains Soy Lecithin), Colours (160a). BACON RASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. | Saturated Fat (g) | 5.6 | 3.3 |
| DACOM RASHER, Fork, water, all, subject, Emission (s), 400, Declarose (marce, raphocar, Emission (s), 322, Acounty Regulator (320, 32) minketu. MCCHICKEN SAUCE: Water, Vegetable (0) III (Antixizidant (307)), Vinegar, (Allocose Syrup, Egg Volk, Thickener (1424, 215), Subject, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). | Carbohydrate (g) | 37.4 | 22.1 |
| SPRAY COOKING OIL: Canola Oil, Emulsifier (322 - Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330). | Sugars (g) Sodium (mg) | 3.4 1370 | 2.0 808 |
| | econom (mg) | 15/0 | 000 |
| Contains: Gluten, Wheat, Egg, Milk, Soy. | | | |
| ENGLISH MUFFIN is made in the same facility as products containing Sesame and the same equipment as products containing Milk. CHICKEN PATTY is cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. | | | |
| CHICKEY FAILT IS CORE OF A BUCCOMAN S VEGETARIE OF DEFINITION AND THE DECOMEND ASING AND ADDRESS CONTAINING OUTER, WHEAL, ESG, WHIN, GU. | | | |
| | | | |
| Big Brekkie Beef Burger | | Big Brekkie | Beef Burger |
| BEEF: Beef. | | Avg Qty / Serve | Avg Qty / 100g |
| QUARTER BUN: Wheat Flour (Vitamin (Folate)), Water, Sugar, Canola Oil, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Sesame Seeds, Yeast (Yeast, Water, Thickener (415)), Iodised Salt, Improver (Wheat Flour, Wheat Malt Flour, Antioxidant (300), Enzymes (Contains Wheat)), Preservative (262), Natural Flavour, Thickener (412), Wheat Gluten, Emulsifier (472e, 471), Inactive Dry Yeast. | Energy (kJ) Energy (Cal) | 3380 808 | 1100 264 |
| Preservative (zoc), natural navoui, nincketer (atc), wheat souce), children (zoc), wheat souce), children (zoc), and children | Protein (g) | 43.3 | 14.2 |
| OR Potatoes, Canola Oil (Ottric Acid 330), Dehydrated Potato Flake [Potato, Mono And Diglycerides (471), Ctric Acid (330)], Salt, Peppercream Salt [Salt, Flavour (Modified Corn Starch, Black Pepper Extracts), Canola Oil, Dextrose Monohydrate [Corn Derived (Sulphur Dioxide)], Sodium Acid Pyrophosphate (450), Antifoam | Fat, total (g) | 47.1 | 15.4 |
| (Non-Ionic Polyalkylene Glycol). | Saturated Fat (g) Carbohydrate (g) | 17.1 51.5 | 5.6 16.8 |
| EGG: Fresh Shell Egg. | Sugars (g) | 10.8 | 3.5 |
| SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Paste [Antioxidants (300,330)], Thickener (1422), Salt, Worcestershire Sauce (Contains Wheat, Barley and Fish), Onion, Garlic, Spices, Preservative (202), Vegetable Gum (415), Smoke Flavour. CHEESE: Pasteurised Milk, Salt, Cultures, Enzyme (Non-Animal Rennet). | Sodium (mg) | 1400 | 459 |
| CHECSE: Fasteurised min, Sait, Suttures, El2/Ine (Work-Alimita Remine). | | | |
| SPRAY COOKING OIL: Canola Oil, Emulsifier (322 - Soy), Natural Flavour, Na | | | |
| BEEF PATTY SEASONING: Salt, Black Pepper, Sunflower Oil. | | | |
| | | | |
| Contains: Gluten, Wheat, Egg, Milk, Soy, Sesame, Fish. QUARTER BUN is made on equipment that also produces products containing Soy, Milk. | | | |
| ASH ER DOWN are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy | | | |
| BACON may be cooked on the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. | | | |
| | | | |
| Massive McMuffin® | | Massive M | |
| ENGLISH MUFFIN: Wheat Flour (Vitamin (Folate)), Water, Yeast (Veast, Water, Thickener (415)), Ground Maize, Sugar, Canola Oil, Wheat Gluten, Maize Flour, Iodised Salt, Improver (Maize Starch, Emulsifiers (481, 472e), Acidity Regulator (297), Soy Flour, Wheat Flour, | F | Avg Qty / Serve | Avg Qty / 100g |
| Barley Malt Flour, Antioxidant (300), Dry Yeast, Enzyme (Contains Wheat)), Preservatives (262, 202,263), Inactive Dry Yeast. EGG: Fresh Shell Egg. | Energy (kJ) Energy (Cal) | 2180 520 | 960 229 |
| Evo: rean Shell Egg. SAUSAGE PATTY: Beef, Potato Starch, Salt, Maltodextrin, Dextrose, Herb, Dehydrated Vegetable, Spices, Vegetable Oli (Mazie, (Antioxidant 307bi), Antioxidant (321, 320, 310), Spice Extracts (including 160c), Food Acid (330). | Protein (g) | 35.5 | 15.7 |
| CHEESE: Milk Salk, Starter Chulteres, Erzymen (Rennet - Caleva Salv or getatinis, Solice), Non Fat Milk Solids, Enroll Salv or getatinis Solicy, Total Salv or getatinis Solicy, Solic Salv or getatinis Solic | Fat, total (g) | 28.9 | 12.8 |
| RASHER BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. | Saturated Fat (g) Carbohydrate (g) | 12.4 28.0 | 5.5 12.3 |
| KETCHUP: Water, Tomato Paste, High Fructose Corn Syrup, Corn Syrup | Sugars (g) | 6.2 | 2.7 |
| SPRAY COOKING OIL: Canola Oil, Emulsifier (322- Soy), Natural Flavour, Natura | Sodium (mg) | 1220 | 539 |
| Contains: Gluten, Wheat, Egg, Milk, Soy. | | | |
| ENGLISH MUFFIN is made in the same facility as products containing Sesame and the same equipment as products containing Milk. | | | |
| BACON, SAUSAGE PATTY may be cooked on the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. | | | |
| EGG may be cooked on the same equipment as products containing Gluten, Wheat, Milk, Soy. | | | |
| | _ | | |

| tackes with Whipped Butter and Hotcake Syrup State Strup: (Mark What's Floor, Markin), Make Floor, Canola OI, Raising Agents 1500, 541, 341), Destrose, Encluifier (471) (Artioxidants (307, 304, 330) (PSPO Pain Oil), Iodised Sait, Encluifier (481), Egg Powder, Thickener (415). Encluy: Paint State Strup: Paint State Strup: Paint State State Strup: Paint State State Strup: Paint State State Strup: Paint Strup: Paint State Strup: Pa | t (g) e (g) t (g) t (g) e (g) | Hotcal Avg Qty / Serve 2490 596 9.4 18.6 8.4 95.7 44.2 575 | hipped Butter and (c Syrup) Avg Qty / 100g 1120 267 4.2 8.3 3.8 42.9 19.8 256 Brown Avg Qty / 100g 1060 255 255 17.3 1.4 22.4 0.3 529 |
|--|---|--|--|
| AARSE Ware, Whese, Flour, Warenamis, Tharamin, Endo, Actol), Sugar, Whey Powder (Contain MRR), Maize Flour, Contain Old, National Quarter (Soo), 541, 341), Destrose, Emulaifier (471) (Antioxidantis (SO7, 394, 330) (RSPO Paim Old)), Iodiaed Sait, Emulaifier (481), Egg Powder, Thickener (415). | t (g) e (g) t (g) t (g) e (g) | Avg Qty / Serve 2490 596 9.4 18.6 8.4 95.7 44.2 575 Hash Avg Qty / Serve 603 144 1.4 9.6 0.8 0.8 12.5 0.1 | Avg Qty / 100g 1120 267 4.2 8.3 3.8 42.9 19.8 258 Brown Avg Qty / 100g 1080 259 25 17.3 1.4 22.4 0.3 |
| Ack E SYRUP: Com Syrup, Sugu, Water, Artificial Mappe Flavour, Preservative (202), Caramel Codor (50d). Imany Codit Transmit Transmit | t (g) e (g) t (g) t (g) e (g) | 2490 596 9.4 18.6 84 96.7 44.2 575 Hash Avg Qty / Serve 603 144 1.4 9.6 0.8 12.5 0.1 | 1120 267 4.2 8.3 3.8 42.9 19.8 19.8 258 Brown Avg Qty / 100g 259 2.5 17.3 1.4 2.2.4 0.3 |
| PPED BUTTER: Cream (Milk), Water, Sait. Energy Call ains: Gluten, Wheat, Egg, Milk. Saturated F. Saturated F. Saturated F. BROWNE Saturated F. Saturated F. Saturated F. Saturated F. <t< th=""><th>t (g) e (g)</th><th>596 9.4 18.6 8.4 95.7 Hash Avg Qty / Serve 603 144 1.4 9.6 0.8 0.8 12.5 0.1</th><th>267 4.2 8.3 3.8 42.9 19.8 258 Brown 1060 259 2.5 77.3 1.4 2.4 0.3</th></t<> | t (g) e (g) | 596 9.4 18.6 8.4 95.7 Hash Avg Qty / Serve 603 144 1.4 9.6 0.8 0.8 12.5 0.1 | 267 4.2 8.3 3.8 42.9 19.8 258 Brown 1060 259 2.5 77.3 1.4 2.4 0.3 |
| In the construction of the construc | t (g) e (g) | 9.4 18.6 8.4 95.7 44.2 575 Hash Avg Qty /Serve 603 144 1.4 9.6 0.8 12.5 0.1 | 4.2 6.3 3.8 42.9 19.8 258 Brown Avg Qty / 100g 1080 259 2.5 17.3 1.4 2.4 0.3 |
| ains: Gluten, Wheat, Egg, Milk. Pat. totaling shares Sharown HBROWNP. Votato, Vegetable 01, Sult, Dextrose (from Maize), Delydrated Potato, Natural Flavour (Black Pepper Extracts). Potatose, Cancio Doll (Ottic Acid 330), Delydrated Potato Flake, Potato, Mono And Diglycerides (A71), Citric Acid (330), Salt, Peppercream Salt (Salt, Flavour (Modified Corn Starch, Black Pepper Extracts), Cancio Oll, Dextrose Monohydrate [Corn Derived (Sulphur Dioxide)], Sodium Acid Pyrophosphate (450), Antiform Energy Cu.l. HBROWNS are cooked in a McDonald's Vegetable 01 blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. Energy Cu.l. Energy Cu.l. T Bagel® T: T: Sadurate File Sadurate File Sadurate File T What Flour (Winain (Folate), Water, Brown Sugar, Cancio Oll, Improver (Sey Four, Wheet Flour, Enulsifier (481), Antioxidants (306, Sez), Acidity Regulator (320), Sodium Nitrie (250), Smoked. Energy Cu.l. Energy Cu.l. Start Mart File Sadurate File< | t (g) e (g) | 18.6 8.4 95.7 44.2 575 Hash Avg Qty / Serve 603 144 1.4 9.6 0.8 12.5 0.1 | 8.3 3.8 42.9 19.8 256 Brown Avg Qty / 100g 1080 255 2.5 77.3 1.4 2.4 0.3 |
| ains outer, when Egg, and Sh Brown BROWN: Potato, Vegetable Oil, Sait, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). Control Vegetable Oil (Ctirl c Acid 320), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). Potatores, Canolo Oil (Ctirl c Acid 320), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). Potatores, Canolo Oil (Ctirl c Acid 320), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). Potatores, Canolo Oil (Ctirl c Acid 320), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). Potatores, Canolo Oil (Ctirl c Acid 320), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). Potatores, Canolo Oil, Dextrose Monohydrate [Corn Derived (Sulphur Dioxidel), Sodium Acid Pyrophosphate (450), Antifora Description (Ctirl Corn Cornel Potato) BROWNS are cocked in a McDonald's Vegetable Oil blend and may be cocked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. Bagel® E:: Wheat Flour (Vitamin Fiolate), Water, Brown Sugar, Canolo Oil, Improver (Soy Flour, Wheat Flour, Emusifier (481), Antioxidant (300), Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. Bregry Uci Potatore (Usic Reberg Lettroe HICKEN SAUCE: Water, Vegetable Oil (Antioxidant (307), Buyer, Salt, Spice, Mustard Flour, Emulaifier (481), Antioxidant (300), Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. Bregry Uci Protein (Usic Reberg Lettroe) HICKEN SAUCE: Water, Vegetable Oil (Antioxidant (307), Buyer, Salt, Spice, Mustard Flour, Emulaifiers (435, 433), Preservative (202), Acidity Regulator (270). Bregry Uci Bregry Uci Breg | t (g) e (g) | 8.4 95.7 44.2 575 Hash Avg Qty/Serve 603 144 1.4 9.6 0.8 12.5 0.1 | 3.8 42.9 19.8 258 Brown 1080 259 25 77.3 1.4 22.4 0.3 |
| Sh Brown BROWN Potato, Vegetable Oli, Salt, Dextrose (from Maize), Delydrated Potato, Natural Flavour (Black Pepper Extracts). HBROWN Potatos, Concido Dil (Cittic Acid 330), Delydrated Potato, Natural Flavour (Black Pepper Extracts). Reverse (Salt), Dextrose Monohydrate [Corn Derived (Sulphur Dioxidel], Sodium Acid Pyrophosphate (450), Antriform Energy Gul HBROWNS are cocked in a McDonald's Vegetable Oli blend and may be cocked using the same equipment as products containing Oluten, Wheat, Egg, Milk, Soy. Energy Gul Energy Gul Estimate Flore Estimate Flore Estimate Flore Estimate Flore Estimate Flore 10: Mash Ele North, Water, Brown Sugar, Canola Oli, Improver (Sey Flour, Wheat Flour, Enduisfier (481), Antioxidant (300), Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Mait Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415), Inactive Dry Yeast. Energy Gul 10: Exterpt Ele Oli Estimate Flore Estimate Flore Energy Gul Energy Gul Energy Gul Estimate Flore Estimate Flor | t (g) e (g) | 95.7 44.2 575 Hash Avg Qty / Serve 603 144 1.4 9.6 0.8 12.5 0.1 | 42.9 19.8 255 Brown 4vg Qty / 100g 1080 259 2.5 17.3 1.4 2.4 0.3 |
| Signer (a) Seduration Seduration Status HBROWNE Yota HBROWNE Yota HBROWNE Yota HBROWNE Yota HBROWNE Yota HBROWNE Yota Hard Yota Hard Yota Hard Yota Horizones, Canado Oli (Chric Acid 330), Dehydrated Potato, Mono And Diglycerides (471), Chric Acid (330)), Salt, Pepper cream Salt [Salt, Flavour (Modified Corn Starch, Black Pepper Extracts), Canola Oli, Dextrose Monohydrate [Corn Derived (Sulphur Dioxide)], Sodium Acid Pyrophosphate (450), Antiform Information Hard Yota Hard Yota </td <td>t (g) e (g)</td> <td>44.2 575 Hash Avg Qty / Serve 603 144 1.4 9.6 0.8 12.5 0.1</td> <td>19.8 258 Brown 1080 259 2.5 17.3 1.4 22.4 0.3</td> | t (g) e (g) | 44.2 575 Hash Avg Qty / Serve 603 144 1.4 9.6 0.8 12.5 0.1 | 19.8 258 Brown 1080 259 2.5 17.3 1.4 22.4 0.3 |
| Sidurn frag Sidurn frag HBROWN: Potato, Vegetable Oil, Salt, Dextrose (from Maize), Detydrated Potato, Natural Flavour (Black Pepper Extracts). Potatose, Canalo Oil (Citric Acid 330), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). Potatose, Canalo Oil (Citric Acid 330), Dehydrated Potato, Natural Flavour (Black Pepper Extracts). Inter Polyalitylene Glycol). HBROWNS are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. T Bagel® E: Wheat Flour (Nitamin (Folate), Water, Brown Sugar, Canola Oil, Improver (Sey Flour, Wheat Flour, Emulsifier (481), Antioxidant (300), Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. NR ASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapicca), Antioxidant (300, Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. NR ASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapicca), Antioxidant (300, Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. NR ASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapicca), Antioxidants (356, 352), Acidity Regulator (320), Sodium Nitrite (250), Smoked. 1C: Sileod Tomato Protains (Water, Yeast, Salt, Sugar, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270)). | t (g) e (g) | 575 Hash Avg Qty / Serve 603 144 1.4 9.6 0.8 12.5 0.1 | 258 Brown 1080 259 2.5 17.3 1.4 22.4 0.3 |
| sh Brown HROWN: Protato, Vegetable Oil, Sait, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts), Canola Oil], Dextrose Monohydrate [Corn Derived (Sulphur Dioxide)], Sodium Acid Pyrophosphate (450), Antifora Interrugy (641) Foreary (641) Foreary (641) Foreary (641) Foreary (641) Foreary (641) Foreary (641) Sodium for Polato Sait, Vegetable Oil bland and may be cooked using the same equipment as products containing Oluten, Wheat, Egg, Milk, Soy. | t (g) e (g) | Hash Avg Qty / Serve 603 144 1.4 9.6 0.8 12.5 0.1 | Brown Avg Qty / 100g 1080 259 2.5 17.3 1.4 22.4 0.3 |
| HROWNE Are cooked in a McDonald's Vegetable Oil (Salt, Dextrose (from Maize), Dehydrated Potato, Natural Flavour (Black Pepper Extracts), Potatoes, Canola Oil (Citric Acid 330), Dehydrated Potato, Natural Flavour (Black Pepper Extracts), conic Polyalkylene Glycol). HBROWNE are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. Energy (Call Saturated Fi Cardobytra Energy (Call Saturated Fi Cardobytra Cardobytra Saturated Fi Cardobytra Energy (Call Saturated Fi Cardobytra Saturated Fi Cardobytra Energy (Call Saturated Fi Cardobytra Saturated Fi Cardobytra Saturated Fi Cardobytra Saturated Fi Saturated Fi Satu | t (g) e (g) | Avg Qty / Serve 603 144 1.4 9.6 0.8 12.5 0.1 | Avg Qty / 100g 1080 259 2.5 17.3 1.4 22.4 0.3 |
| Potatese, Canola Oli (Citric Acid 330), Dehydrated Potato Flake (Potato, Mono And Diglycerides (471), Citric Acid (330)), Salt, Peppercream Salt (Salt, Flavour (Modified Corn Starch, Black Pepper Extracts), Canola Oli], Dextrose Monohydrate (Corn Derived (Sulphur Dioxide)), Sodium Acid Pyrophosphate (450), Antifora Interry (Call Proteinic). HBROWNS are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Oluten, Wheat, Egg, Milk, Soy. HBROWNS are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Oluten, Wheat, Egg, Milk, Soy. HBROWNS are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Oluten, Wheat, Egg, Milk, Soy. HBROWNS are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Oluten, Wheat, Egg, Milk, Soy. HBROWNS are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Oluten, Wheat, Egg, Milk, Soy. HBROWNS are cooked in a McDonald's Vegetable Oil Junprover (Soy Flour, Wheat Flour, Emulsifier (481), Antioxidant (300), Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. DN RASHER Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapicca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. Arto: Sileed Tomato UCE: Icoberg Lettuce HICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). Saturated F Saturated F | t (g) e (g) | 603 144 1.4 9.6 0.8 12.5 0.1 | 1080 259 2.5 17.3 1.4 22.4 0.3 |
| I-lonic Polyalkylene Glycol). HBROWNS are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. Fat, total (g) Fat, total (g) Sodium (mg) T Bagel® E: Wheat Flour (Vitamin (Folate), Water, Brown Sugar, Canola Oil, Improver (Soy Flour, Wheat Flour, Emulsifier (481), Antioxidant (300), Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. NRASHE: Proke, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. To: Sliced Tomato UCE: looberg Lettuce HICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). ains: Oluten, Wheat, Egg, Soy. ELS are made on equipment which also produces products containing Milk, Sesame. | e (g) | 144 1.4 9.6 0.8 12.5 0.1 | 259 2.5 17.3 1.4 22.4 0.3 |
| I-lonic Polyalkylene Glycol). HBROWNS are cooked in a McDonald's Vegetable Oil blend and may be cooked using the same equipment as products containing Gluten, Wheat, Egg, Milk, Soy. Fat, total (g) Fat, total (g) Sodium (mg) T Bagel® E: Wheat Flour (Vitamin (Folate), Water, Brown Sugar, Canola Oil, Improver (Soy Flour, Wheat Flour, Emulsifier (481), Antioxidant (300), Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. NRASHE: Proke, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. To: Sliced Tomato UCE: looberg Lettuce HICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). ains: Oluten, Wheat, Egg, Soy. ELS are made on equipment which also produces products containing Milk, Sesame. | e (g) | 1.4 9.6 0.8 12.5 0.1 | 2.5 17.3 1.4 22.4 0.3 |
| Protein (g) Protein (g) Fat, total (g) Saturated F Cardonydra Solum (mg) Solum (reg) Staturated F Cardonydra Solum (reg) Staturated F Solum (reg) Solum (reg) Solum (reg) Solum (reg) Staturated F Solum (reg) Solum (reg) Solum (reg) Solum (reg) HICKEN SAUCE: Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Solium Nitrite (250), Smoked. Solum (reg) HICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Aci | e (g) | 9.6 0.8 12.5 0.1 | 17.3 1.4 22.4 0.3 |
| Saturated Fr Carbohydra Sugars (g) Sodium (ng) Sturated Fr Carbohydra Sugars (g) Sodium (ng) Sodium (| e (g) | 0.8 12.5 0.1 | 1.4 22.4 0.3 |
| Statusted F. Cardobytage Solium (ng Solium (ng Solium (ng Solium (ng Solium (ng Solium (ng Solium (ng Solium (ng Solium (ng Solium (Sole), Water, Brown Sugar, Canola OII, Improver (Soy Flour, Wheat Flour, Emulsifier (481), Antioxidant (300), Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. NR ASHER: Provin, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Taploca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. UCE: Ioberg Lettuce HICKEN SAUCE: Water, Vegetable OII [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). Saturated F. Saturated F. | e (g) | 12.5 0.1 | 22.4 0.3 |
| Sugars (g) Sodium (mg Sodium (mg Start Flour (Vitamin (Folate), Water, Brown Sugar, Canola Oil, Improver (Soy Flour, Wheat Flour, Emulsifier (481), Antioxidant (300), Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. NR ASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Taploca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. ATO: Sliced Tomato Energy (kJ) DVE: Icoberg Lettuce Protein (a) HICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). Estart and e on equipment which also produces products containing Milk, Sesame. | Ŭ. | 0.1 | 0.3 |
| Sodium (mg | | | |
| T Bagel® EL: Wheat Flour (Vitamin (Folate), Water, Brown Sugar, Canola Oli, Improver (Soy Flour, Wheat Flour, Emulsifier (491), Antioxidant (300), Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. Energy (ku) TO: Sliced Tomato UCE: loeberg Lettuce HICKEN SAUCE: Water, Yegetable Oli [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). Energy Gu) Extra on equipment which also produces products containing Milk, Sesame. | | 294 | 529 |
| EL: Wheat Flour (Vitamin (Folate), Water, Brown Sugar, Canola Oli, Improver (Soy Flour, Wheat Flour, Emulsifier (481), Antioxidant (300), Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. Energy (kJ) TO: Sliced Tornato UC: Icoberg Lettuce HICKEN SAUCE: Water, Vegetable Oli [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). ans: Gluten, Wheat, Egg, Soy. ELS are made on equipment which also produces products containing Milk, Sesame. | | | |
| DN RASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. Energy (IkJ) ATO: Sliced Tomato Energy (IkJ) DV C2: Icoberg Lettuce Finite (250), Smoked. HICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). External of the second sec | | BLT F | Bagel® |
| DN RASHER: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. Energy (IkJ) ATO: Sliced Tomato Energy (IkJ) DV C2: Icoberg Lettuce Finite (250), Smoked. HICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). External of the second sec | - | Avg Qty / Serve | Avg Qty / 100g |
| ATO: Sliced Tomato LCE: looberg Lettuce UCE: looberg Lettuce HICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). Eat, total dia Saturated Floure, Whast, Egg, Soy. Est are made on equipment which also produces products containing Milk, Sesame. Sugars (g) Sodium (Tomato | | 1750 | 990 |
| UCE: leeberg Lettuce HICKEN SAUCE: Water, Vegetable Oil [Antioxidant (307b)], Vinegar, Glucose Syrup, Egg Yolk, Thickener (1442, 415), Sugar, Salt, Spice, Mustard Flour, Emulsifiers (435, 433), Preservative (202), Acidity Regulator (270). ains: Gluten, Wheat, Egg, Soy. ELS are made on equipment which also produces products containing Milk, Sesame. | | 417 | 237 |
| Current Section of Lettuce (202), Acidity Regulator (270). Fat, total (g) Fat, total (g) Fa | | 17.2 | 9.8 |
| Saturated Free States (202), Additive Regulation (2010), Vinegar, Siduces Synth, Egg Tork, Thickener (1442, 416), Sugar, Sait, Spice, Mustator Frour, Empisities (455, 455), Freeervative (202), Additive Regulation (210). Saturated Free States (200), Vinegar, Siduces Synth, Egg Tork, Thickener (1442, 416), Sugar, Sait, Spice, Mustator Frour, Empisities (455, 455), Freeervative (202), Additive Regulation (210). Saturated Free States (200), Vinegar, Siduces Synth, Sugar, Sait, Spice, Mustator Frour, Empisities (455, 455), Freeervative (202), Additive Regulation (210). Saturated Free States (200), Vinegar, Siduces Synth, States (200), Vinegar, Siduces (200), Vinegar, Sugar, Sait, Spice, Mustator Frour, Empisities (455, 455), Freeervative (202), Additive Regulation (210). Saturated Free States (200), Vinegar, Siduces (200), Vinegar, Siduces (200), Vinegar, Siduces (200), Vinegar, Sugar, | | 12.5 | 7.1 |
| ains: Gluten, Wheat, Egg, Soy. ELS are made on equipment which also produces products containing Milk, Sesame. Sugar | t (a) | 2.0 | 1.2 |
| ains: Gluten, Wheat, Egg, Soy. ELS are made on equipment which also produces products containing Milk, Sesame. Sodium (mo | | 56.2 | 31.9 |
| ELS are made on equipment which also produces products containing Milk, Sesame. | | 8.3 | 4.7 |
| DN may be cooked on the same equipment as Egg or products containing Gluten, Wheat, Milk, Soy. | | 962 | 545 |
| | | | |
| C Benedict Bagel® | | NYC Bene | dict Bagel® |
| :: Wheat Flour (Vitamin (Flolate), Water, Brown Sugar, Canola Oil, Improver (Soy Flour, Wheat Flour, Emulsifier (431), Antioxidant (300), Enzyme (Contains Wheat), Inactive Dry Yeast, Barley Malt Flour), Iodised Salt, Yeast (Water, Yeast, Thickener (415)), Inactive Dry Yeast. | - | Avg Qty / Serve | Avg Qty / 100g |
| | | 2430 | 1180 |
| | | 2430 | 281 |
| Tonelde, rescansed mile, out, outdress, Enzyme (non-Animal Konnet). | | 28.1 | 13.6 |
| | | 28.7 | 13.9 |
| excracts (including (100/), emusiner (455), Antoxidanic (565). | t (a) | 9.2 | 4.4 |
| Lex BACON: Pork, Water, Salt, Sugar, Emulsifiers (451, 450), Dextrose (Maize, Tapioca), Antioxidants (316, 392), Acidity Regulator (330), Sodium Nitrite (250), Smoked. | | 51.4 | 24.8 |
| Y COOKING OIL: Canola Oil, Emulsifier (322- Soy), Natural Flavour, Natural Colour (160a), Acidity Regulator (330). | 9/ | 7.7 | 3.7 |
| Southan (m | | 1140 | 553 |
| ains: Gluten, Wheat, Egg, Milk, Soy. | | 11-10 | |

| Change Tracker: | | | | | | | | |
|-----------------|------------------------------------|----------------------------------|------------|-------------|---|--|--|--|
| Date | Document Number/Revision Number | Document Title | Issued | Upload Date | Description | | | |
| 20/01/2025 | 36 | NZ Core Food Menu_January 2025 | 20/01/2025 | 20/01/2025 | Updated allergen information for chicken McBites | | | |
| 18/12/2024 | 35 | NZ Core Food Menu_December 2024 | 18/12/2024 | 28/11/2024 | Updated ingredient list for McSpicy, McChicken, McBites | | | |
| 1/11/2024 | 34 | NZ Core Food Menu_November 2024 | 1/11/2024 | 1/11/2024 | Updated NIP for and ingredient list for Wholemeal tortilla wraps | | | |
| 24/10/2024 | 33 | NZ Core Food Menu_October 2024 | 24/10/2024 | 25/10/2024 | Updated NIP for McChicken sauce, Big Mac sauce, Tartar sauce; removed red onion from Garden Salad and Serious Angus | | | |
| 10/09/2024 | 32 | NZ Core Food Menu_September 2024 | 10/09/2024 | 10/09/2024 | Added Mayonnaise Packets & Updated Sandwich Sauces ingredeint listing | | | |
| 5/03/2024 | 31 | NZ Core Food Menu_March 2023 | 6/03/2024 | 6/03/2024 | Updated Chicken McNugget ingredient declation | | | |
| 9/02/2024 | 30 | NZ Core Food Menu_February 2024 | 20/02/2024 | 20/02/2024 | Updated allergen information for PEAL legislative requirements | | | |