



McDonald's New Zealand Limited Time Offer Menu Allergen - Ingredients - Nutrition Information

Limited Time Offer Menu

Information is correct as at December 2021.

At McDonald's we believe in the nutritional principals of balance, variety and moderation and that eating at McDonald's can fit into a healthy lifestyle. Our goal is to provide you with the information necessary to make informed decisions about your McDonald's menu choices. This guide can help you balance your McDonald's meal with the other meals you eat today, and every day.

This guide is for our standard or core menu items. For information regarding short-time menu items, please either ask a manager in our restaurants or contact our Customer Service Department either via our website <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

The nutrition information is based on standard product formulations, standard product assembly and standard serving sizes (including ice for drinks from our beverage system). Actual sizes and assembly may vary. Due to the individual preparation of each of our menu items, actual values may vary from those listed. Variations may also occur depending on the local supplier, region of the country, and the season of the year. Further, product formulations may change periodically. We recommend you check this information on our website to ensure it is the most current.

Food Sensitivities and Preferences

Please refer to our Allergen Information for specific allergen details. This information is available on our website www.mcdonalds.co.nz

Select items sold in McCafe are sold as gluten free. They are produced under allergen control conditions and are specifically handled to prevent cross contamination. No other food items are sold as allergen free.

As we operate working kitchens please be aware that there is always a risk that traces of allergens may be transferred to ingredients during storage or preparation of items in our kitchens. McDonald's Restaurants are therefore unable to guarantee that any food sold is free from traces of allergens.

No food items are certified as vegetarian. Whilst some ingredients may not contain animal ingredients, we cannot guarantee that there will be no cross contact with ingredients that do contain animal ingredients in our kitchens.

We have no Halal certified restaurants and no ingredients or menu items are certified Halal.

Ingredient Information

Please refer to our Ingredient Information for our standard or core menu items. This information is available on our website www.mcdonalds.co.nz

If you would like further information or have concerns regarding specific ingredients in specific menu items, please contact us at <http://mcdonalds.co.nz/contactus> or on 0800 539 4303.

Limited Time Offers

Grand Mac

GRAND MAC BUN: **Wheat** Flour, Water, Sugar, Yeast (Yeast, Water, Thickener (415)), Canola Oil, **Wheat Gluten**, Iodised Salt, **Sesame Seeds**, Glaze (Water, Vegetable Protein, Sunflower Oil, Dextrose, Maltodextrin, Maize Starch), Improver (**Wheat** Flour, **Wheat Malt** Flour, Antioxidant (300), Enzymes (Contain **Wheat**)), Emulsifiers (472e, 471), Preservative (262), Inactive Dry Yeast.

BEEF PATTIES: Beef.

BIG MAC SAUCE: **Soybean** Oil (Antioxidant (330)), Water, Relish (Pickles, Sugar, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Thickener (415), Preservative (202), Spice Extract, Emulsifier (433)), Mustard (Water, Vinegar, Mustard Seed, Salt, Sugar, Colours (100, 150d), Spice), Salted

Egg Yolks, (**Egg** Yolks, Salt), Distilled Vinegar, Onion, Thickener (1442, 415, 405), Spices, Sugar, Salt, Hydrolysed Proteins (Corn, **Gluten**, **Wheat** and **Soy**), Colours (160c, 150d, 100), Preservative (211), Emulsifier (433), Garlic, Antioxidant (385).

SHREDDED LETTUCE: Iceberg Lettuce.

CHEESE: Cheese (**Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian)), Water, **Milk** Solids, Non Fat **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - **Soy** Lecithin), Colours (160a).

ONIONS: Water, Dehydrated White Onions.

PICKLES: Gherkins, Water, Acidity Regulator (260), Salt, Flavour, Firming Agent (509), Preservative (211).

Beef Patties are seasoned after cooking: Salt, Black Pepper, Sunflower Oil.

Contains gluten, egg, milk, soy and sesame seeds.

BEEF PATTIES may be cooked on the same equipment as egg or products containing gluten, milk and soy.

GRAND MAC BUN is prepared using the same equipment as products containing milk and soy.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y	Y	Y	Y				Y			Y	Y	Y

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	3980	1080
Energy (Cal)	951	259
Protein (g)	47.7	13
Fat, total (g)	56.6	15.4
Saturated Fat (g)	22.7	6.2
Carbohydrate (g)	60.4	16.4
Sugars (g)	11	3
Sodium (mg)	1390	378

Mac Junior

BEEF PATTIES: Beef.

QUARTER BUN: **Wheat** Flour, Water, Sugar, Canola Oil, **Sesame Seeds**, Glaze, Iodised Salt, Yeast, Improver (**Wheat** Flour, Malted **Wheat** Flour, Antioxidant (300), Enzymes (Contain **Wheat**)), Preservative (262), Emulsifiers (472e, 471), Natural Flavour, Thickener (412), **Wheat Gluten**.

BIG MAC SAUCE: **Soybean** Oil (Antioxidant (330)), Water, Relish (Pickles, Sugar, High Fructose Corn Syrup, Distilled Vinegar, Corn Syrup, Salt, Thickener (415), Preservative (202), Spice Extract, Emulsifier (433)), Mustard (Water, Vinegar, Mustard Seed, Salt, Sugar, Colours (100, 150d), Spice), Salted

Egg Yolks, (**Egg** Yolks, Salt), Distilled Vinegar, Onion, Thickener (1442, 415, 405), Spices, Sugar, Salt, Hydrolysed Proteins (Corn, **Gluten**, **Wheat** and **Soy**), Colours (160c, 150d, 100), Preservative (211), Emulsifier (433), Garlic, Antioxidant (385).

CHEESE: Cheese (**Milk**, Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian)), Water, **Milk** Solids, Non Fat **Milk** Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - **Soy** Lecithin), Colours (160a).

SHREDDED LETTUCE: Iceberg Lettuce.

ONIONS: Water, Dehydrated White Onions.

PICKLES: Gherkins, Water, Acidity Regulator(260), Salt, Flavour, Firming Agent (509), Preservative (211).

Beef Patties are seasoned after cooking: Salt, Black Pepper, Sunflower Oil.

Contains gluten, milk, egg, soy and sesame seeds.

QUARTER BUN is prepared using the same equipment as products containing milk and soy.

BEEF PATTIES may be cooked on the same equipment as eggs and products containing milk and soy.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y	Y	Y	Y				Y			Y	Y	Y

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2260	1120
Energy (Cal)	540	267
Protein (g)	25.8	12.8
Fat, total (g)	31.7	15.7
Saturated Fat (g)	12	5.9
Carbohydrate (g)	36.5	18
Sugars (g)	6.4	3.1
Sodium (mg)	783	387

Mac & Cheese Bites

MAC AND CHEESE BITES: Batter (Water, **Wheat** Flour, Maize Starch, Salt, Thickeners (401, 464)), Cooked Macaroni (Water, **Wheat** Flour), Cheese Sauce (Water, Whey Powder (**Milk**)), Thickeners (1422, 412), Maltodextrin, **Milk** Solids, Salt, Cheese Powder (**Milk** Solids, Cheese Solids (**Milk**, Salt, Starter Culture, Enzymes), Salt, Acidity Regulator (330)), Sugar, Dehydrated Onion, Tapioca Starch, Sunflower Oil, Natural Flavour (contains **Milk**), Yeast Extract, Acidity Regulator (331), Stabilizer (451), Flavour Enhancers (627, 631)), Breadcrumbs (**Wheat** Flour, Glucose, Salt, Yeast, Natural Colours (100, 160b)), Emulsifier (471), Dextrose), Cheese (**Milk**, Salt, Cultures, Enzymes (Rennet), Anticaking Agent (460), Preservative (200), Lipase), Vegetable Oil, Onion, Corn Starch, Cheese Powder (**Milk** Solids, Cheese (**Milk**, Salt, Starter Culture, Enzymes), Salt, Food Acid (330)), Chives, White Pepper.

Contains gluten and milk.

Mac and Cheese Bites are cooked in a McDonald's Vegetable Oil blend.

MAC AND CHEESE BITES are produced in the same facility as products containing crustacea, egg, fish and soy.

MAC AND CHEESE BITES may be cooked in the same equipment as products containing soy.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y	T	Y	T	T						Y	Y	

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	814	847
Energy (Cal)	194	203
Protein (g)	6.1	6.4
Fat, total (g)	7.9	8.2
Saturated Fat (g)	3.9	4.1
Carbohydrate (g)	24.6	25.6
Sugars (g)	2.5	2.6
Sodium (mg)	413	430

Caramilk McFlurry

SUNDAE MIX: Skim **Milk**, Sugar, **Cream**, **Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Flavour.

CARAMILK TOPPING: Sugar, Water, Brown Sugar, Sweetened Condensed Milk (**Milk**, Sugar, Lactose), Cocoa Butter, **Milk** Solids (**Milk**, **Soy**), Emulsifier (322 - **Soy**), Humectant (422), Thickeners (1442, 415), Invert Sugar, Emulsifier (322 - **Soy**), Preservative (202), Mineral Salt (339), Salt, Colours (171, 161b), Cocoa Powder.

CADBURY CARAMILK GARNISH: **Milk**, Sugar, Cocoa Butter, **Milk** Solids, **Soy** Lecithin.

Contains milk and soy.

CADBURY CARAMILK GARNISH is produced in the same facility as products containing tree nuts and peanuts.

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
		Y	Y		T	T				Y		Y

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	1530	816
Energy (Cal)	365	195
Protein (g)	7.9	4.2
Fat, total (g)	12.7	6.8
Saturated Fat (g)	8.2	4.4
Carbohydrate (g)	53.8	28.8
Sugars (g)	48.1	25.7
Sodium (mg)	99	53

Hokey Pokey Shake	Small			Medium			Large						
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL					
SHAKE MIX: Skim Milk , Sugar, Cream , Milk Solids, Glucose Syrup (derived from Maize), Stabilisers (412, 452, 407, 407a, 466), Flavour.	Energy (kJ)	1230	516	1660	516	2010	516	2010					
HOKEY POKEY SHAKE SYRUP: Sugar, Water, Invert Sugar Syrup, Glucose Syrup, Caramelised Sugar Syrup, Natural Flavour, Plant Extract, Acidity Regulator (330), Preservative (202).	Energy (Cal)	293	123	396	123	480	123	480					
Contains milk and sulphites.	Protein (g)	8	3.4	10.8	3.4	13.1	3.4	13.1					
	Fat, total (g)	7.2	3	9.8	3	11.9	3	11.9					
	Saturated Fat (g)	4.8	2	6.5	2	7.9	2	7.9					
	Carbohydrate (g)	47.9	20.2	64.7	20.2	78.5	20.2	78.5					
	Sugars (g)	44.7	18.8	60.3	18.8	73.2	18.8	73.2					
	Sodium (mg)	99	42	134	42	162	42	162					
	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
			Y						Y		Y		

McSpicy Burger	Small			Medium			Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL						
SPICY THIGH: Chicken, Flour (Wheat), Water, Vegetable Oil, Thickeners (1420, 1422), Salt, Gluten (Wheat) , Yeast and Yeast Extracts, Spice and Spice Extracts (Inc. Pepper), Rice Starch, Natural Flavours, Raising Agents (450, 500), Vegetable Powders (Garlic, Onion), Emulsifier (322 - Soy), Hydrolysed Vegetable Protein, Natural Colour (160C), Herb Extract, Citrus Extract, Maltodextrin.	Energy (kJ)	1230	516	1660	516	2010	516	2010						
QUARTER BUN: Wheat Flour (Vitamins (Niacin, Iron, Thiamin, Riboflavin, Folate), Enzymes), Water, Sugar, Canola Oil, Sesame Seeds , Glaze, Iodised Salt, Natural Flavour, Yeast, Wheat Gluten , Preservative (262), Emulsifiers (471, 472e), Improver (Wheat Flour, Malted Wheat Flour, Antioxidant (300), Enzymes), Thickener (412), Dough Conditioner (Mineral Salt (516), Wheat Flour, Antioxidant (300)).	Energy (Cal)	293	123	396	123	480	123	480						
MCCHICKEN SAUCE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Food Acid (270), Preservative (202).	Protein (g)	8	3.4	10.8	3.4	13.1	3.4	13.1						
WHOLE LEAF LETTUCE: Lettuce.	Fat, total (g)	7.2	3	9.8	3	11.9	3	11.9						
Contains gluten, egg, milk, soy and sesame seeds.	Saturated Fat (g)	4.8	2	6.5	2	7.9	2	7.9						
	Carbohydrate (g)	47.9	20.2	64.7	20.2	78.5	20.2	78.5						
	Sugars (g)	44.7	18.8	60.3	18.8	73.2	18.8	73.2						
	Sodium (mg)	99	42	134	42	162	42	162						
		Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
		Y	Y	Y	Y				Y			Y		

Cheesy Chicken Burger	Small			Medium			Large							
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL						
MCCHICKEN PATTY: Chicken, Flour (Wheat , Maize), Water, Vegetables Oils (Canola, Maize (Antioxidant 307b), Palmolein), Salt, Thickener (1404), Spices & Spice Extracts (Black Pepper, White Pepper, Cayenne Pepper, Paprika, Turmeric, Sage, Nutmeg, Celery, Capsicum), Dehydrated Vegetables (Garlic, Onion), Maize Starch, Soy Protein, Mineral Salts (450, 451), Raising Agents (500, 541, 341), Maltodextrin, Emulsifier (433), Herbs (Sage, Marjoram, Thyme, Rosemary, Parsley).	Energy (kJ)	1670	1120	1670	1120	1670	1120	1670						
REGULAR BUN: Wheat Flour (Enzymes), Water, Sugar, Canola Oil, Wheat Gluten , Glaze, Iodised Salt, Yeast, Improver (Wheat Flour, Malted Wheat Flour, Antioxidant (300), Enzymes (Contain Wheat)), Emulsifiers (472e, 471), Preservative (262).	Energy (Cal)	398	267	398	267	398	267	398						
MCCHICKEN SAUCE: Water, Soybean Oil (Antioxidant (330)), Egg Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Food Acid (270), Preservative (202).	Protein (g)	18	12.1	18	12.1	18	12.1	18						
CHEESE SLICE: Milk , Salt, Starter Cultures, Enzyme (Rennet - Calves &/or Vegetarian), Water, Milk Solids, Non-Fat Milk Solids, Emulsifiers (331, 332), Cheese Flavour, Salt, Acidity Regulators (260, 330), Emulsifier (322 - Soy), Colours (160a).	Fat, total (g)	21.3	14.3	21.3	14.3	21.3	14.3	21.3						
Contains gluten, egg, milk and soy.	Saturated Fat (g)	4.7	3.1	4.7	3.1	4.7	3.1	4.7						
	Carbohydrate (g)	32.9	22.1	32.9	22.1	32.9	22.1	32.9						
	Sugars (g)	3.3	2.2	3.3	2.2	3.3	2.2	3.3						
	Sodium (mg)	923	619	923	619	923	619	923						
		Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
		Y	Y	Y	Y				T			Y		

Chicken Salt Shaker Fries	Small			Medium			Large						
	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL	Avg Qty / Serve	Avg Qty / 100mL					
CHICKEN SALT SHAKER SEASONING: Rice Flour, Maltodextrin, Salt, Vegetable Powders, Natural Flavours, Seaweed Extract, Yeast, Yeast Extract, Vegetable Oil, Anti-Caking Agent (551), Natural Colours (100, 160c), Rosemary Extracts.	Energy (kJ)	36	1200	36	1200	36	1200	36					
	Energy (Cal)	9	287	9	287	9	287	9					
	Protein (g)	0.2	6.2	0.2	6.2	0.2	6.2	0.2					
	Fat, total (g)	0.0	1.5	0.0	1.5	0.0	1.5	0.0					
	Saturated Fat (g)	0.0	0.5	0.0	0.5	0.0	0.5	0.0					
	Carbohydrate (g)	1.8	60.2	1.8	60.2	1.8	60.2	1.8					
	Sugars (g)	0.1	1.9	0.1	1.9	0.1	1.9	0.1					
	Sodium (mg)	285	9500	285	9500	285	9500	285					
	Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
	Y	Y	Y	Y									

Caramel McDip Super Sundae

SUNDAE MIX: Skim **Milk**, Sugar, **Cream, Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Flavour.

CARAMEL FLAVOURED COATING: Coconut Oil, Sugar, **Milk** Powder, Whey Powder (**Milk**), Emulsifier (322 - **Soy**), Cocoa Powder, Natural Flavour, Colour (Sunflower Oil, Annatto (160b), Curcumin (100)), Salt.

CARAMEL TOPPING: Glucose Corn Syrup, Whole Sweetened Condensed **Milk (Milk, Milk** Powder, Sugar, Lactose), High Fructose Corn Syrup, Shortening (Palm Oil, Antioxidant (307)), Water, Sugar, Thickeners (401, 440), Salt, Stabiliser (339), Flavouring.

Contains milk and soy.

SUNDAE MIX may contain TRACES of sulphites.

CARAMEL FLAVOURED COATING is produced in the same facility as products containing gluten, egg, peanuts and tree nuts.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2290	960
Energy (Cal)	548	229
Protein (g)	8.7	3.6
Fat, total (g)	17.3	7.3
Saturated Fat (g)	13.5	5.6
Carbohydrate (g)	87.7	36.7
Sugars (g)	67.9	28.4
Sodium (mg)	159	67

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T	T	Y	Y		T	T		T			Y	Y

Choc McDip Super Sundae

SUNDAE MIX: Skim **Milk**, Sugar, **Cream, Milk** Solids, Glucose Syrup (derived from Maize), Maltodextrin, Emulsifiers (471, 477), Stabilisers (412, 407), Flavour.

CHOCOLATE FUDGE TOPPING: Sugar, Water, Glucose Corn Syrup, Hydrogenated Palm Kernel Olein (Emulsifier 322 - **Soy**), Whole Sweetened Condensed **Milk (Milk, Milk** Powder, Sugar, Lactose), Cocoa Powder, Whole **Milk** Powder, Thickeners (1422, 401), Salt, Stabiliser (339), Flavouring, Preservative (202).

CHOC TOP COATING: Vegetable Fat, Sugar, Cocoa Powder, Whey Powder (**Milk**), Emulsifiers (**Soy**, 476), Flavours, Salt.

Contains milk and soy.

SUNDAE MIX may contain TRACES of sulphites

CHOC TOP COATING is produced in the same facility as products containing gluten and tree nuts.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2420	1020
Energy (Cal)	579	244
Protein (g)	8.0	3.8
Fat, total (g)	24.9	10.5
Saturated Fat (g)	20.8	8.8
Carbohydrate (g)	79.0	33.3
Sugars (g)	64.1	27.1
Sodium (mg)	161	68

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
T		Y	Y			T		T		Y	Y	

Frozen Coke® Your Way - MFV

FROZEN COKE® YOUR WAY:

BLUEBERRY: Carbonated Water, Sugar, Colour (150d, 104, 133), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

GRAPE: Carbonated Water, Sugar, Colour (150d, 104, 122, 133), Food Acids (330, 338), Flavours, Preservative (211),

LIME: Carbonated Water, Sugar, Colour (150d, 104, 133), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

MANGO: Carbonated Water, Sugar, Colour (150d, 104, 110, 122), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

RASPBERRY: Carbonated Water, Sugar, Colour (150d, 104, 122), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

PINEAPPLE: Carbonated Water, Sugar, Colour (150d, 104, 110), Food Acids (330, 338), Flavours, Preservative (211), Caffeine. (104,110).

VANILLA: Carbonated Water, Sugar, Colour (150d, 104), Food Acids (330, 338), Flavours, Preservative (211), Caffeine.

Contains caffeine.

All FROZEN COKE® YOUR WAY flavours have the same nutritional content.

	Small		Medium		Large	
	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	411 kJ	117 kJ	575 kJ	117 kJ	774 kJ	117 kJ
Energy (Cal)	98 Cal	28 Cal	137 Cal	28 Cal	185 Cal	28 Cal
Protein (g)	0	0	0	0	0	0
Fat, total (g)	0	0	0	0	0	0
Saturated Fat (g)	0	0	0	0	0	0
Carbohydrate (g)	24.2	6.9	33.8	6.9	45.5	6.9
Sugars (g)	24.2	6.9	33.8	6.9	45.5	6.9
Sodium (mg)	7	2	10	2	14	2

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
										Y	Y	Y

Crispy Chicken Almighty

CRISPY CHICKEN PATTIES: Chicken, Water, **Wheat** Flour, Vegetable Oil (Canola, Palmolein), Salt, Thickener (1422), Mineral Salts (450, 451, 452), Flavour (**Wheat, Barley, Soy**), Starch (Rice, Potato), Spice And Spice Extracts (Pepper, Mustard, Capsicum), **Gluten (Wheat), Egg** Powder, Yeast And Yeast Extract, Raising Agent (500), **Soy** Protein, Maltodextrin, Natural Colours (160C, 100), Vegetable Powder (Onion), Emulsifier (433), Dextrose, Food Acid (263), Enzyme (Amylase).

GOURMET BUN: **Wheat** Flour, Water, Sugar, Canola Oil, Yeast (Yeast, Thickener (415)), Glaze, Iodised Salt, **Wheat Gluten**, Improver (**Wheat** Flour, **Wheat** Malt Flour, Antioxidant (300), Enzymes (**Wheat**)), Preservative (262), Emulsifier (472e), Inactive Dry Yeast.

SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Paste [Antioxidants (300,330)], Thickener (1422), Salt, Worcestershire Sauce (Contains **Wheat, Barley and Fish**), Onion, Garlic, Spices, Preservative (202), Vegetable Gum (415), Smoke Flavour.

CHEESE: Pasteurised **Milk**, Salt, Cultures, Enzyme (Non-Animal Rennet).

CRISPY BACON: Pork Bellies, Water, Salt, Sugar, Smoke Flavouring, Sodium Phosphate (339), Sodium Erythorbate (316), Sodium Nitrite (250)

MCCHICKEN SAUCE: Water, **Soybean** Oil (Antioxidant (330)), **Egg** Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Food Acid (270), Preservative (202).

WHOLE LEAF LETTUCE: Lettuce.

Crispy Chicken is cooked in a McDonald's Vegetable Oil Blend.

Contains gluten, egg, milk, soy and fish.

GOURMET BUN is prepared using the same equipment as products containing sesame seeds.

CRISPY CHICKEN may be cooked in the same equipment as products containing milk.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	3520 kJ	1010 kJ
Energy (Cal)	841 Cal	241 Cal
Protein (g)	51.2	14.7
Fat, total (g)	39.3	11.3
Saturated Fat (g)	9.6	2.8
Carbohydrate (g)	67.9	19.5
Sugars (g)	14.7	4.2
Sodium (mg)	2160	618

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y	Y	Y	Y	Y			Y			Y	Y	Y

Grilled Chicken Almighty

GRILLED CHICKEN: Chicken, Water, Rice Starch, Salt, Mineral Salts (451, 450), **Soy** Protein, Vegetable Powders (Garlic, Onion), Fruit Powder (Lemon Juice Concentrate, Maltodextrin, Anti Caking Agent (551), Flavours), Flavourings, Herbs (Parsley, Thyme), Sugar, Vinegar Powder, Anti Caking Agent (341), Spice Extract (Pepper), Vegetable Oil (Canola).

GOURMET BUN: **Wheat** Flour, Water, Sugar, Canola Oil, Yeast (Yeast, Thickener (415)), Glaze, Iodised Salt, **Wheat Gluten**, Improver (**Wheat** Flour, **Wheat** Malt Flour, Antioxidant (300), Enzymes (**Wheat**)), Preservative (262), Emulsifier (472e), Inactive Dry Yeast.

SOUTHERN STYLE BBQ SAUCE: Water, Tomato Paste, Invert Sugar Syrup, Sugar, Vinegar, Apple Paste [Antioxidants (300,330)], Thickener (1422), Salt, Worcestershire Sauce (Contains **Wheat, Barley** and **Fish**), Onion, Garlic, Spices, Preservative (202), Vegetable Gum (415), Smoke Flavour.

CHEESE: Pasteurised **Milk**, Salt, Cultures, Enzyme (Non-Animal Rennet).

CRISPY BACON: Pork Bellies, Water, Salt, Sugar, Smoke Flavouring, Sodium Phosphate (339), Sodium Erythorbate (316), Sodium Nitrite (250)

MCCHICKEN SAUCE: Water, **Soybean** Oil (Antioxidant (330)), **Egg** Yolks, Modified Corn Starch (1401,1442), Corn Syrup Solids, Distilled Vinegar, Salt, Sugar, Mustard Flour, Thickener (415), Food Acid (270), Preservative (202).

WHOLE LEAF LETTUCE: Lettuce.

Contains gluten, egg, milk, soy and fish.

GOURMET BUN is prepared using the same equipment as products containing sesame seeds.

GRILLED CHICKEN may be cooked on the same grill as egg or products containing gluten, milk or soy.

	Avg Qty / Serve	Avg Qty / 100g
Energy (kJ)	2830 kJ	873 kJ
Energy (Cal)	675 Cal	209 Cal
Protein (g)	60.6	18.7
Fat, total (g)	23.9	7.4
Saturated Fat (g)	8.5	2.6
Carbohydrate (g)	51.8	16.0
Sugars (g)	14.6	4.5
Sodium (mg)	1900	587

Gluten	Eggs	Milk	Soy	Fish & Crustacea	Peanuts	Tree Nuts	Sesame Seeds	Sulphites	Lupin	Preservative	Artificial Flavour	Artificial Colours
Y	Y	Y	Y	Y			Y			Y	Y	Y